

Elders Honor Day - pg. 9

JULY 15, 2024



SMOKE SIGNALS

UMPQUA, MOLALLA, ROGUE RIVER, KALAPUYA, CHASTA

AN INDEPENDENT PUBLICATION OF THE CONFEDERATED TRIBES OF GRAND RONDE, SMOKESIGNALS.ORG

Seven nominated for 2024 Tribal **Council elections**

By Kamiah Koch

 $Social\ media/digital\ journalist$

even Tribal members were nominated during the 2024 Tribal Council nominations held in the Tribal Governance Center on Sunday, June 30.

Tribal Council incumbents Cheryle A. Kennedy, Jon A. George and Michael Cherry; and Tribal members Pamala Warren-Chase, Tonya Gleason-Shepek, Valeria Atanacio and Andy Jenness are each seeking one of the three upfor-election seats on Tribal Council.

Warren-Chase, 57, was nominated by Tribal Elder Linda Warren. Warren-Chase is employed as the Spirit Mountain Community Fund Administrative Assistant. She was previously nominated for Tribal Council in the early 2000s but ended her campaign during the race.

Gleason-Shepek, 53, was nominated by her cousin and current Tribal Council member Matthew Haller. She won a seat on Tribal Council in 2014 and served one term. She is retired from the State of Oregon Department of Human Services and also served on the Tribe's Social Services Committee.

Atanacio, 34, was nominated by Tribal Elder Adrainne Llaneza. She currently serves on the Tribe's Education Committee and previously worked for the Tribe as the Teen Pregnancy Prevention Coordinator. She is employed as a Principle Consultant for her business, Native Mama Scholars, LLC.

Jenness, 58, was nominated by his daughter, Tribal member Kayla Gottfried. Jenness is employed by the University of Oregon and currently serves on the Editorial

> See CANDIDATES continued on page 6



Photo by Kamiah Koch

From left, Tribal intern Lauren Howerton, Tribal intern Laney DeLoe and Language Preservation Specialist Zoey Holsclaw speak during the breakfast held in the Mignone Halls of Gems and Minerals at the American Museum of Natural History in New York City on Thursday, June 27. The Grand Ronde interns spent time researching Tomanowos at the AMNH and shared their findings with the Grand Ronde delegates and museum employees attending the breakfast.

A time for hope and healing

Tribal delegation connects with Tomanowos at Museum of Natural History

By Danielle Harrison

Smoke Signals editor

EW YORK CITY - When Tribal Elder Tammy Anderson learned that her sister, Trixie Lopez, had put both their names in a drawing for the annual Tribal delegation trip to New York City to visit the Tomanowos meteorite, she didn't think anything would come of it.

"It was such a surprise when they called me," Anderson said. "Trixie and I went to New York about 14 years ago. We really enjoyed the city. There is so much going on, it's hard to fit everything in that we would like to do."

She didn't know a lot about the history of the mete-

orite, a sacred object to the Tribe that is as old as the solar system



itself, so seeing it up close left Anderson filled with

"My reaction to seeing the meteorite was one of awe," she said. "I didn't know a lot about Tomanawos before this trip. I read some articles about it before the trip but actually being there was really spir-

> See TOMANOWOS continued on pages 12-13

Historic heat caused few problems in Grand Ronde

By Nicole Montesano

Smoke Signals staff writer

historic heat wave with "dangerous and oppressive heat" that repeatedly set records throughout the Willamette Valley finally began cooling down Tuesday night, July 9.

However, the National Weather Service warned on its website that, "we are still expecting it to be warmer than normal for the next seven to 10 days."

Temperatures inland hit 100 to 105 degrees on July 8 and were expected to be similar on July 9, although the high for Grand Ronde was expected to be 98, with onshore wind flow keeping things a bit cooler closer to the coast. Beginning on Wednesday, July 10, temperatures in Grand

The threshold for opening cooling centers for the Tribe is 95 degrees, but centers are opened only when a need is reported to the Emergency Preparedness Coordinator.

Ronde dropped into the low 80s, followed by the high 70s later in the week.

The Oregonian reported on July 8 that the heat was believed to have caused four deaths in the Portland metro area. It was exacerbated by high night-time temperatures.

In Grand Ronde however, Tribal Emergency Services Department Public Information Officer Mariah Walters told Smoke Signals that "We have not seen any heat-related issues as far as increased call volume or medical needs."

The threshold for opening cooling centers for the Tribe is 95 degrees, but centers are opened only when a need is reported to the Emergency Preparedness Coordinator Brandy Bishop at 503-879-1837.

Opening a cooling center only by request "saves our supplies and staff time for times when there is a need, instead of setting it up and having no one come in," Walters said.

Even with temperatures dropping, people

See HEAT WAVE continued on page 5

Road 690 gates closed

The Natural Resources Department will be conducting commercial thinning operations through its logging contractor along Road 690 in the Reservation forest. For protection of public safety, Tribal resources and contractor equipment, the gates at the upper and lower ends of the Road 690 crossover route will be temporarily closed and locked for the duration of operations. Vehicular access will be limited to administrative and operational use. The roads will remain open to non-motorized uses, although visitors are advised to stay safely away from commercial thinning units and equipment.

Operations along Road 690 are expected to be complete this summer and the Natural Resources Department will announce when the road is reopened to motorized vehicles. ■

Letters welcome

Letters should be exclusive to **smok signalz**.

Letters should be 400 words or less and must include the writer's name, address, phone number and Tribal roll number. You will be contacted to confirm authorship.

All letters are subject to editing for space, grammar and, on occasion, factual accuracy. Only two letters per writer are allowed during a three-month period. Letters written in response to other letter writers should address the issue at hand and, rather than mentioning the other writer by name, should refer to the date of the letter published. Discourse should be civil and people should be referred to in a respectful manner.

Letters deemed in poor taste will not be printed. Send letters via e-mail to news@grandronde.org, or submit in person at the Tribal Governance Center in Grand Ronde, Ore., or mail to **smok signalz**, 9615 Grand Ronde Road, Grand Ronde, OR, 97347.



TRIBAL COMMITTEE / BOARD & COMMISSION

Now accepting new applications

- Do you want to be more involved with the Tribe?
- Do you have a desire to be a part of a group to plan and be involved in Tribal activities and events?
- Are you intersted in making positive changes for future generations?
- Visit https://qrco.de/bf49BI or scan the QR code for a complete list of committees/boards and apply today.

Current vacancies:

- Ceremonial Hunting Board (2) Culture Committee (1)
- Enrollment Committee (1) Fish & Wildlife Committee (2)
- Housing Grievance Board (2) Powwow Special Event Board (1)
- Election Board alternates (2)

For questions email:

shannon.ham-texeira@grandronde.org



www.grandronde.org/government/tribal-council/committees/

Applications also available in the Tribal Governance building: Located at the Tribal Council office near the security desk.

smok signəlz

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DEADLINE DATE ISSUE DATE

Wednesday, July 24.	Aug. 1
Friday, Aug. 9	Aug. 15
Friday, Aug. 23	Sept. 1
Monday, Sept. 9	Sept. 15

MEMBERS OF:

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EDITORIAL POLICY

Smoke Signals, a publication of the Confederated Tribes of the Grand Ronde Community of Oregon, is published twice a month. No portion of this publication may be reprinted without permission.

Our editorial policy is intended to encourage input from Tribal members and readers about stories printed in the Tribal newspaper. However, all letters received must be signed by the author, an address must be given and a phone number or email address must be included for verification purposes. Full addresses and phone numbers will not be published unless requested. Letters must be 400 words or less.

Smoke Signals reserves the right to edit letters and to refuse letters that are determined to contain libelous statements or personal attacks on individuals, staff, Tribal administration or Tribal Council. Not all letters are guaranteed publication upon submission. Letters to the editor are the opinions and views of the writer.

Published letters do not necessarily reflect the opinions of Smoke Signals.

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IN THE FUTURE



sinəmakwst-mun (July)

- Wednesday, July 24 Tribal Council meeting, 4 p.m., in-person attendance in Tribal Council Chambers and via Zoom. 503-879-2304
- Thursday, July 25 Tribal Council Candidates Forum, 5:30 p.m., in-person attendance in Tribal Council Chambers and via Zoom. All questions must be submitted by 5 p.m. July 25 by emailing stacia.hernandez@grandronde.org.

stuxtkin-mun (August)

- Wednesday, Aug. 7 Tribal Council meeting, 4 p.m., in-person attendance in Tribal Council Chambers and via Zoom. 503-879-2304.
- Thursday-Saturday, Aug. 15-17 Annual Fish Distribution, 9 a.m.-5 p.m. Thursday and Friday, 9 a.m.-noon Saturday, Natural Resources Department Fish Lab, 47010 S.W. Hebo Road. 503-879-2424.
- Friday-Sunday, Aug. 16-18 Grand Ronde Contest Powwow, uyxat Powwow Grounds. 9600 S.W. Hebo Road. Grand entries at 7 p.m. Friday, 1 and 7 p.m. Saturday and 1 p.m. Sunday.
- Wednesday, Aug. 21 Tribal Council meeting, 4 p.m., in-person attendance in Tribal Council Chambers and via Zoom. 503-879-2304
- Thursday, Aug. 22 Annual Fish Distribution, 10 a.m. to 3 p.m., Portland Area Office, 4445 S.W. Barbur Blvd., Portland. 503-879-1881
- Friday, Aug. 23 Grand Ronde Education Summit, 9 a.m. to 4:30 p.m., Spirit Mountain Casino, 26820 S.W. Salmon River Highway.
- Friday, Aug. 23 Community barbeque and outside movie night, 6:30 p.m. in Tribal housing.

To stay informed of future Tribal events, visit www.smokesignals.org/calendar.

Find us on



OFFICIAL TRIBAL FACEBOOK PAGES

Smoke Signals:

facebook.com/SmokeSignalsCTGR

The Confederated Tribes of Grand Ronde:

facebook.com/CTGRgov

Grand Ronde Health & Wellness:

facebook.com/GRHWC

Grand Ronde Children & Family Services:

facebook.com/CTGRCFS

Grand Ronde Royalty:

facebook.com/CTGRRoyalty

Grand Ronde Education Programs:

facebook.com/CTGREducation

Grand Ronde Youth Council: facebook.com/CTGRYouthCouncil

Grand Ronde Station:

facebook.com/GrandRondeStation

Grand Ronde Social Services Department:

facebook.com/CTGRSocialservices

Grand Ronde Food Bank: facebook.com/GrandRondeFoodBank

Spirit Mountain Community Fund:

facebook.com/SpiritMountainCommunityFund

Grand Ronde Cultural Education:

facebook.com/Grand-Ronde-Cultural-Education

Grand Ronde Community Garden:

face book.com/Grand Ronde Community Garden

Grand Ronde Tribal Police Department:

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Grand Ronde Employment Services

Facebook.com/EmploymentServices

Veteran reporter Nicole Montesano joined Smoke Signals staff in June

Staff writer Nicole Montesano joined the newsroom of Smoke Signals on June 24, after 30 years with the News-Register newspaper in McMinnville.

Montesano covered county government and politics for the last 10 years for the News-Register, along with writing about the COVID-19 pandemic beginning in 2020 and assorted other issues.

Before 2014, Montesano covered the city of McMinnville for 14 years. She also spent several years covering courts, health and human services, and small towns. She also wrote a cooking column from 1998 through 2017



Nicole Montesano

Montesano said she is excited to join Smoke Signals.

"I feel incredibly lucky to be given the opportunity to write for a top newspaper about the history, culture and continuing journey of the Tribe," Montesano said. "I look forward to learning more about the Tribe's work."

Smoke Signals Editor Danielle Harrison said that Montesano was the ideal selection from the pool of candidates for the vacant staff writer position.

"Nicole has been a journalist working in rural communities for many years and understands how to connect with people," she said. "During her first few weeks, she has shown her journalistic skill by covering a breaking news story and through her well-written copy that needs very little editing."

Montesano grew up in southern Oregon, moving to the Willamette Valley as a teenager. She attended Western Oregon State College and graduated in 1992 with a degree in English.

She now lives in the Eola Hills outside Amity with her husband, Rick, two cats and a dog. She enjoys cooking, reading and gardening, and is slowly growing a small market farm.

She can be contacted at 503-879-1463 or nicole.montesano@grandronde. org. ■

MARRIAGES IN TRIBAL COURT

Tribal Court is issuing marriage licenses and able to perform marriage ceremonies for a filing fee of \$40. Contact the Tribal Court at 503-879-2303. ■



CTGR Member Services

Requests for Descendancy Options

DXOXOXOXOXOXOXOXOXOX

- 1. Descendancy letter (no DNA testing)
- 2. Certificate of Descendancy (DNA testing required)

Process:

Submit completed application (digital signatures are not accepted) along with a copy of an original state certified birth certificate (we cannot accept copies) and proof of payment for the DNA from the Finance Department. Once application is received, Enrollment Office staff will process and setup the DNA appointment.

DNA at the Grand Ronde Health & Wellness Center: Cost of DNA testing is \$35 and you must pre-register with the clinic prior to your appointment. To pre-register, contact Ashley Stonebrink at 503-879-1325 or Stacy Pond-Bissonette at 503-879-2096.

To request an application or if you have any questions, contact the following:

Memberservices@grandronde.org

Enrollment staff:

Tristin Armstrong 503-879-1619, Tristin.armstrong@grandronde.org Nick Labonte 503-879-2490, Nick.labonte@grandronde.org

Please send completed applications to:

The Confederated Tribes of Grand Ronde

Attn: Enrollment Office

9615 Grand Ronde Road, Grand Ronde, OR 97347

Food Bank news

The Grand Ronde Food Bank – iskam məkhmək haws – is operated by Marion-Polk Food Share, which has been leading the fight to end hunger since 1987 because no one should be hungry.

Recipients of SNAP, TANF, SSI or LIHEAP assistance automatically qualify for assistance at the Grand Ronde Food Bank, 9675 Grand Ronde Road. No one will be turned away in need of a food box.

"We believe that everyone deserves to have enough to eat," Food Bank Coordinator Francene Ambrose says. "You are welcome to get a food box at each of our regular weekly distributions. No one will be turned away in need of a food box."

The Food Bank will hold July food box distributions from 10 a.m. to 2 p.m. Fridays. In addition, there is a light food box (mostly bread and produce) distribution from 10 a.m. to 2 p.m. Wednesdays.

People must check in 15 minutes before closing to receive a food box on both days. If you need immediate assistance, call 211 or visit 211info.org.

Those who are unable to pick up a food box can fill out an authorized representative form and that designated person can pick up a food box on your behalf. The authorization is good for one year.

The Food Bank continues to seek volunteers to help with repacking food, putting food on the shelves, handing out food boxes, end-of-month inventory and picking up food donations at area stores.

Call to ensure someone is available to assist. People also can sign up for a monthly email for the Food Bank calendar and events, as well as follow the Food Bank on Facebook.

The Food Bank is an equal opportunity provider. Contact Ambrose at 503-879-3663 or fambrose@marionpolkfoodshare.org for more information or to volunteer. ■

Committee & Special Event Board meeting days and times

- Ceremonial Hunting Board meets as needed. Chair: Marline Groshong.
- Culture Committee meets as needed at the Grand Ronde Food Bank/iskam məkhmək haws, 9675 Grand Ronde Road. Chair: Francene Ambrose.
- Editorial Board meets monthly. The next meeting will be held at 1 p.m. Monday, July 15 via Zoom. Contact Chair Mia Prickett at Editorial.Board@grandronde.org for the meeting link.
- Education Committee meets at 5:30 p.m. on the last Tuesday of the month in the Adult Education building. Interim Chair: Valeria Atanacio.
- Elders Committee meets at 10 a.m. the first and third Wednesday of the month in the Elders Activity Center. Chair: Carmen Robertson
- Enrollment Committee meets quarterly in Room 204 of the Governance Center. Chair: Debi Anderson.
- Fish & Wildlife Committee meets at 5:30 p.m. the second Tuesday of the month at the Natural Resources building off Hebo Road. Chair: Reyn Leno.
- Health Committee meets at 10 a.m. the second Tuesday of the month in the Molalla Room of the Health & Wellness Center. Chair: Darlene Aaron.
- Housing Grievance Board meets at 3 p.m. the third Thursday
 of the month in the Housing Department conference room. Chair:
 Harris Reibach.
- Powwow Special Event Board meets as needed at the Community Center. Dates vary. Contact Dana Ainam at 503-879-2037.
 Chair: Dana Ainam.
- TERO Commission meets at 10 a.m. the second Tuesday of the month in the Employment Services building. Chair: Russell Wilkinson.
- **Timber Committee** meets at 5 p.m. the second Thursday of the month at the Natural Resources building off Hebo Road. Chair: Jon R. George.
- Veterans Special Event Board meets at 5:30 p.m. the first Tuesday of the month in the Quenelle House. Chair: Raymond Petite.

To update information on this list, contact Smoke Signals Editor Danielle Harrison at 503-879-4663 or danielle.harrison@grandronde.org.

Vaccines available now

The new COVID-19 vaccine, Spikevax, is available at the Health & Wellness Center for adults 18 and older. It is recommended for those with chronic health conditions such as chronic obstructive pulmonary disease, kidney failure and heart failure, regardless if they have received older vaccines. Spikevax is not a booster.

Another vaccine that is recommended is for RSV, which is available to babies 8 months and younger, for expectant mothers who are 32 to 36 weeks pregnant and in limited amounts for those 60 and older.

For more information, call the Health & Wellness Center at 503-879-2002.



2019 – The Tribe unveiled a bronze statue of three visionaries, Marvin Kimsey, Margaret Provost and Merle Holmes, who began the Tribe's Restoration efforts in the early 1970s and campaigned extensively to gather public and legislative support.

2014 – The Tribe donated \$5,000 to the Navajo Code Talker Association to help



File photo

build a Navajo Code Talker Museum. Speaking in Navajo, the code talkers serving during World War II were able to prevent the Japanese military from decoding transmissions.

2009 – The Grand Ronde Tribal Council and West Valley Fire District entered an intergovernmental agreement to provide around-the-clock and faster fire and emergency medical coverage in the Grand Ronde area, including Spirit Mountain Casino and Lodge, the Tribe's government campus and Tribal housing areas. The agreement called for the Tribe to build a fire substation on 2.5 acres of Tribal land at the southeast corner of Grand Ronde and McPherson roads.

2004 — Artists John and Gail Hawks opened Spirit Hawk Inc. in Sheridan, intending for it to serve as a "gathering place for the Indian Nation." The complex would include an art gallery, sales of materials for Native crafts, a restaurant offering Native foods, Indigenous arboretum, teepee campsites and other amenities.

1999 – The Tribal Council invited comment on a proposed ordinance to establish the Grand Ronde Tribal Health Authority to oversee general operation of the clinic and other Tribal health programs, with a goal of providing Tribal members high-quality health care.

1994 – The Indian Law Technical Corrections Act, Senate Bill 1954, was signed by President Clinton on May 31 and approved by the Department of the Interior in June, clearing the Tribe to proceed with building its proposed multi-million-dollar gaming facility. Spirit Mountain Development Corporation expected the facility to open in 1995.

1989 – Tribal Council Secretary Kathryn Harrison, the first woman to serve as Tribal Council chair, was elected as delegate-at-large for the Oregon Women's Political Caucus. Harrison represented the Tribe as a delegate to the National Congress of American Indians and to the Commission on Indian Affairs. She organized a panel of Native American women for the annual meeting of the Oregon Caucus. Harrison was honored at the National Women's Political Caucus in St. Paul, Minnesota, for her accomplishments.

1984 – The interim Tribal Council announced to the general membership the completion of the Tribal Constitution and by-laws, meeting the requirement in the Tribe's Restoration bill. The documents had been sent to Washington, D.C. for approval by the Secretary of the Interior.

Yesteryears is a look back at Tribal history in five-year increments through the pages of Smoke Signals.

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Want to receive the Tribal publication on your computer instead of waiting for it to arrive in the mail?

Want to get up-to-date and in-the-know about the Grand Ronde Tribe before anyone else? In an effort to be more efficient and reduce printing and postage costs, smok signalz electronic subscribers receive a PDF (portable document format) version sent to them instead of a newsprint version sent via the mail. All you need on your computer is Adobe Acrobat or another program that can read a PDF and you're set.

Why would you want to do that? The PDF version is available before the newspaper is sent to our printing contractor in Salem. You can read the paper on your computer or print out a copy of individual pages yourself. And you will receive Tribal news much faster than the current standard mailing utilized by the Tribe.

If you would like to receive an e-mailed PDF version of smok signalz and stop receiving a mailed newsprint version, send your e-mail to esubscription@grandronde.org. Stopping mailed delivery of the newspaper will not affect other Tribal mail.

Tribal Council approves grant agreement for large McMinnville housing project

By Danielle Harrison

Smoke Signals editor

Tribal Council approved a grant agreement and amendment to a memorandum of understanding between the Tribe and the Yamhill County Housing Authority at its Wednesday, July 10, meeting.

The agreement will allow a \$7 million grant from the Tribe to be used by Yamhill County to provide housing options for Tribal members who want to live in the McMinnville area.

The amendment to the MOU requires consultation with the Tribe if any changes are made to the project that will have substantial effects on Tribal member tenants.

"Stratus Village is a large housing project going right next to the hospital in McMinnville and approximately 170-plus apartments eventually will be built out," Housing Department Manager Shonn Leno said at a Tuesday, July 9, Legislative Action Committee meeting. "Grand Ronde will be in charge of 25 of those for our members, ranging from one- to three-bedrooms. Plus, there is a community center building that will have office space for us... Basically, it's a housing option for Tribal members who don't necessarily want to live in Grand Ronde or who have obligations in McMinnville. ... I think it creates a new opportunity for our membership, especially our youth."

Leno added he is hoping that the new development will help alleviate the inability of Tribal members to utilize housing vouchers due to the current lack of available rental units in Yamhill County.

In other action, Tribal Council:

- Approved the 11 Tribe O'Link memorandum of agreement. The annual agreement is necessary because the Grand Ronde Tribe's Indian Housing Block Grant service area overlaps with 10 other Tribes in Oregon and California. The federal government requires that Tribes in overlapping service areas agree on how to distribute funding and the 11 Tribes have agreed to use Tribal enrollment data instead of Bureau of Indian Affairs labor force statistics. The agreement includes the Coos, Lower Umpqua and Siuslaw Indians, Siletz, Klamath, Coquille and Cow Creek Band of Umpqua Tribes in Oregon and the Karuk, Quartz Valley, Tolowa Dee-ni', Yurok and Fort Bidwell Tribes in California. The agreement will benefit the 11 Tribes a total of \$2 million in additional funding;
- And approved a \$356,422 grant agreement between the Tribe and the Oregon Department of Education to fund culturally-specific afterschool care services.

In other action, Tribal Council approved an authorization to proceed with the planning process of developing a dog park in Tribal housing west of the playground area.

To watch the entire meeting, visit the Tribal government's website at www.grandronde.org and click on the Videos tab. ■

Casino seeking vendors

Spirit Mountain Casino is seeking vendors for the upcoming Spirit Mountain Marketplace, which will celebrate Native American heritage, craftsmanship and community.

The event times are all set for 10 a.m. to 6 p.m. Remaining dates are Wednesday and Thursday, July 24-25; Friday and Saturday, Sept. 13-14; and Friday and Saturday, Oct. 11-12.

The Marketplace is seeking Native American and community members who create handmade products that are at least 80 percent crafted by hand or produced locally.

To secure a spot, vendors should contact Rob Henly at 503-879-3721 to obtain details and confirm a spot as a vendor.

Fees, rules and guidelines will be available to sign, along with a table assignment, at 9 a.m. Friday before every event. Marketplace spots will be allocated on a first-come, first-served basis.

The vendor fee will be \$30 and provides access to one table, one Flex linen, two chairs and a black linen to cover the table overnight.

The Marketplace will be located in the Events Center hallway with space for 35 vendor tables. Table placement will be determined through a lottery process at 9 a.m. Friday before the event. Additional space up to 5 feet beside and in front of tables will be available for clothing racks.

In addition, vendors can temporarily park vehicles in the roundabout behind the hotel for unloading and loading between 9 and 10 a.m. and from 6 to 7 p.m., respectively.

"We aim to create an inclusive and vibrant Marketplace that honors the craftsmanship of Native American and local artisans," a press release said. "We hope these guidelines provide clarity and excitement as we prepare to host the Marketplace."

Vendors are asked to contact Henly with any Marketplace-related questions instead of approaching casino staff during the event. ■

Vehicle crash call volumes have increased due to summer traffic

HEAT WAVE continued from front page

should remember never to leave children or pets in vehicles, including the back of pickup trucks, where hot metal can burn paws, and to avoid walking dogs during the afternoon or early evening, when streets and sidewalks are hot enough to burn paws. Make sure any outside animals have access to deep shade and plenty of cool water.

It is also important to stay well hydrated, limit outdoor activities, check on neighbors and older adults and know the warning signs of heat-related illness.

Factors such as high humidity,

dehydration, prescription drug use, heart disease, sunburn and alcohol use can increase the risk of developing a heat-related illness. Warning signs include high body temperature, hot, red, dry or damp skin, fast, strong pulse, headache, dizziness, nausea, confusion and loss of consciousness.

Walters said that, fortunately, "our fire call volume has not increased much over the normal annual burn complaints for people burning into the burn ban that started on July 1."

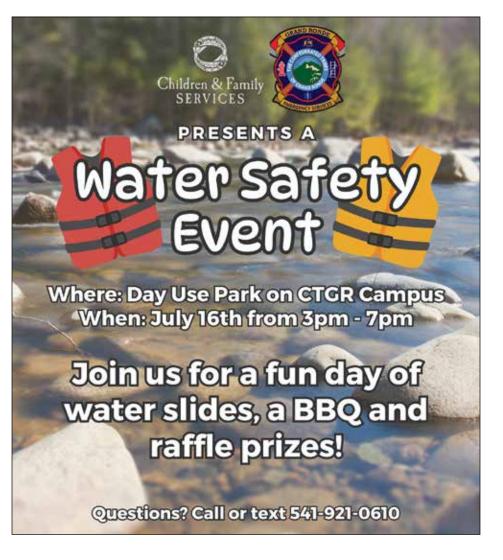
She noted that vehicle crash call volumes have increased, which is common during the summer season with increased traffic to and from the coast.





Contributed photo

Oregon Department of Transportation Director Kris Strickler visited the Tribal campus on Tuesday, June 25, to meet with Tribal Council members and employees involved in construction and transportation programs, including the Tribal Employment Rights Office. Grand Ronde TERO is one of only a handful of Tribes in the United States with an active memorandum of understanding with the state Department of Transportation for Tribal hiring goals/preference on federal highway funded projects. The first MOU was signed in 2014 and renews every 5 years. "This is an invaluable collaborative relationship to help the Native American population gain fruitful employment," TERO Director Harris Reibach said. "Grand Ronde TERO has dispatched hundreds of people with thousands of hours on projects made accessible by this MOU." From left are TERO Administrative Assistant Kristy Summers, Training and Development Coordinator Jacob Boekhoff, ODOT Delivery and Operations Division Administrator Mac Lynde, Compliance Officer **Duke Kimsey, Strickler and Reibach.**



Tribal member wins recognition award



Contributed photo

Tribal member Levi Sanchez was recently recognized for being a five star wealth manager in Fortune magazine.

By Nicole Montesano

Smoke Signals staff writer

Tribal member Levi Sanchez, who started his own wealth management company in Seattle, Washingon, in 2018 with partner Chad Rixse, has been recognized with an award for five star wealth managers by Five Star Professional. The award appeared in the February-March 2024 issue of Fortune magazine.

Sanchez and Rixse's company, Millennial Wealth, works virtually with clients who are generally in their 30s and 40s and work in the technology field.

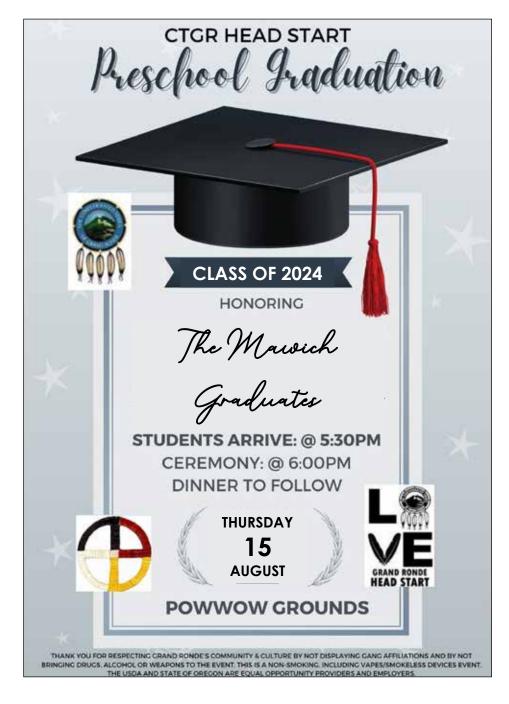
"(We) assist with all their financial planning needs such as equity compensation planning, tax planning, cash flow planning, insurance investments, etc.," Sanchez said.

Since he and Rixse started the company, Sanchez said it has grown substantially and now employs three full-time staff members.

Five Star Professional, a market research company, evaluates prospective award winners and contacts them to provide information about their operations.

"To be honest, it hasn't meant too much to the company as I don't feel our clientele really pay that much attention to it," Sanchez said. "It's more so an industry insider type award for recognition."

Sanchez told Smoke Signals in 2018 that he quit his job at Merrill Lynch Wealth Management to focus on connecting with his own generation and on being more innovative than he could at the larger company.



Pacific Lamprey Harvest season in effect

The Oregon Department of Fish and Wildlife has set the season for lamprey harvesting. It began Saturday, June 1 and will run through Wednesday, July 31. Hours will be 7 a.m.-6 p.m., Friday to Monday. Harvesting is not allowed Tuesday to Thursday.

Harvesting is confined to the east side of Willamette Falls and does not include the horseshoe area at the peak of the falls. Harvesters should avoid the areas with lamprey ramps.

Gear is restricted to hand or hand-powered tools only. A permit is required but Tribal members are allowed to use their Tribal enrollment card in lieu of a state issued permit.

In addition, Tribal members may harvest for distribution to other Tribal members but this must be done without charge. Commercial sale of lamprey and the use of lamprey as bait in fisheries is prohibited.

The catch must be recorded daily on the ODFW harvest card, available from the Tribal Natural Resources Department or by contacting the Clackamas ODFW office at 971-673-6000.

All harvest cards must be returned by Aug. 31, 2024. ■

Tribal election will be held on Sept. 7

CANDIDATES continued from front page

Board and as the Chairman of the Spirit Mountain Gaming Inc. Board of Directors.

Kennedy, 76, was nominated by Tribal Elder Stanford Kneeland. She has served on Tribal Council for nine consecutive terms, dating back to 2000 and an 18-month term in the 1980s. She currently serves as the Tribal Council Chairwoman and holds the record as longest-serving Tribal Council member.

George, 63, was nominated by his son, Tribal member Tynan George. George has served on Tribal Council since 2012. He served as Tribal Council Secretary for three terms between 2012 to 2021.

Cherry, 54, was nominated by her son, Tribal member Caden Leno. She has served on Tribal Council since 2021 and currently serves as the Tribal Council Secretary. Before that, she was the Spirit Mountain Community Fund Director.

This year marks the 11th consecutive year of single-digit candidates running for Tribal Council. The last time 10 or more candidates threw their proverbial hats in the ring was in 2013.

Tribal Council candidates will have a 600-word statement published in the July Tilixam Wawa that will be mailed to voters before ballots are mailed out. Tribal Council candidate statements were due to Smoke Signals by July 8. These will run "as is." The 600-word limit is firm and any letters that go beyond that will be cut off after 600 words are reached.

In addition, Smoke Signals will continue its practice of interviewing all of the candidates and placing their podcast interviews on spreaker.com.

The Tribal Council Candidates Forum will be held at 5:30 p.m. Thursday, July 25, in Tribal Council Chambers. All candidates must attend in person but Tribal members can join in person or via Zoom. To join online, you can register at https://us06web.zoom. us/.../reg.../WN_1SWBXOByR2mX-V3n_GcPriA. Submit all candidate questions by 5 p.m. July 25, to Stacia Hernandez at stacia.martin@grandronde.org.

This year's election will be held on Saturday, Sept. 7, with elected council members being sworn into office on Wednesday, Sept. 11.

Ballots are sent to the Tribal member's address on file with Member Services. If you have recently moved or not updated your address in some time, please contact Member Services at 503-879-2116 to confirm the address on file. The Election Board cannot change addresses.

Election office hours will be 9:30-2 p.m. Monday through Thursday, from July 24 to Sept. 5. The office is located in the Tribal Community Center. ■



Honors speakers tell students to follow their dreams

By Nicole Montesano

Smoke Signals staff writer

The Tribe's Education Department honored 87 graduates on Thursday, June 27, during an honor and recognition event held at Spirit Mountain Casino to mark achievements ranging from completing fifth grade at the chinuk wawa skul, to achieving a doctorate degree.

Three of the graduates, Kazsia Connelly, Sharrah McKenzie and Josephine Wolf, gave keynote speeches. McKenzie and Wolf addressed graduates who had struggled with school.

McKenzie said that she believed she was unsuited to school, while Wolf said it took her a decade to earn her bachelor's degree, facing difficulties along the way.

The speakers urged the young graduates to have faith in themselves and to pursue their interests.

"I stand before you tonight a little surprised to actually be in the position that I am today," McKenzie said, explaining that she struggled in school, and gravitated toward classes with a more social focus.

"Those of the students who were less adept at a typical educational structured curriculum were often made to believe that we were not cut out for school ... the school system kind of made me believe there was a single way to achieve academic success and as much as I tried, I just wasn't able to do it in that manner," McKenzie said.

McKenzie graduated last fall from the University of Barcelona, with a doctorate in geology. She noted that she took two years after graduation to travel around the United States and work odd jobs.

"After about two years I realized I was both self-sufficient and happy," she said. "I was working in jobs that were constantly changing, and knew they were allowing me to travel and work outside, which was exactly what I wanted at that

time. ... I remember at this point having a real sense of confidence; it was the first time that I really felt that I had a skill set."

It was the confidence she gained from her experiences that "allowed me to finally ask myself what I wanted of my life and career," McKenzie said.

Wolf told the new graduates that she made "plenty of mistakes" along the way, but graduated magna cum laude with her Bachelor of Science degree in tourism, recreation and adventure leadership from Oregon State University last summer, and is now pursuing a master's degree.

"I'm here to tell you, you can do it," she said. "You can overcome adversity in your life. I'm just now feeling like I have my life somewhat together and I'm in my 30s."

She said her journey included marriage, a now nearly-2-yearold daughter who is "my guiding force," and co-ownership of a shop in Corvallis.

"I have made plenty of mistakes to get where I am, so don't be like me and wreck your car from being careless or fail at school and then you have to repay your scholarships, 'cause that really sucks," Wolf said. "But even if you make mistakes like that, there is some hope for you, and I am evidence of that."

She told the new college graduates in the room that "you already beat the game. Only around 10% of Native students graduate with bachelor's degrees," according to a 2019 study, and only about 17% pursue education after graduating high school.

Wolf said the new graduates, of all ages, have other decisions to make as they consider the future.

"In a present day society run by the lasting impacts of settler-based colonialism in Oregon, you face a new decision," she said. "Decide how you honor your Tribe, how you will impact your community and future generations. Look around the room tonight and ask yourself how you will honor the people that came here to support you."

She urged graduates to "have faith and grace with yourself, and patience. Find and utilize all the resources that will help you ensure your academic, mental health, physical health and financial success. Along the way always remain grateful for the opportunities that come your way, and when life inevitably gets really difficult and you're struggling or experiencing problems, remember to pause and rest, but always keep going and never quit on what life has to offer when you put in the work."

Connelly spoke about gaining confidence in high school, particularly after she learned to stop fearing other people's judgement and be her most authentic self.

Education Department Manager Angela Fasana welcomed the audience to the event before dinner. Tribal Council Secretary Michael Cherry delivered the invocation, followed by drumming and singing.

The following students were honored:

Chinuk wawa skul: Agency Anderson, fifth grade; Leloo Quenelle, sixth grade.

Eighth grade promotions: Meadow Hall, Abel Najera Banuelos, Addison Brewster, Alexis Gentry, Jasper Liam Ashby, Cloey Charlene Freeman, Ashton Mankins, Connor Rand, Weston Ballini, Dominic Huffman, Laityn Allen, Chloe Kumli, Annaliese Winn

High school graduates: Kihya Bailey, Elisabeth Becker, Breanna Bilbrey, Tasina Bluehorse, Noah Brooks, Kalea Carl, Kazsia

Connelly, Lorenzo Delai, Laney DeLoe, Chloie Guardiola, Cohen Haller, Natalia Harriss, Jacob Holmes, Quentin Mccormick, Adeline (Addie) Moreland, Anne Page, Dawson Partridge, Shane Partridge, Benjamin Adam Powley Jr., Ethan Sabin, Anavey Smith, Dameion Trump-Torres, Adam Williams, Kaileighann Williams, Ellie Hedenskog, Michael Amiotte, Kira Bailey, Bryan Parazoo, Kaya Taylor, Rihanna Many Hides, Stevanie Beebe, Alexander Michael Bly, Caden Griffin, Mason Trump, Jolene Shipley, Samuel Willie Davis, Lucy Shields, Robert Holmes Jr.

GED/high school completion: Haylee DeHart, James Davis, Taylor Marie-Faith Schultz.

Certificate: Shawna Freeman, Jessica Miller.

Associate's degree: Izabella Atanacio, Hailey Haller, Nick Pichette, Alicialeigh Selwyn, Jessie Storm, Saghaley Lewis, Kiana Leno-Slack, Laurel Ambrose, Brandon Partridge, Lindsey Edwards, Jocelyn Cloutier.

Bachelor's degree: Ariana Bennett, Brandy Bishop, Isabell Bobb, Sebastian Frazier, Favian Galindo, Keri Kimsey, Moses Mercier, Mackenzie Ortiz-Martinez, Tisha Pellett, Trinity Sherwood, Ammon Stancliffe, Luke Strand, Josie Wolf, Andie Capellino, Frank Hostler, Avery Pascal, ShellyRose Minthorn, Azellia Wagner, Mackenzie Weisend.

Master's degree: Jaidyn Grable, Tayler Hill, Taryn Holm, Katie Schmitt, Cheri Schooley, Allegra Simmons, Kaelynn Simmons, Jamie White, Sharon Williams, Amber Yates, Sacheen Lampert.

Law degree: Jonathan Tasa.

Doctorate degree: Sharrah

McKenzie, Kylee Keck. ■

Summerween event



Photo by Michelle Alaimo

Stassi Villalobos, 10, picks a piece of candy from Tribal Legal Office Clerk Christine Thoma, as Faith King, 10, looks on during the Summerween 2024 event held on the Tribal campus on Wednesday, July 10.

Approximately 100 kids from the Tribe's Youth Enrichment hayu-munk skukum program trick-or-treated around the Tribal campus collecting treats from several departments.



United at UNITY



Grand Ronde Tribal youth and Tribal Council members joined others from across the country at the UNITY Conference held at the Oregon Convention Center in Portland. The event ran from Saturday, June 29 to Wednesday, July 3, and included themes of spiritual, personal, mental, physical and social development, as well as a coastal jam. Approximately 3,000 youth attended the conference. UNITY is held every year in a different city across the United States with the goal of providing Indigenous youth culturally relevant leadership programming designed to empower them to realize their individual potential.

Tribal Library merges with Regional Library Service

The Tribal Library has merged with the Chemeketa Cooperative Regional Library Service, said Tribal Librarian Kathy Cole.

Tribal members can now get books from libraries in Polk, Yamhill and Marion counties, as well as access to many free programs.

Tribal Library patrons should visit the Tribal Library and update their information and obtain a new Regional Library Service card.

For more information, contact Cole at 503-879-1488. ■

JULY 2024 EVENTS



2024 Veterans Summit & Resource Fair 9 a.m. to 4 p.m. Friday, July 12

Raised Gardens

Throughout the Summer ~ Seeking veterans to help put

together the raised beds, put in the soil and get the garden beds ready to plant. Once planted, we would like veterans to keep the gardens going. Supplies will be provided.

Veterans Golf

Veteran makes the arrangements. We will have seven spots available to pick up a pre-paid card to take to Dallas Golf Club. Veteran will need to call them directly to make an appointment.

Veterans Pool Tournament

Elders Activity Center. Monday, July 22 - Friday, July 26. Open to all veterans. RSVP with the Tribal Veterans Service Office. The first 10 veterans to register will receive a gift that can be picked up July 15 - July 19. The top three winners of the pool tournament will receive an additional prize.

Canoe Journey

Contact the TVSO Office if you have

any questions or

CTGRTribalVSO@

GrandRonde.Org

503-879-1484

for more event

information.

Tribal Veterans! Contact the TVSO office if interested. We will have more details as it gets closer but would like to know if any Tribal veterans are interested.

Mental Health Awareness Walk.

Remainder of 2024 ~ Veterans can stop by the Community Programs Building to pick up a t-shirt in exchange for signing up for the Veteran Mental Health Awareness Walk. Walk 2.2 miles at any point during the year to bring awareness to Veteran Suicide, PTSD and mental health.

We want to hear from you!

The Grand Ronde Health & Wellness Center Comment Box is located at the entrance of the Health & Wellness Center, next to the drinking fountain. Share your experience, good or bad with us.

Power training



Tribal Elder Veronica Gaston is seen training on Grand Ronde Road on Monday, July 1, for the Honolulu Marathon in December. Gaston is preparing to walk the 26.2-miles course and anticipates it taking around 10 hours. You can read more about Gaston's story in her GoFundMe: https://gofund.me/de75052a. Gaston said that everyone who donates will be entered into a raffle. So far, she is offering 20 different prizes ranging from a handmade crochet blanket to a mini donut making kit. The last day to donate is Dec. 1. "I feel honored to be the first Confederated Tribes of Grand Ronde Tribal member/Elder to be entering the Honolulu Marathon. I chose this marathon as a celebration of not only losing 150 pounds in 2 years thanks to the healthy lifestyle grants Tribal Council/the Tribe provided, but also 5 years ago, I could not even walk due to me having a fractured back from my hardware in my lower back giving out."



Ad by Samuel Briggs III

Elders Honor Day

Tribal Elder Bud White plays bingo during
Elders Honor Day at the Spirit Mountain Casino
Event Center on Monday, July 8. Approximately
550 Elders from Grand Ronde and other
Tribes from Oregon, Washington and Idaho
attended the event hosted by the Confederated
Tribes of Grand Ronde Elder Committee. The
day's activities included bingo, raffle prizes,
drumming and singing by the Grand Ronde
Canoe Family and dinner.





Photos by Michelle Alaimo

Tribal Elder Kim Contreras, left, gets a "Baby Elder" prize from Tribal member Angey Rideout during Elders Honor Day. Elders aged 55-64 received the prizes. Rideout volunteered to help at the event.

Elder Eddie Tahsequah Sr. (Comanche) looks at what he won after being named king during Elders Honor Day.



SPIRIT MOUNTAIN MARKETPLACE

Celebrating Native American Heritage and Community Craftsmanship.

> JULY 24 & 25 SEPTEMBER 13 & 14

10AM - 6PM











Northwest West Coast INDIGENOUS FASHION SHOW

July 25

This fashion show will feature Indigenous artists, models, and creators, highlighting the beauty and artistry of Indigenous fashion in the Pacific Northwest.

Don't miss this extraordinary event!

Visit SpiritMountain.com for more information and to purchase tickets.



Jeffers 73rd family reunion

Come join us Aug. 11, 2024 at Wildcat Covered Bridge located off Highway 126 and Siuslaw River Road, the old homestead of Ira Jeffers

From Eugene: Take Highway 126 west towards Mapleton. Approximately mile marker 27.5, turn left on Siuslaw River Road.

From Mapleton: Take Highway 126 East from Mapleton towards Eugene. Approximately mile marker 26.5, turn right on Suislaw River Road. Look for signs and balloons for your turn off. Bring lawn chairs and your favorite dish to share. Please bring your own drinks. We will eat around noon. Hopefully see you all there. Contact Evelyn Seidel

at 503-831-4955 or Lori Warren at 541-510-1704 for more information.

Job#	Position Title	Grade	Min. Start Wage	Max Start Wage	Closing Date
1946	Child & Adolescent Mental Health Therapist – Behavioral Health	12	\$74,901.04/yr.	\$96,316.53/yr.	Until Filled
1991	Mental Health Counselor – Great Circle Recovery – Salem - UPDATED	12	\$74,901.04/yr.	\$96,316.53/yr.	Until Filled
2014	Mental Health Therapist – Behavioral Health	12	\$74,901.04/yr.	\$96,316.53/yr.	Until Filled
2030	Police Officer	11	\$32.74/hr.	\$42.16/hr.	Until Filled
2082	Enrichment Cook/Aide Coordinator – PT	5	\$18.86/hr.	\$24.07/hr.	Until Filled
2085	Teacher's Aide-Bus Monitor - PT	5	\$18.86/hr.	\$24.07/hr.	Until Filled
2116	Milieu Safety Technician – Great Circle Recovery - Portland	6	\$20.75/hr.	\$26.42/hr.	Until Filled
2123	Enrichment Coordinator Aide (Seasonal- Summer)	5	\$18.86/hr.	\$24.07/hr.	Until Filled
2127	Lodge Caregiver – Full Time * \$500 Hire-On Bonus after 120-days	7	\$22.36/hr.	\$29.00/hr.	Until Filled
2135	Client Registration Specialist – Portland – Great Circle Recovery	8	\$24.60/hr.	\$31.84/hr.	Until Filled
2138	Academic Coach (6-12)	10	\$29.76/hr.	\$38.39/hr.	Until Filled
2141	Licensed Practical Nurse – PT – Portland – Great Circle Recovery	12	\$36.01/hr.	\$46.31/hr.	Until Filled
2143	Police Officer Trainee	10	\$29.76/hr.	\$38.39/hr.	Until Filled
2144	Physician Assistant	20	\$151,691.92/yr.	\$205,141.88/yr.	Until Filled
2150	Environmental Policy Analyst – Ceded Lands	13	\$82,391.14/yr.	\$105,817.37/yr.	Until Filled
2153	Curriculum Coach	10	\$29.76/hr.	\$38.39/hr.	Until Filled
2154	Licensed Practical Nurse Supervisor – Portland - Great Circle Recovery	13	\$82,391.14/yr.	\$105,817.37/yr.	Until Filled
2157	TPREP Program Assistant	5	\$18.86/hr.	\$24.07/hr.	Until Filled
2158	Lodge Caregiver – Part Time & On-Call * \$500 Hire- On Bonus after 120-days	7	\$22.36/hr.	\$29.00/hr.	Until Filled
-2160	Licensed Practical Nurse – Portland – Great Circle Recovery	12	\$36.01/hr.	\$46.31/hr.	07/01/24
2161	Counselor in Training – Portland – Great Circle Recovery	8	\$24.60/hr.	\$31.84/hr.	07/01/24
-2162	Timber Operations Coordinator	14	\$90,630.26/yr.	\$116,255.21/yr.	07/01/24
2163	Driver – Nutrition - UPDATED	5	\$18.86/hr.	\$24.07/hr.	07/08/24
2164	Staff Accountant	11	\$32.74/hr.	\$42.16/hr.	07/08/24
2165	Assistant SPED Teacher	8	\$24.60/hr.	\$31.84/hr.	07/08/24
2166	Grant Assistant	9	\$56,274.26/yr.	\$72,705.24/yr.	07/08/24
2167	Instructional Assistant	6	\$20.75/hr.	\$26.42/hr.	07/08/24
2168	Dental Secretary	6	\$20.75/hr.	\$26.42/hr.	07/08/24
2169	Infant/Toddler Teacher – Limited Duration	10	\$29.76/hr.	\$38.39/hr.	07/08/24
2033	Temporary Pool	2	\$16.00/hr.	\$16.00/hr.	Open



POSTING TITLE	CLOSE DATE	WAGE/SALARY
Hotel Front Desk Clerk	7/11/2024	\$18.02/hr. DOE
Marketing Communications Specialist	7/11/2024	\$25.45/hr. DOE
Player Services Representative I	7/11/2024	\$18.02/hr. DOE
Amore Waitstaff (*Part-Time)	Until Filled	\$14.58/hr. DOE + Tips
Banquet Server (*Part-Time)	Until Filled	\$14.58/hr. DOE + Tips
Bar Porter (Full-Time & *Part-Time)	Until Filled	\$18.29/hr. DOE
Bartender (Full-Time & *Part-Time)	Until Filled	\$16.50/hr. DOE + Tips
Casino Beverage Waitstaff (Full-Time & *Part-Time)	Until Filled	\$14.58/hr. DOE + Tips
Cook	Until Filled	\$18.29/hr. DOE
Executive Casino Host I	Until Filled	\$48,329.22/yr. DOE
Guest Safety Specialist I	Until Filled	\$18.29/hr. DOE
Guest Safety Specialist II	Until Filled	\$18.55/hr. DOE
Guest Services Cashier (*Part-Time)	Until Filled	\$18.02/hr. DOE
Maintenance Technician	Until Filled	\$21.22/hr. DOE
Prep Cook	Until Filled	\$18.02/hr. DOE
Slot Technician I	Until Filled	\$19.39/hr. DOE
Table Games Dealer (Full-Time & *Part-Time)	Until Filled	\$14.58/hr. DOE + Tips

\$1,000 Hire-On Bonus All Positions \$500 Referral Bonus SMC & CTGR Employees

*Part-time employees are eligible for a **20% differential** pay to their base wage if they are scheduled to work up to 29.99 hours per week.

SPIRIT MOUNTAIN CASINO EMPLOYMENT INFORMATION

- enrolled members of the Confederated Tribes of the Grand Ronde Community of Oregon.
- Please reference the Job Description for job duties, qualifications, and required knowledge/skills.
- 🗸 SMGI adheres to a Tribal hiring preference policy for 🚭 Job postings are updated every Friday with remaining and new positions; applications must be received by 5:00pm on the following Thursday to be considered.
 - ✓ Incomplete applications will not be considered. ✓ All positions are eligible for an incremental Hire-on Bonus
 - https://www.spiritmountain.com/careers

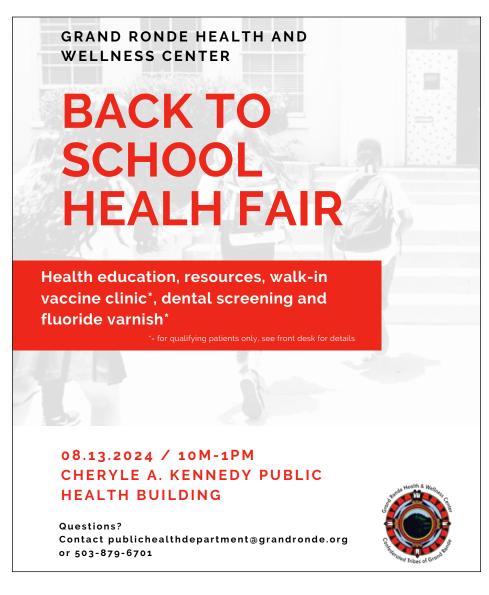
⊠employmentteam@spiritmtn.com Call (503) 879-3737 for application assistance.

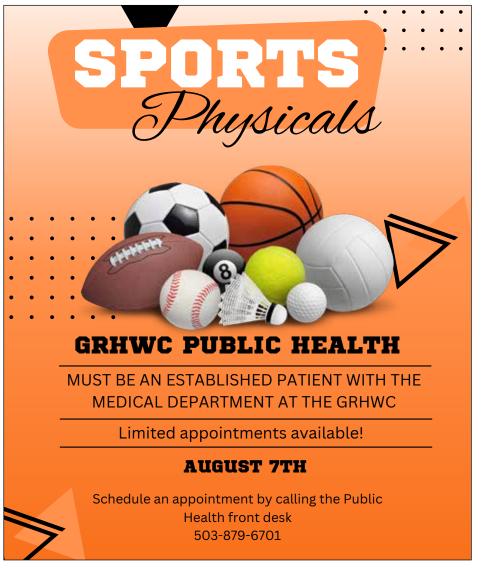
Holmes family reunion is July 20

The fifth annual Holmes family reunion will be held from noon to 5 p.m. Saturday, July 20, at the day-use park on the Grand Ronde Tribal campus. Attendees are asked to bring a side dish or dessert, as well as their own beverages. No alcohol is allowed. For more information, contact Sue or Dave Clark at 541-921-3100.

Gaston fundraising for travel to Honolulu Marathon

Tribal Elder Veronica Gaston is planning to race walk the Honolulu Marathon on Dec. 8, 2024. She is raising funds for travel expenses through GoFundMe. The link to donate to her fundraiser is https://gofund.me/33b87c1a. "Thank you...all who donate will be entered in my special raffle to be held when I get home from the marathon," she said. "I have 20 prizes so far."





Tribal member named Father of the Year

Tribal member Ferrell DeGarmo was named Wellbriety Father of the Year by the Indigenous sobriety group White Bison.

According to a Facebook post announcing the award, it recognizes exceptional fathers or father figures who inspire the community through their ability to balance family, career, community and fatherhood responsibilities.

"Over the past couple of years I've seen him grow beyond words," nominator 'Gary C.' said about DeGarmo. "Always being there for his children, community and culture. He has helped so many people in recovery and finding balance in life. Not by telling anyone what to do but being the example, living the exact advice he gives, always running sweats and bringing the community together to be family."

DeGarmo will receive a special Wellbriety T-shirt for his accomplishment.

"I feel truly blessed to take my lived experience and use it in a positive way to continue to support others in finding their own path of healing," he said. ■

Health & Wellness Center entrance

Reminder: The drive-through entrance at the Health & Wellness Center is for loading and unloading only. The entrance was built with our Elders and those with mobility issues and their ease of access in mind. If you are coming to the center to pick up prescriptions, please park in one of our regular parking spaces.

Paradise dancing



Photo by Michelle Alaimo

Dancers with the Paradise of Samoa Dance Troupe perform a Tahitian dance in the Tribal gym on Tuesday, July 9. The Salem-based dance troupe is comprised of trained dancers and entertainers. The full dance show consists of a tour of the Pacific Islands, including Samoan, Tongan, Fijian, Tahitian, Maori and Hawaiian dance with traditional costumes and narration. The event was sponsored by the Grand Ronde Tribal Library.



CTGR 2024 Annual Grand Ronde Fish Distribution

Natural Resources Department

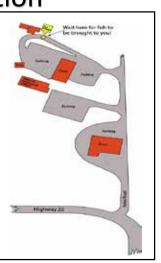
Fish Lab

47010 SW HEBO ROAD
Grand Ronde, Oregon 97347

(503) 879-2424



Thursday, August 15, 2024 9:00am - 5:00pm Friday, August 16, 2024 9:00am - 5:00pm Saturday, August 17, 2024 9:00 am - 12:00 pm



GRAND RONDE LIVING and ENROLLED TRIBAL MEMBERS ONLY

Must show current photo I.D.

Fish will be handed out in a drive through system. Please follow the signage up the hill to the fish lab, receive your fish and then follow the exit loop road

If picking up for others: A Signed release and copy of Tribal ID or CIB is

required!

No Early or late Pickups and fish will not be mailed. Fish cannot be picked up in both Grand Ronde and Portland.

2024 Fish Distribu	tion Release Example	
I, Roll N	umber,	
ive Permission to pick up my fish.		
Signature of Tribal Member:	Date:	

CTGR 2024 Annual Portland Office Fish Distribution

CTGR Portland Office

4445 SW Barbur Blvd #101 Portland, OR 97239

Pre-Registration Required by Thursday August 8th, at 4:30pm.

> Contact Lisa Archuleta (503)879-1881



When:

Thursday, August 22, 2024 10:00am – 3:00pm

GRAND RONDE LIVING and ENROLLED TRIBAL
MEMBERS

Must show current photo I.D.

If picking up for others: A Signed release and copy of Tribal ID or CIB is required!

Fish will ONLY be available to those that pre-register. Pre-registration is required before Thursday August 8th, 2024 at 4:30pm. Please Contact Lisa Archuleta to Pre-Register for pickup. (503)879-1881.

No Early or late Pickups and fish will not be mailed. Fish cannot be picked up in both Grand Ronde and Portland.

2024 Fish Distribution Release Example			
lumber,			
rmission to pick up my fish.			
Date:			

'I enjoy seeing it and knowing the his

TOMANOWOS continued from front page

itual. It was just a very touching experience."

Anderson was one of two Tribal Elders selected in a drawing for the Tribe's annual trip to the American Museum of Natural History in New York City near Central Park. The other was Tammy Childs, who lives in Colorado.

"I read the articles in Smoke Signals about the trip and it sounded very interesting so I decided to put my name in," Childs said. "I didn't think I would get selected so when I was, I was excited and honored."

Like most Tribal members, Childs had never seen Tomanowos up close before, and the first thing that struck her was its location within the vast museum.

"The location seemed off-putting to me," she said. "It appeared to be in a part of the museum that doesn't get visited as much."

Childs added that she was shocked by how large the meteorite was in person.

"You just can't quite envision it until seeing it for yourself," she said. "I didn't have any expectations going into this trip and I think it was a very spiritual and very humbling experience for me, and knowing that our ancestors used it as a spiritual guide and we can't really do that anymore."

On Thursday, June 27, Anderson, Childs and other Tribal members reconnected with Tomanowos during a private and confidential ceremony.

The Tribal member and employee contingent included Tribal Council member Matthew Haller, Communications Manager Sara Thompson, Tribal Communications Copywriter Elaine LaBonte-Robertson, Member Services Manager Shannon Simi, Social Media/Digital Journalist Kamiah Koch, Youth Education Recovery Teacher Adam Langley and Tribal Council Administrative Assistant Shannon Ham-Texeira.

Tribal member attendees also included Tribal Elders Simone Auger, Jennifer Weiss and Lopez, Senior Miss Grand Ronde Anavey Smith and her mother, Youth Prevention Manager Lorena Rivera, museum interns Lauren Howerton and Laney DeLoe, and their chaperones, Chinuk Wawa Program Manager Justine Flynn, Language Preservation Specialist Zoey Holsclaw and Cultural Education Specialist Cristina Lara.

The annual Tribal ceremony was led by Lara in the Frederick and Sandra Priest Rose Center for Earth & Space. She requested that the details of the event remain confidential.

Smoke Signals staff in attendance included Koch and Publications Department Manager/Editor Danielle Harrison.

After the ceremony concluded and everyone had left the museum, Weiss stood outside and quietly reflected on the moment. Although she lives in New York City and has much easier access to Tomanowos than most Tribal members do, it



Photos by Kamiah Koch

Tomanowos, also known as the Willamette Meteorite, sits on display in the American Museum of Natural History in New York City. A delegation of Grand Ronde Tribal members traveled to visit the meteorite and held a private ceremony with Tomanowos on Thursday, June 27. The meteorite holds cultural and spiritual significance to the Grand Ronde Tribe and a historic agreement was signed in 2000 to allow them access to Tomanowos for a ceremony every year.

is meaningful to her to be able to experience it with the delegation.

"I enjoy seeing it and knowing the historical significance to Grand Ronde," she said. "It is a physical connection between the heavens and the earth, and a significant part of our ancestry and cultural history."

Tomanowos' history

Tomanowos is the iron-nickel core of an early planetoid that was formed and orbited the Sun millions of years ago. After that planet was shattered, perhaps in a collision with another proto-planet, the core fell at approximately 40,000 miles per hour to the Earth's surface, landing somewhere in southwestern Canada.

The meteorite eventually found its way to present-day West Linn in the Willamette Valley as a passenger in the Missoula Floods that carved out the Columbia River Gorge. The Clackamas Chinooks named it Tomanowos and revered it as a spiritual being that healed and empowered the people since the beginning of time. The rainwater that collected in the meteorite's crevices and pockmarks served as a powerful purifying, cleansing

and healing source for the Clackamas and their neighbors.

Tribal ancestors also dipped their spearheads into the crevices and pockmarks of Tomanowos to obtain spiritual strength before a hunt.

But the Native connection was broken when the Clackamas and other Tribes were removed from the West Linn area and relocated to the Grand Ronde Reservation in the 1850s.

With the Native peoples gone, Tomanowos' story grew more complex and convoluted. In 1902, it was kidnapped by part-time miner Ellis Hughes, who moved it off land owned by Oregon Iron and Steel Co., and he charged people 25 cents to view it.

Eventually, Oregon Iron and Steel won a lawsuit to regain ownership of the meteorite, which was then purchased in the early 20th century by a wealthy New York City philanthropist who moved it across the country and donated it to the American Museum of Natural History, where it sat, waiting patiently for almost 100 years for its Native peoples to find it.

In 1999, the Grand Ronde Tribe submitted a claim to the museum seeking return of Tomanowos under the provisions of the 1990 Native American Graves Protection and Repatriation Act. The museum countersued and eventually the two parties reached an agreement that Tomanowos would remain in New York City provided that Tribal members had annual access for religious ceremonies and the museum sponsored an internship program for Tribal youth to spend two to three weeks working at the museum every summer. This marks the 24th anniversary of that agreement, although in-person visits and the internships were suspended in 2020, 2021 and 2022 because of the

Museum breakfast

On Thursday, June 27, museum staff held a breakfast in the Mignone Halls of Gems and Minerals for the Grand Ronde delegation.

Haller gave the invocation and played a flute song, and Museum Director Lisa Gugenheim welcomed those in attendance.

"It's really my privilege to mark the 21st delegation visit to the museum and it's really quite remarkable to reflect on the time that has passed since our historic agreement in 2000. Over these 20-plus years, this agreement has become a model for collaborative and reciprocal relationships between Native American Tribes and museums, certainly a model for us. We cannot overstate the importance of this partnership and the meaning of it to us as individuals and as an organization."

Gugenheim added that it's meant "a great deal," to her personally as well.

"I had the privilege to be one of the first museum staff members who worked directly with Grand Ronde leaders such as Kathryn Harrison to develop this partnership and today I'm feeling particularly nostalgic because at the end of this week, I am stepping down from my role as director of the museum and during this time of transition, I've done a lot of reflecting," she said. "The work that I was part of with the Grand Ronde has been among the most meaningful of my career and in my time at the museum."

Gugenheim also extended greetings from Museum President Sean Decatur, who was unable to attend the breakfast due to a business trip.

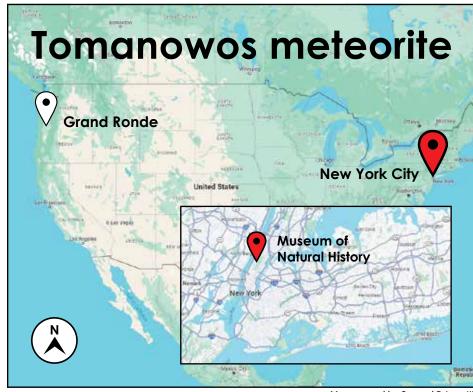
"Last year, he was able to share some of his emerging thoughts on some of the historical legacy of museums, including this one, when it comes to the Native American Tribes and other communities that have been subjects of, rather than equal participants in, scientific studies. This work has made its way into our strategic plan that was just adopted by our trustees earlier this month. I know he would look forward to telling you more about it in the near future and to learn together how best to activate those ideas."

Attendees then heard from Holsclaw, who introduced museum interns DeLoe and Howerton.

"They've prepared some really good words for you guys," she said. "So as you listen, I just want you to take into account that while this is a really amazing opportunity to come connect with our meteorite, the girls have done a lot of tough conversations and ended up with a lot of heavy feelings."

DeLoe introduced herself in Chinuk Wawa and English, and then talked about her family history, including the results of forced assimilation and the loss of cultural identity her ancestors faced, especially after the Grand Ronde Tribe was terminated in 1954.

"This made our Confederated Tribes no longer federally recognized and termination caused my



Map created by Samuel Briggs III

storical significance to Grand Ronde'

family to spread out from Grand Ronde when they left to find work," she said

DeLoe then talked about how the family moved back to Grand Ronde after Restoration and began to rebuild

"I graduated from the high school in Willamina that my great-grandma Val couldn't attend," she said. "I work in the same building that my grandma Penny worked in. I'm a first generation college student. There is resilience with our people. The Chinuk Wawa I can now speak...everything comes full circle. But in my opinion...we continue to improve that circle. How I push forward today in this internship. As I sat and watched Tomanowos, I watched the museum visitors come and go. Of the majority of people, only a small number of them cared for Tomanowos. That the people who don't learn about Tomanowos like how I have and how our community would...it hurts to know how our community would be able to heal with Tomanowos but she lays here stagnant...I like to think that although Tomanowos lays here today, that is only for the time being and we will continue forward."

Howerton talked about how when she arrived in New York City, the first thing that caught her eye were the "larger than life," skyscrapers.

"Everything looks taller here... It makes me dizzy sometimes and I remember thinking about how easy it would be to get lost here in the literal sense but also in the way that the masses of people and the size of buildings might make one feel small and insignificant," she said.

Howerton added that when the internship began, she wanted to be heard and find people who would listen.



Intern Chaperone and Cultural Education Specialist Cristina Lara hugs American Museum of Natural History Director Lisa Gugenheim after gifting her a beaded necklace during the breakfast held in the Mignone Halls of Gems and Minerals at the American Museum of Natural History in New York City on Thursday, June 27. This was Gugenheim's last event before retirement and she recalled her years of work with the Grand Ronde Tribe as one of the most meaningful experiences of her career. Gugenheim was one of the first staff members at AMNH to work with the Grand Ronde Tribe, noting her friendship with Kathryn Harrison after the Tomanowos agreement was signed in 2000. Gugenheim honored Harrison by speaking at Harrison's memorial via Zoom in 2023.

"But coming into this space as a Native woman, I felt unsure of how much voice I had," she said. "I found myself wondering whether what I said truly mattered in the grand timeline of a museum such as this one. A lack of grounding wasn't the only hurdle I faced in coming here. Like Laney said, the Grand Ronde Tribe was terminated by the federal government in 1954. Stripped of their status and land, several families dispersed throughout the region. This included my family's ancestors, who migrated to Spokane, Washington."

She shared that termination is what prevented her from being

enrolled until she was 12 years old, and that she only learned of the Tribe through her grandma

"When I found this internship, what I found was an opportunity to reconnect with my Tribe through Tomanowos," Howerton said. "It has always been a source of healing and strength for our Tribal people and I have felt that in my time here this past week...By being with Tomanowos and advocating for her, I have felt empowered in my own identify in ways that surpass everything that I used to know. This year's internship has been special. In actualizing last year's idea to redo

the (meteorite description) plaque, we are enacting real change. ... Although updating an outdated plaque may seem small, it is a chance for us to create a feeling of hope that allows us to not just dream of change, but create it...to ensure our voices will always be heard and never to fall on deaf ears again."

After the interns spoke, Lara gifted beaded necklaces to Gugenheim and Senior Director of Communications Roberto Lebron.

Following the breakfast, Grand Ronde Tribal members received a behind-the-scenes tour of the museum's newest wing, the Richard Gilder Center for Science, Education and Innovation, led by Vice President of Exhibitions Lauri Halderman. Delegates also got to explore the museum's extensive library archives. The tour wrapped up with a visit to the Northwest Coast Hall. The hall features a cedar and clam shell hat made by Tribal member Carol Colton and donated by Tribal Elder Joanne Colton-Comeaux.

In addition to the Tomanowos activities, Tribal members and employees also visited the Statue of Liberty, the National September 11 Memorial & Museum, Times Square, Central Park and the Lego Store. The Tribal contingent returned to Oregon on Saturday, June 29.

"I just feel really lucky to have been a part of this delegation," Anderson said. "It was a fun trip and it has me feeling closer to my Tribe. I am so grateful to have had this opportunity. I just think it was a once-in-a-lifetime kind of trip and feel honored to have been a part of it."

Added Childs, "We packed a lot of activities into a few days and it was an incredible journey." ■



Grand Ronde delegates and American Museum of Natural History employees stand together for a photo in the new Kenneth C. Griffin Exploration Atrium on Thursday, June 27, during the yearly visit to Tomanowos in New York City. The delegates and AMNH employees shared a breakfast together where two Grand Ronde Tribal interns, Lauren Howerton and Laney DeLoe, presented their findings after spending the prior week researching Tomanowos at the American Museum of Natural History. After breakfast, the delegates toured the museum and later that evening held a private ceremony with Tomanowos after the museum closed to the public.

MOA 2024-25 hunting and fishing information



Confederated Tribes of Grand Ronde

MOA hunting information for 2024

All MOA tags and Tribal licenses are only valid during state season hunt dates and in the Wilson, Trask, Stott Mountain, Willamette and Santiam units. Please note the Santiam unit has a different eastern boundary as part of this MOA. Maps of MOA boundaries for Avenza or onX are available at the website linked in the QR code. Print copies are available at NRD.



- All hunts follow state rules and regulations. This includes hunt dates, weapon restrictions and bag limits.
- MOA tags are non-transferable; Transfers can still be made with Trask Consent Decree tags.
- After one MOA general deer tag is filled and hunt is reported, members can request one additional tag to hunt.
- Limit of one MOA general elk tag per member.
- If you were issued a new license in 2023, tags can be mailed to you this year. Requests need to be made by the
 license holder and verification of possession of valid Tribal hunting license will be required. If you did not get a
 new license in 2023 you will need to come to NRD during business hours to receive a new license and get your
 tags issued in person.
- Tribal Conservation Properties: Ashney, Chahalpam, Chankal, Chankawan, Enchanted Oaks, Noble Oaks, Rattlesnake Butte and Takilth are closed for hunting in 2024 in accordance to the access policy.

What will be available in 2024:

MOA General Season Buck and MOA General Season Elk tags

- Enrolled CTGR Tribal members with these tags will be eligible to hunt within the MOA wildlife management units, Stott Mountain, Trask, Wilson, Willamette and Santiam.
- Tag is valid for one animal with bag limit and date restrictions that are dependent on the unit. General Bow and Any Legal Weapon seasons can be hunted with the same tag.
- Tag notes will specify the allowable weapon, season dates and bag limit for the unit.

It is the hunter's responsibility to know the unit boundaries, dates of hunts and bag limit in the unit they are hunting

Upland game birds

- Tribal harvest licenses will be valid to hunt upland game birds.
- Partridge, quail, grouse and pheasant may be hunted within state seasons and bag limits in the ODFW upland game bird regulations within MOA area.
- To hunt this opportunity you will not need to update your harvest license
- This does not include migratory birds

Small game and unprotected mammals

- Tribal harvest licenses will be valid to hunt small game and unprotected mammals within the MOA area. This follows ODFW rules, regulations, bag limits, possession limits and season dates.
- This is <u>not</u> inclusive of furbearers!

Trask Management Tag and Reservation Only Tag drawing application rules

NRD license updates

Due to the overwhelming support for hunting and fishing electronic applications, all applications are electronic in 2024-25. Those who need a paper application are asked to contact 503-879-2424 or email huntingandfishing@grandronde.org.

The Natural Resources Department began issuing and rebranding the Grand Ronde issued hunting and fishing license in August 2023.

To take advantage of the extended memorandum of agreement harvesting areas in the Wilson, Trask, Stott Mountain, Willamette and Santiam unit (as modified by the MOA) a new harvest license is required. If your license does not have a hologram, license holders are asked to visit NRD. In order to pick up any tag in 2024 — regardless of Reservation only, Trask only or MOA — you must have a new license. This includes requested transferees.

To ensure as many Grand Ronde Tribal members have the opportunity to hunt and tags are distributed in a fair and consistent manner, the Tribe utilizes a random draw and has developed application rules. Failure to follow the rules outlined below, will result in applications being denied for all hunts applied.

To enter the random draw you must:

- 1. Be an enrolled Grand Ronde Tribal member.
- 2. Have a hunting and fishing license issued by the Confederated Tribes of Grand Ronde.
- 3. Apply by the application deadline.

If an applicant fails to fill out the applications in its entirety, does not have an issued license, or files duplicates applications, all applications will be ineligible for hunts applied.

How to apply:

To apply, please scan the QR applications codes on pages 13 or 14 for your desired tags.

Paper applications are available by contacting Natural Resources.

Confederated Tribes of Grand Ronde hunting licenses are issued at the Natural Resources Department. Tribal enrollment cards and hunter's safety certificates (if applicable) are required at time of licensing.

If you have any questions, you may reach us at:

Confederated Tribes of Grand Ronde

Attn: Natural Resources Physical: 47010 S.W. Hebo Road Mail: 9615 Grand Ronde Road Grand Ronde, OR 97347

Office: 503-879-2424 Fax: 503-879-562

Email: NRD@grandronde.org

Trask and Reservation Only Tag APPLICATION DEADLINE: 5 p.m. Wednesday, July 17, 2024

Staff will begin notifying successful applicants by telephone/email on Monday, July 22, 2024 and no later than Wednesday, July 31, 2024. Tags will be available for issue on Wednesday, July 24, 2024.

Application rules and general guidelines:

- Confederated Tribes of Grand Ronde hunting licenses are required before submitting applications, this includes youth 11 and older.
- Lost tags will not be replaced. It is the hunter's responsibility to keep all tags in a safe and secure place.
- Under no circumstances will a tag be issued without a Tribal issued hunting and fishing license.
- If picking up for others, please notify Natural Resources prior to pick up. The Tribal issued hunting and fishing license AND Grand Ronde issued Tribal ID card of the person requesting to have their tag picked up will be required when picking up the tag. NO exceptions.
- To apply for the Reservation Only hunt, Tribal members must successfully complete a **one-time mandatory educational tutorial** discussing tag rules, regulations, applications and reporting as well as receive associated tutorial materials before awarded tag can be picked up. **Under no circumstances will a tag be issued without the hunter having completed the tutorial.** This can be completed online at time of application.

Youth tags

- Any licensed Tribal member between the ages of 11-17 may apply. Youth 13 and under, MUST BE ACCOMPANIED by a licensed adult at least 21 years of age unless hunting on property owned by the parents or guardian.
- Youth hunters 11 years of age may apply. However, they must turn 12 by the "Last Day to PICK UP TAG" deadline and possess a CTGR issued license. All youth must have completed their Hunter's Safety Certificate before a tag will be issued.
- Youth may also apply for all adult tags as described above in addition to the youth only hunts. All rules apply.
- Youth **MAY NOT** hunt with youth hunt tags when they turn 18 years of age. Example, applies for Youth Upper Tualatin Trask tag (Hunt dates 12/9-12/31), is awarded tag when 17, receives tag, turns 18 Sunday, Dec. 15. This tag could no longer be hunted by that youth after Sunday, Dec. 15.

Tag return deadlines

In accordance with the Fish and Wildlife Ordinance, all tag reports (Kill or no kill and lost tags) are required **TO BE REPORTED within 30 days of the last day of hunt.** Tags may be reported:

Online – A form will be emailed to the hunters on the last day of the hunt. Telephone – 503-879-2424 or email - NRD@grandronde.org

Mail – 9615 Grand Ronde Road, Grand Ronde OR 97347

In person – 47010 S.W. Hebo Road, Grand Ronde OR 97347. Secured drop box available 24 hours a day, 7 days a week.

As a reminder, cards not returned within the established deadlines are subject to suspension. ■

2024-25 Trask Management Unit hunt categories and seasons

Applicants may choose one in each category to apply. The category is defined as **BEAR**, **MALE ELK***, **CONTROL/DAMAGE ELK**, **DEER TAGS** (Bow or Muzzleloader Deer) and **CONTROL DAMAGE DOE** season.

Hunt categories and seasons:

Categories are as follows:

• BEAR (Black Bear)

MALE ELK* (BOW, 1ST Season, 2ND Season)

o <u>ELK HUNTERS</u> you must choose one season to apply; Bow Elk 1st Season 2nd Season

o Applications submitted for multiple Male Elk seasons will result in all 2024 applications being ineligible.

CONTROL/DAMAGE ELK:

o ELK HUNTERS you must choose one season to apply:

S.E. Trask Trask Trask #1 West Trask #1 N.E. Trask Muzzleloader Central Trask #2

West Trask #2 N.E. Trask #1 Panther Creek, N.W. Trask #2

o Applications submitted for multiple Control/Damage Elk seasons will result in <u>all</u> 2024 applications being ineligible.

• DEER TAGS (Bow/Muzzleloader):

o <u>You must choose one season to apply:</u> Bow Muzzleloader

o Applications submitted for bot

- o Applications submitted for both seasons will result in <u>all</u> 2024 applications being ineligible.
- COAST BUCK no application needed. First come, first serve.
- **CONTROL DAMAGE DOE:** Any Grand Ronde licensed Tribal member may apply.

*Male elk hunters – you may choose to hunt the MOA Elk Tag OR Grand Ronde's Trask Management Tag. You may not hunt both.



Trask Management QR applications

2024-2025 Trask Mana	DEADLINES				
Hunting Seas					
	If allowed weapon is not listed is season description, hunt allows Any Legal Weapon				
			Last Day to	Last Day to REPORT	
			PICK UP TAG		
	Open Day	Last Day	(if drawn)	(kill or not)	
Category - Dee	er				
Season					
COAST BUCK: NO APPLICATION	10/5/2024	11/8/2024	N/A	12/8/2024	
CONTROL DAMAGE DOE	10/5/2024	11/8/2024	9/26/2024	12/8/2024	
MUZZLELOADER DEER	11/9/2024	11/22/2024	11/1/2024	12/22/2024	
BOW DEER (Buck Only)	8/31/2024	9/29/2024	8/22/2024	10/29/2024	
Category - Male Elk					
Season					
BOW ELK - (Bull Only)	8/31/2024	9/29/2024	8/22/2024	10/29/2024	
1ST SEASON (Bull Only)	11/16/2024	11/19/2024	11/8/2024	12/19/2024	
2ND SEASON (Spike Only)	11/23/2024	11/29/2024	11/14/2024	12/29/2024	
Category	- Control Da	mage Elk			
Season					
NE TRASK MUZZLELOADER ELK (Any)	12/14/2024	12/31/2024	12/6/2024	1/30/2025	
TRASK UNIT	12/1/2024	3/31/2025	11/15/2024	4/30/2025	
WEST TRASK #1	12/1/2024	1/31/2025	11/15/2024	3/2/2025	
WEST TRASK #2	2/1/2025	3/31/2025	1/24/2025	4/30/2025	
CENTRAL TRASK #1	1/1/2025	2/14/2025	12/13/2024	3/16/2025	
CENTRAL TRASK #2	2/15/2025	3/31/2025	2/7/2025	4/30/2025	
SE TRASK	12/1/2024	3/31/2025	11/15/2024	4/30/2025	
NE TRASK #1	12/1/2024	3/31/2025	11/15/2024	4/30/2025	
NE TRASK #2	1/1/2025	3/31/2025	12/13/2024	4/30/2025	
PANTHER CREEK	1/1/2025	3/31/2025	12/13/2024	4/30/2025	
Category - Bear					
Season					
BEAR	8/1/2024	12/31/2024	7/25/2024	1/30/2025	
Category - Youth Hunts					
YOUTH ANTLERLESS ELK	8/15/2024	12/31/2024	8/8/2024	1/30/2025	
YOUTH BOW ELK	8/31/2024	9/29/2024	8/23/2024	10/29/2024	
YOUTH C/D DEER	10/5/2024	11/10/2024	9/26/2024	12/10/2024	
YOUTH - UPPER TUALATIN - TRASK					
(WEEKENDS ONLY)	12/7/2024	12/29/2024	11/15/2024	1/28/2025	

2024-25 Reservation Only Tags

Reservation Only hunt categories and seasons

Hunters can apply for one deer and one elk hunt tag and should follow instructions in red below. Hunt categories are as follows:

DEER

DEER HUNTERS should not apply for multiple seasons and must choose one season to apply; Bow Buck, Any Legal Weapon Coastal Buck or Muzzleloader.

- o Bow Buck: Aug. 27-30.
- o Any Legal Weapon, Coast Buck: Oct. 1-4.
- o Muzzleloader Rifle Season, Any Deer: Dec. 7-13.

ELK

ELK HUNTERS <u>should not</u> apply for multiple seasons and must choose one season to apply; Bow, First Season, Second Season or Muzzleloader.

- o Bow Bull: Aug. 28 to Sept. 1.
- o First Season, Any Legal Weapon Bull: Nov. 13-15.
- o Second Season, Any Legal Weapon Any Elk: Nov. 20-22.
- o Muzzleloader Rifle Season, Any Elk: Dec. 14-27.

New in 2024: COUGAR

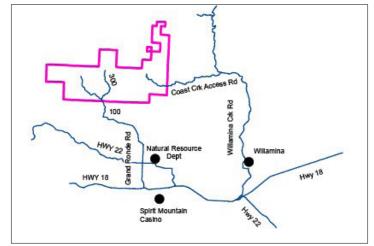
- o Cougar season: Aug. 27 to Dec. 27.
- o Rules for hunt will follow ODFW Big Game Regulations for 2024.
- o Successful hunters will need to check in the hide of any cougar taken with skull and proof of sex attached and submit the reproductive tract of any female taken within 10 days of the kill to an ODFW field office.

The 2024 Reservation Only Tags and seasons are ONLY VALID ON THE RESERVATION.



Reservation Only tag

QR applications



Reservation Only Hunt area is outlined in pink.

2024 RESERVATION ONLY TRIBAL TAGS			DEADLINES		
			Last Day to PICK UP TAG	Last Day to REPORT ACTIVITIES (kill	
	OPEN DAY	LAST DAY	(if Drawn)	or not)	
	Category - Dee	r			
Season	<u></u>				
BOW DEER (Buck)	8/27/2024	8/30/2024	8/20/2024	9/29/2024	
COAST BUCK	10/1/2024	10/4/2024	9/24/2024	11/3/2024	
MUZZLELOADER DEER (Any Deer)	12/7/2024	12/13/2024	12/2/2024	1/12/2025	
	Category - Elk				
Season					
BOW ELK (Bull Only)	8/27/2024	8/30/2024	8/20/2024	9/29/2024	
1 st SEASON (Bull Only)	11/13/2024	11/15/2024	11/6/2024	12/15/2024	
2 nd SEASON (Any Elk)	11/20/2024	11/22/2024	11/13/2024	12/22/2024	
MUZZLELOADER ELK (Any Elk)	12/14/2024	12/27/2024	12/6/2024	1/26/2025	
Category - Cougar					
Season					
Reservation Only Cougar Season	8/27/2024	12/27/2024	8/20/2024	1/26/2025	
Category - Youth Hunts					
Season					
BOW DEER (Buck)	8/27/2024	8/30/2024	8/20/2024	9/29/2024	
COAST BUCK	10/1/2024	10/6/2024	9/24/2024	11/5/2024	
MUZZLELOADER DEER (Any Deer)	12/7/2024	12/13/2024	12/2/2024	1/12/2025	
BOW ELK (Bull Only)	8/27/2024	8/30/2024	8/20/2024	9/29/2024	
1 st SEASON (Bull Only)	11/13/2024	11/15/2024	11/6/2024	12/15/2024	
2 nd SEASON (Any Elk)	11/20/2024	11/22/2024	11/13/2024	12/22/2024	
MUZZLELOADER ELK (Any Elk)	12/14/2024	12/27/2024	12/6/2024	1/26/2025	
Reservation Only Cougar Season	8/27/2024	12/27/2024	8/20/2024	1/26/2025	

Photo submissions wanted

Raffles offered for \$50 Cabela's gift cards for the following:



- Photos submitted to HuntingandFishing@grandronde.org of hunters and fishers in the field which will be used for press purposes.
- On-time return of MOA return cards. Hunters and fishers have 30 days after the end of the hunt or after fishing card expiration date to submit results.

2024 fishing information

Where can you fish?

With a "NEW" Tribal harvest license, you can now fish in five different wildlife management units as well as the marine zone (50mi) adjacent to those units. "See fig.1"

These five units are:

- Willamette
- Trask
- Stott Mountain
- Wilson
- Santiam "modified boundary"
- CTGR MOA Marine Zone

Fishing on the Columbia River fishing within the MOA approved areas is <u>limited to Oregon waters only!</u> (See fig. 2) Chart plotters are recommended! Downloadable maps are available from the Natural Resources Department.

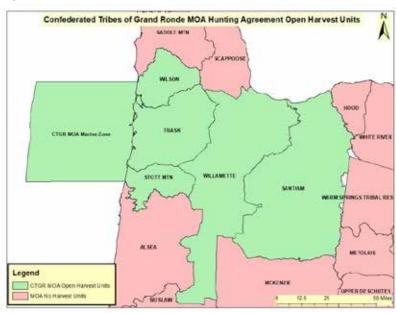


Fig. 1 MOA open harvest areas

What can you fish?

With a "NEW" Tribal harvest license, you can now fish for all species that do not require a special ODFW fishing tag. You are still restricted to all ODFW rules, including daily bag limits, gear restrictions, zone restrictions and seasons. No commercial fishing allowed. Expanded shellfishing coming in 2024, stay tuned for more information!

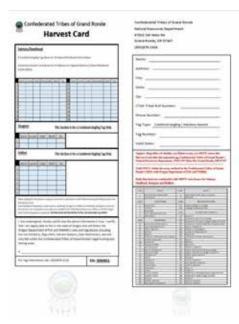


Fig. 3 Combined angling tag

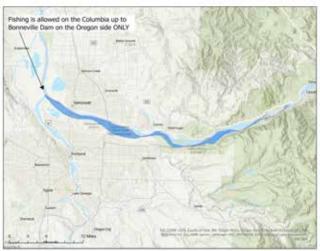


Fig. 2 Oregon Waters on Columbia River

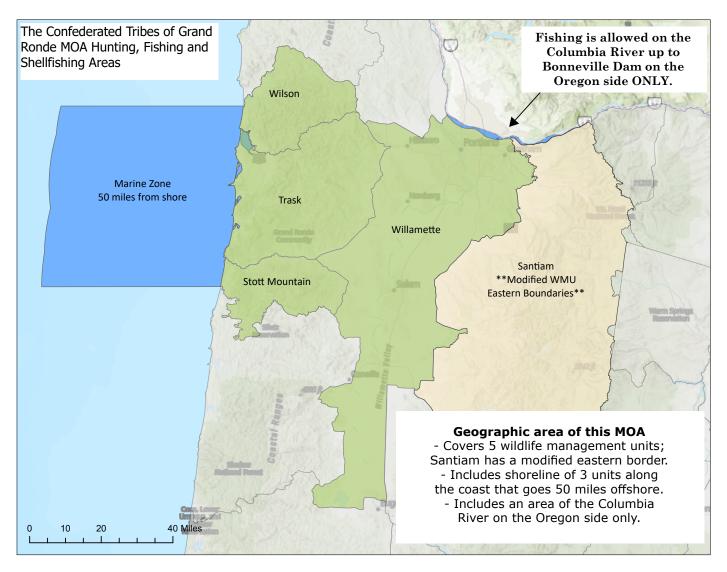
For species that do require a special fishing tag (salmon, steelhead, sturgeon and halibut), you can come to the Natural Resources Department to acquire a "combined angling tag or hatchery harvest card" (See fig. 3). Tags <u>MUST</u> be reported to NRD within 30 days after tag expiration.



For in-season ODFW regulation changes go to;

https://myodfw.com/articles/oregon-fishing-hunting-regulations-and-updates

For more information contact Aquatic Biologist Brandon Weems <u>Brandon.weems@grandronde.org</u> or 503-879-2192



SPIRIT MOUNTAIN GAMING INC. BOARD OF DIRECTORS POSITION OPENINGS

Spirit Mountain Gaming Inc. (SMGI), a Tribal corporation chartered by the Confederated Tribes of Grand Ronde (Grand Ronde), operates Spirit Mountain Casino – the largest casino in Oregon. Spirit Mountain Casino offers Las Vegas-style slots and provides superior entertainment and resort amenities. Spirit Mountain is one of the Pacific Northwest's premier casinos. Grand Ronde invites applications to serve on the Spirit Mountain Gaming Inc. Board of Directors. There are board seats available beginning on Oct. 1, 2024.

The SMGI Board of Directors is responsible to the Grand Ronde Tribal Council. The Board oversees strategic planning, overall fiscal accountability, budgets and operations of Spirit Mountain Casino.

The SMGI Board meets monthly. From time to time, additional special meetings may be held. Board members are expected to attend all meetings virtually or in person. In person attendance is strongly encouraged whenever possible. In-person meetings are held at Spirit Mountain Casino although virtual participation will occasionally be permitted with advance notice. Each board member receives a monthly stipend for attending meetings. Travel reimbursement is limited to travel within the six counties of Polk, Yamhill, Marion, Tillamook, Multnomah and Washington.

Board members must have a superior understanding of and experience with financial statements, strong communication and analytical skills, experience in a hospitality or customer service driven environment, 10 years of experience in a senior management position, and a solid understanding of the Portland-metro and Salem area economies. Experience in the following areas is also preferred: gaming, tourism, corporate finance and accounting, marketing and promotions, human resources, and management of senior executives. Experience with and knowledge of Native American organizations is also preferred. The board of directors may, at their discretion, advertise specialized skills depending on the board's needs at the time of recruitment.

Ability to pass a thorough background check and obtain a gaming license from the Grand Ronde Gaming Commission is required.

Preference will be given to qualified Tribal members.

Submission Deadline: Friday Aug. 16, 2024 These positions may remain open until filled.

Interested individuals should submit a letter of interest describing their qualifications, a résumé and three professional references to:

Spirit Mountain Gaming Inc.

Attn: Danita Trombla, Senior Executive Admin

P.O. Box 39

Grand Ronde, OR 97347 Phone: 503-879-3944

Email: danita.trombla@spiritmtn.com

Only candidates who submit complete information will be considered.

Social Services clothing program open

The Social Services 2024-25 back-to-school clothing program is now open. This is a first come, first served program.

Eligible children must be enrolled Grand Ronde Tribal members, be of school age and enrolled/attending preschool, elementary, middle or high school.

Income criteria applies.

Contact Social Services at 800-242-8196 or 503-879-2034 for an application. \blacksquare

REQUEST FOR PROPOSALS

Confederated Tribes of Grand Ronde Social Security Disability Insurance Benefit Advocate Request for Proposal

The Request for Proposals is being conducted by the Confederated Tribes of Grand Ronde Social Service Department for the purpose of obtaining a contractor who has experience in SSI/SSD advocacy/ benefit determination and the qualifications to advocate for Tribal members who are seeking assistance in the application process. Qualified applicants shall possess the ability to:

- Provide general information to Tribal members and assist in referrals regarding SSI/SSD.
- Screen Tribal members who claim their disability does not allow them to work to determine potential for an SSI/SSD application.
- Assist Tribal members in applying for SSI/SSD.
- Refer members to appropriate physical and/or mental health evaluations related to SSI/SSD application.
- Assist Tribal members with completing paperwork to file for appeals for denial of SSI/SSD.
- Refer Tribal members to Tribal member benefits to apply for the Tribal SSI/SSD program.
- Serve as a resource to employees when working with clients that may benefit from SSI/SSD.
- Assist Tribal members in preparation for retirement to understand Social Security benefits.
- Provide assistance to Tribal members 1-2 days per week, contract rate negotiable.

Preference will be given to members of the Confederated Tribes of Grand Ronde and or Indian-owned business registered with the Confederated Tribes of Grand Ronde TERO office.

Successful candidates must provide the following insurance:

• Commercial general liability insurance limits not less than: \$500,000 general aggregate limit, \$500,000 personal injury, \$500,000 each occurrence limit.

Please submit your proposal to Tammy Garrison via U.S. mail or email by 5 p.m. Thursday, Aug. 1, 2024.

Tammy Garrison, Social Service Department

9615 Grand Ronde Road Grand Ronde, OR 97347

Tammy.garrison@grandronde.org

503-879-2077

Indigenous fashion show is July 25 at Spirit Mountain Casino

Grand Ronde Tribal member Auburn Logan is co-coordinating the Northwest/West Coast Fashion Show & Market taking place at Spirit Mountain Casino from 6-10 p.m. Thursday, July 25.

This event will showcase Indigenous fashion throughout Oregon and beyond, where designers and artisans will come together to represent the North West/West Coast through Indigenous perspectives.

Tickets are available on the Spirit Mountain Casino website at spiritmountain.com/events/northwest-west-coast-indigenous-fashion-show/ or call 503-879-2350 to purchase. ■



West Valley Veterans Memorial Application

Deadline is January 15, 2025

DOB: Name: Address: State: City: Zip: Phone: Gender: Male/Female (Circle) Branch: Rank: Honorable: Yes/No (Circle) DOE: Place of entry: Place of seperation: DOS: Place of burial: Deceased: Yes/No (Circle) CTGR Tribal: Yes/No (Circle) If Tribal, Roll#

*All applicants must submit a copy of their DD214. If applicant is deceased, a family member or spouse can submit a copy of their DD214. If you are a CTGR Tribal member please attach a copy of your Tribal ID. If you are non-Tribal please attach a copy of a bill/record with your name and address showing you had lived or now reside in Grand Ronde, Willamina or Sheridan. Please send application and all documents to Tribal Council, Attn: Chelsea Clark, 9615 Grand Ronde Road, Grand Ronde, OR, 97347. If you have any questions, please contact Chelsea Clark at 503-879-1418 or email: publicaffairs@grandronde.org

Any applications received after January 15, 2025, will be kept on file for inclusion to the Memorial in 2026.

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Watchlist: 'Native American Food Sovereignty, Explained'

(Editor's note: It is estimated that there are approximately 149 billion videos on YouTube, and the number continues to grow. Grand Ronde Tribal member and Social Media/Digital Journalist Kamiah Koch sifts through those videos twice a month to recommend a worthwhile Indigenous video to watch. Follow her bimonthly recommendations and enjoy!)

By Kamiah Koch

Social media/digital journalist

As the summer sun shines, plants like corn, berries and squash are growing and beginning to ripen here in the Willamette Valley. According to Mohawk and Mi'Kmaq Tribal member Tai LeClaire, Indigenous agricultural systems have contributed more than 60% of all the food that is consumed today. It includes foods like the corn, berries and squash in our gardens.

LeClaire is featured as the host of a segment called "Cooking with Tai" on PBS Origins, a YouTube channel that shares histories and content about different cultural groups.

In a video published on June 25, LeClaire discusses Native food sovereignty.

The video begins by discussing when Europeans landed in the Americas, they took advantage of the foods that had been cultivated by the Indigenous people since time immemorial.

"While the whole world welcomed these ingredients with open arms, the people who had been using them for eons saw their food systems decimated and their populations wiped out through malnutrition and starvation," LeClaire said.

This is known as a food apartheid, when one population is not given access to the same quality of food as other individuals. The near extinction of bison, which was featured in a previous Watchlist, is a step used by the colonizers to instill this food apartheid.

"The reasoning behind this catastrophic extinction of a species was that it was a source of food and other materials for Native American Tribes," LeClaire says. "The logic was that if we kill the buffalo, the Natives will starve to death."

And although there are written documents and treaties that were supposed to maintain Native peoples access to their food resources, they were rarely enforced.

Choctaw Tribal member and professor of rural health Dr. Valerie Blue Bird Jernigan was interviewed by Tai in the video to answer how Tribes had to adapt to new food systems after being forced off their homelands.

"It's really important to understand that we became dependent upon these government foods because we did not have the knowledge of these new environments," Blue Bird Jernigan said.

She references her Tribe's reliance on river cane for shelter and food, but when the Tribe was moved to a reservation in Oklahoma, they were uprooted to a place that was entirely different and lacking the river cane they needed.

"We were traditionally farmers, agriculturalist and our entire cultural and spiritual identities were based on that place," she said.

As a result, Tribes became dependent on the government's commodity supplemental foods program, which often came in canned or processed forms. This led to a dependency on unhealthy foods and some of the worse health rates in the country now.

Studies have shown that reservations today also have limited access to fresh food supplies, categorized as a "food desert."

Grand Ronde's nearest grocery store is 20 miles away and according to a 2019 Smoke Signals story, the food desert in Grand Ronde is a major deterrent in Tribal members returning to the reservation. Tribes, including Grand Ronde, are trying to counter that.

"We as Indigenous people conceptualize ourselves as part of that land," Blue Bird Jernigan said. "We are here to reclaim our health in our traditions and our ways, not through the Western lens but through our practices."

You can watch the entire video "Native American Food Sovereignty, Explained" for yourself on YouTube at www.youtube.com/ watch?v=6LQD90ELcjI. ■





Walking On...

Shirley Fletcher Walkhoff

Aug. 1, 1955 - Jan. 24, 2024

Tribal Elder Shirley Fletcher Walkhoff, 68, passed away on Jan. 24, 2024, in Las Vegas, Nevada.

She was born on Aug.1, 1955. A former resident of Forks, Washington, Shirley was a spirited and caring soul who touched the lives of many.

After graduating from Forks High School, she later pursued a career in nursing and attended Peninsula College. Shirley dedicated her professional life to helping others, working at Grays



Harbor Community Hospital as an emergency room nurse for many years, before relocating to Oregon and filling roles within the Grand Ronde Health & Wellness Center.

Shirley was known for her adventurous spirit, both in her travels and in her daily life. She had a zest for life and was often considered the life of any party. Her caring nature extended beyond her family to friends, animals and even strangers, earning her the affectionate title of 'mom' from many who knew her.

She found joy in music and was particularly proud that her grandson, Fletcher, took up the guitar.

Her hobbies included traveling, crafting and baking, which she often enjoyed surrounded by the company of friends and family. Shirley's love for traveling left her with many stories and even more friends.

She is survived by her daughter, Kendra Johnson; son-in-law, David Johnson; grandson, Fletcher Johnson; second spouse, Arnie Tucker; and siblings, Tim Fletcher, Fritz Fletcher and Cathy Smith. Shirley was preceded in death by her parents, Eileen Nickel and Fred Fletcher, and her first husband, Michael Walkhoff.

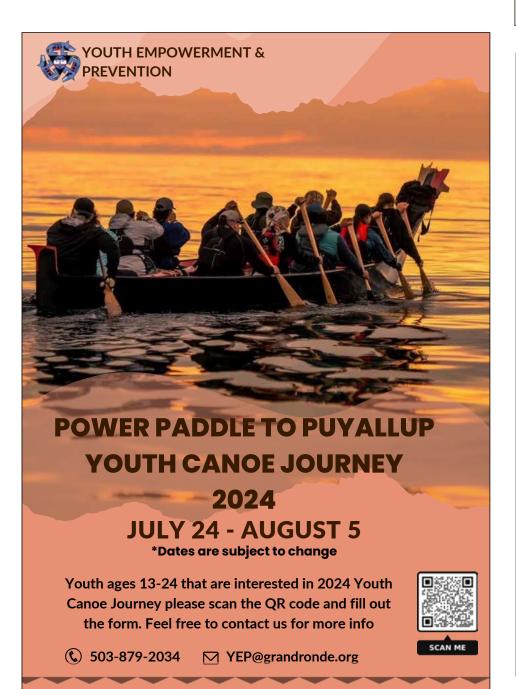
A service to celebrate Shirley's life will be held at the Olympic Natural Resources Center, 1455 South Forks Ave., from 2-5 p.m. Saturday, Aug. 3. Shirley's legacy of love, care and vibrant spirit will be remembered by all who knew her.

Nichelle Frances Perman

March 19, 1972 - June 13, 2024

Tribal member Nichelle Frances Perman passed away on June 13, 2024. Oregon Cremation Company is assisting the family.

 $Funeral\ service\ information\ was\ unavailable\ before\ press\ time.$



Fundraiser On-line Raffle

Support the

Model, 1860 Army Authentic Colt Black Powder .44 Cal. Revolver

\$5.00 per ticket

Support the Oregon Child ID Program

Visit: www.salemlodge4.org

Oregon Freemasons Child Identification Program is a charitable initiative by Salem Lodge #4 to aid in the identification and recovery of missing children. Masonic Child ID programs are supported monetarily, and are staffed by volunteers from Salem Lodge #4 and their family, youth groups and other volunteers.

Contact Pamala Warren-Chase @ warren31@yahoo.com

Contact Anthony Chase @ salemlodge4@gmail.com

Paid ad

Do you need help with First, Last, and Deposit?

This program has limited funding and will be a first come, first served program.

Contact Social Services for more information (503) 879-2034 or (800) 422-0232

You can also email us at ssdinfo@grandronde.org



Mitchell Zachary Clark

Mitchell Zachary Clark of Grand Ronde, Oregon. Passed away on the evening of Wednesday, June 26th, 2024 in Carlton, Oregon at the age of 28.

Mitchell was born on November, 5th 1995 to the parents of Donald Clark and Kathleen Palanuk in Grand Ronde, Oregon. He attended West Valley Christian School in elementary and Willamina middle school, and then attended Perrydale High school where he graduated from in 2014. Mitchell had the



kindest heart and soul, and was the hardest worker. Mitchell would drop everything to help anyone in need no matter what. Mitchell touched so many people's lives in such a positive way. Wherever Mitchell went, he was sure to have a smile on his face and light up the room.

Mitchell loved adventures, road trips and exploring with his dad. Mitchell had a free spirit, and wanted to see the world. Mitchell traveled and made so many memories prior to the birth of his daughter. Mitchell made friends anywhere he went. Mitchell always wanted to make everyone happy and feel welcome and loved. To know Mitchell, was to love him.

After graduation, Mitchell worked for Sunrise Trading as a Mechanic and later went to Fall Creek Logging as a Diesel Mechanic and then onto Bret Schmid Trucking as a Mechanic. Mitchell recently started his new job at Pape Machinery Hillsboro on Wednesday which was his first day, the same day he passed away.

Mitchell is survived by his daughter, Bailey Clark; mother, Kathleen Palanuk; father, Donald Clark. He is also survived by his sisters, Sarah Mueller, Tiffany Clark, Hannah Clark and Sonja Clark along with his nieces and nephew.

A service in memory of Mitchell will be held on Sunday, July 7th, 2024 at 2:00pm in Grand Ronde on his parent's property.

Address: 30595 Salmon River Hwy Grand Ronde, OR 97347

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TERO Worker of the Month June 2024

Name: Ray Larsen

Employer: Triplett Wellman

Position: Carpenter

Ray Larsen joined the TERO program in February 2024. Ray came in as a skilled carpenter and was soon referred out to Triplett Wellman Contractors on our new child development center project. It wasn't long after that Ray started that we started hearing great things about his hard work, dependability and overall great work ethic.

We are proud to have selected Ray for our June TERO Worker of the Month for his dedication to this important project and to Triplett Wellman contractors.



Ray Larsen

We asked Ray about the benefits of working with the TERO program and he said that it got him to work quickly with a good company and on a great Tribal project. Ray went on to say that he is very proud to be involved in building on his homelands for a very good wage.

We want to thank Ray for his hard work and representing the TERO program in a good way. Thanks Ray, keep up the hard work!

For more information on the TERO Skills Bank and any other TERO opportunities, contact the TERO office or the TERO director. TERO Office: 503-879-1488 or tero@grandronde.org

Matt's Backflow Service

Call/Text 720-499-8306 to schedule

Paid ad



For those who may not know me, I am Tonya Gleason-Shepek. I served on Tribal Council from 2014 to 2017. It would be an honor to once again serve the membership. I look forward to gaining your confidence and trust

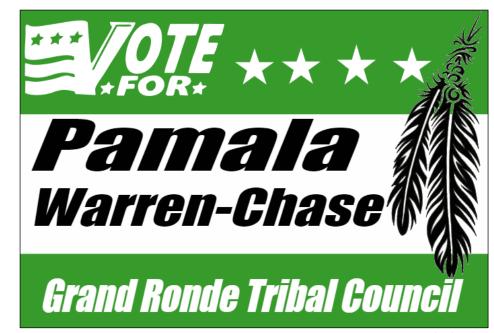
to serve in this capacity. I humbly ask for your vote.

Honesty ~ Integrity ~ Vision ~ Passion Communication ~ Courage ~ Gratitude

Campaign approved by: Cheryle Kennedy, Jon George, Lisa Leno, Matthew Haller, Reyn Leno, Jack Giffen, Ed Pearsall, Toby McClary, June Sherer, Mark Mercier & Jan Reibach

Hayu Masi Tonya Gleason-Shepek #VoteTonya #VoteTruth





Paid political ad



Paid Internships in Habitat Restoration

The Native American nonprofit, Elderberry Wisdom Farm is recruiting Native Americans and other people of color for its Fall Habitat Restoration Internship. This paid opportunity integrates Traditional **Ecological Knowledge with local** environmental conservation practices and is supported by multiple collaborative partners.

- \$3000 stipend
- 9 week training, 3 days a week
- Both classroom education and experiential service learning activities
- September 30 December 6, 2024

Apply now:

elderberrywisdom.org/internships



Elderberry Wisdom Farm

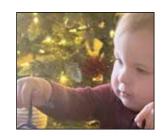
Happy birthday,

Emma Bradshaw!

Happy 25th birthday to Jeffers descendant Emma Bradshaw, daughter of Joanne Lynch. We love you sis! May our ancestors continue to watch over you, and your angels and guides always be near you. Love always, "Madre" and family

> Support wherever and whenever you need it.

Text Native to 741741.



Happy birthday,

Waylon Bradshaw!

Happy 3rd birthday to Jeffers descendant, Waylon Ray Bradshaw. We love you very much! May our ancestors continue to watch over you and may your angels and guides always be near. Love always,

G-ma Lynch and family







Serving urban Natives, infant to elder, in Portland and Vancouver

Open Positions

Chief Executive Officer

DOE*

Many Nations Academy High School Principal

\$110-125K/yr

Policy, Advocacy, and Community Engagement (PACE) Manager

\$75-85K/yr \$29-30/hr

Youth Housing Coordinator Family Shelter Advocate (PT or On Call)

\$27,50/hr+

Domestic Violence Hotline Advocate

\$27/hr+

Academic and Enrichment Coordinator \$25-27/hr **Rent Assistance Advocate**

\$25-26/hr

GED Success Coach

\$25/hr+

Independent Living Program Specialist \$20/hr+ **Parent-Child Support Specialist**

\$20/hr+



*DOE: Salary is dependent upon experience. All jobs are located in Portland or Vancouver.

Visit nayapdx.org/about/jobs to learn more.

07/2024

Paid ad

MEET AND GREET WITH MICHAEL CHERRY

July 27, 12-3p

Grand Ronde Day Park

Join us for a special Meet & Greet with Michael Cherry!

Your voice matters! Come share your thoughts, ask questions, and get to know Michael Cherry, your candidate for reelection to the Grand Ronde Tribal Council. This is your opportunity to discuss the future of our community, learn more about Michael's vision, and to share your thoughts.

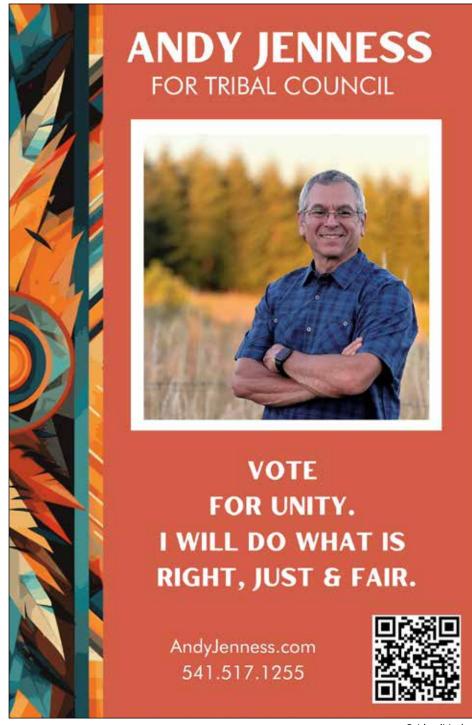
Refreshments will be provided. Bring your family and friends!

Together, let's make our community stronger. Your support and input are invaluable. We look forward to seeing your there!

When: July 27, noon to 3 PM Where: Grand Ronde Day Park

Visit MichaelCherry.co to learn more.







Massage at Health & Wellness

Hi, my name is Shawna Ray. I have been a licensed massage therapist in the Yamhill and Polk county area for eight years. I will be at the Health & Wellness Center on Mondays providing massage therapy as an on-site contractor and I am contracted with Shasta.

Contact 971-241-4323 by text or voice message to schedule appointments. Co-pay still may apply. I'm looking forward to working with those in the community to deliver a holistic approach to pain management, relaxation and overall wellness. ■

Health & Wellness Center entrance

Reminder: The drive-through entrance at the Health & Wellness Center is for loading and unloading only. The entrance was built with our Elders and those with mobility issues and their ease of access in mind. If you are coming to the center to pick up prescriptions, please park

in one of our regular parking spaces.

World Brain Day

Monday, July 22 is World Brain Day. It is supported by the World Federation of Neurology, which is devoted to brain health and prevention, and hopes to make everyone aware of the importance and role of optimizing brain health over the lifespan for the prevention of neurological disease.



Facts about the brain:

- Multitasking is impossible: When we are multitasking, we are switching back-and-forth between tasks. Research shows your error rate goes up to 50% and it takes you twice as long to do things.
- An adult brain weight about 3 pounds: The cerebrum makes up 85% of the brain's weight and the brain makes up about 2% of a human's body weight. The texture of the brain is like a firm jelly.
- About 75% of the brain is made up of water: This means that dehydration can have a negative effect on brain functions.
- The human brain will triple its size the first year of life: A 2-year-old baby will have an 80% fully grown brain and it will continue to grow. It isn't until about the age of 25 that the human brain reaches full maturity.
- The human brain contains approximately 100 billion neurons: This is about the same as the number of stars in the Milky Way Galaxy. Information runs between these neurons in your brain for everything we see, think or do. These move information at different speeds with the fastest speed for information to pass between them is about 250mph. They make up 10% of the brain.
- The brain can't feel pain: There are no pain receptors in the brain itself.
- The human brain gets smaller as we get older: The brain keeps developing until you are in your late 40s. Around mid-life, the brain will begin to shrink. However, size doesn't matter in the brain. There is no evidence that a larger brain is smarter than a smaller one.

10 Early signs and symptoms of decline in brain health:

- 1. Memory loss that disrupts daily life.
- 2. Challenges in planning or solving problems.
- $3.\ Difficulty\ completing\ familiar\ tasks.$
- 4. Confusion with time or place.
- $5.\ Trouble\ understanding\ visual\ images\ and\ spatial\ relationships.$
- 6. New problems with words in speaking or writing.
- $7. \ {\rm Misplacing} \ {\rm things} \ {\rm and} \ {\rm losing} \ {\rm the} \ {\rm ability} \ {\rm to} \ {\rm retrace} \ {\rm steps}.$
- 8. Decreased or poor judgment.
- 9. Withdrawal from work or social activities.
- 10. Changes in mood and personality.

If you are experiencing any concerns regarding brain health, contact your health care provider for an evaluation. If you have additional questions, contact Community Health and ask to speak with our Dementia Care Specialist at 503-879-2078. ■

Palliative and hospice care

Palliative and hospice care are similar, but there are some key differences. Both focuses on the needs of the patient and their quality of life. As health statuses change, the kind of care and your needs change. Palliative and hospice allow you as well as your family to be supported through those changes.



Palliative care:

Palliative care focuses on easing pain and discomfort, reducing stress, and helping people have the highest quality of life possible. It is a resource for anyone living with a serious illness. You can receive palliative care while also receiving curative and therapeutic care for an illness, such as chemotherapy, dialysis or surgery. It includes many services including pain and symptoms management, care coordination with your healthcare team, assistance with developing your plan of care, help with insurance forms and advanced directives. It can be provided as long as it's needed.

Hospice care:

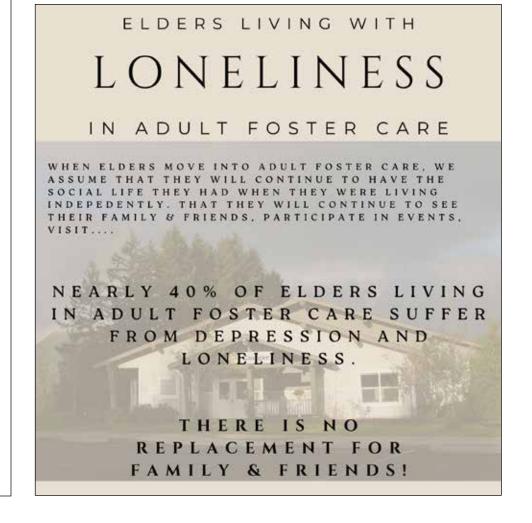
Hospice care focuses on the quality of life when a cure is no longer possible, or the burdens of treatment outweigh the benefit. Entering into a hospice program occurs generally when your healthcare provider feels that life expectancy is 6 months or less. The benefit may be extended however, multiple times if improvement is seen, or decline did not occur. When receiving hospice care, curative treatment is discontinued. Medications are received that enhance the quality of life and manage symptoms to ensure that comfort is maintained. Hospice care includes pain and symptom management, emotional support, medications and medical supplies, support for caregivers, grief support, and many include special services such as speech, massage and music therapy.

Hospice care misconceptions:

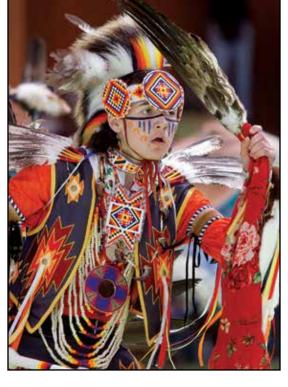
Many people assume that hospice means choosing death or giving up. That is not the case, hospice is care that focuses on treating symptoms at the end of life. Choosing hospice does not mean giving up, it simply means that treatment will aim to improve the quality of life rather than trying to cure the disease. Many also believe that hospice is only for cancer patients. When hospice began in the mid-1970s, most people cared for by hospice did have cancer. Today, while many still do, the majority have other life-limiting illnesses such as end-stage heart disease; neurodegenerative diseases such as Parkinson's disease, lung or kidney disease, Alzheimer's and other dementias.

When and how to choose hospice:

Choosing hospice means choosing to focus on living as fully and comfortable as possible during the time that you have left. You may have reached a point when treatment is unlikely to be effective or continuing treatment has become too burdensome. When choosing hospice, patients focus on how well they can live the rest of their lives rather than on how long they can keep living, especially if living longer means living with stress and without time to engage in the activities that really matter. With this view in mind, it's clear that choosing hospice is about choosing quality over quantity. If you or someone you know would like to discuss palliative care or hospice further, contact your healthcare provider and schedule an appointment.



2024 CONTEST POUVOV







Specials:

Bussels us. shawls men and women's fancy shawl special (18+)

1 men's champ, five consolations 1 women's champ, five consolations Overall champ - \$1400 Runner-up champ - \$800 Each consolation - \$200

Luck of the draw -Friday night

One men's category – \$500 One women's category – \$500

Best dressed drum group -Saturday Night

\$800 - \$600 - \$400

New this year -Men's chicken category

Ages 18 – 54 \$1000 - \$700 - \$500 - \$300 - \$200

Teen girls traditional

Outgoing Junior Miss Queen Marie Quenelle teen girls traditional "second song" special. Three places

Clean and sober event: Thank you for respecting the Grand Ronde community and our culture by not displaying gang affiliation or bringing alcohol/drugs or weapons to this event.









Friday, August 16

11 a.m. – Royalty pageant 5 p.m. – Royalty outgoing 5 p.m. - Crowning ceremonies 7 p.m. – Grand entry

Saturday, August 17

1 p.m. – Grand entry 7 p.m. – Grand entry

Sunday, August 18

11 a.m. – Indian auction 1 p.m. – Grand entry

For more information

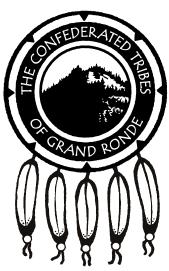
Vendors: 503-879-4533 • 503-879-2037 Spirit Mountain Casino: 800-760-7977 www.grandronde.org

uyxat Powwow Grounds

9600 Highway 22 (Hebo Road) Grand Ronde, OR 97347

Camping available

\$5 with parking – open Wednesday



AUG. 16-18

Emcee **Howie Thompson**

Arena director

Anthony Quenelle

Head drum judge Opie Day

Head dance judge Doug Schofield

Host drum Northern Cree

Invited drums only

- Cree Confederation
- Ozuye
- Battle Nation
- Ho-Chunk Station
- Bad Eagle
- Drum contest prizes

