



Earth Day
cleanup event
— pg. 9



MAY 1, 2024

SMOKE SIGNALS

UMPQUA · MOLALLA · ROGUE RIVER · KALAPUYA · CHASTA

AN INDEPENDENT PUBLICATION OF THE CONFEDERATED TRIBES OF GRAND RONDE · SMOKESIGNALS.ORG

Shasta to close, plan participants asked to consider delaying non-essential medical care

By Danielle Harrison

Smoke Signals editor

The Confederated Tribes of Grand Ronde provided an employee update on the status of its health insurance plan on Wednesday, April 24.

“Over the last few months, the Tribe has been working to transition the administration of its health care plans for both Tribal members and employees away from Shasta Administrative Services and over to our new administrator, Forest County Potawatomi,” an all-employee email said. “While we are happy to report that the transition is still progressing as planned, the situation at Shasta has slowly deteriorated and we are actively looking to find ways to support Shasta in its efforts to keep processing claims as it winds down.”

As a precaution and to help minimize issues with claims processing, the Tribe is asking Tribal members and employee plan members to consider the postponement of elective or non-essential services until July 1, when the transition to a new health insurance plan occurs.

According to the American Medical Association, a non-essential service is, “a surgery or procedure that can be delayed without undue risk to the current or future health of a patient.”

“This will help smooth the transition until we begin service with our new administrator,” the email said. “We are working diligently to support the transition in the best way we can and understand that many of you will have questions and concerns. Please be patient with us and with staff as we navigate this challenging situation. We

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Photo by Michelle Alaimo

Tribal member and Willamina High School senior Cohen Haller has received numerous awards for basketball during his high school career. Some of these include selection as an all-league and all-state player every year since he was a freshmen, most valuable player at Willamina for the past 3 years and being named the News-Register Athlete of the Year.

Baller for life

Tribal member Cohen Haller scores prestigious all-league, tournament honors

By Danielle Harrison

Smoke Signals editor

While in elementary school, Tribal member Cohen Haller remembers a fellow basketball player that he really admired telling him he would never be a point guard.

“He looked like he was ready to cry when I picked him up from school that day,” his dad, Tribal member Rich Haller, said. “He told me what had happened and I asked him a question. ‘Do you believe that?’”

The answer was no.

“Well, I don’t believe it either,” Rich said.

Fast forward several years and Cohen, 18,

is one of the most celebrated 2A league point guards in the state of Oregon and has received numerous awards for basketball during his high school career. These honors include selection as an all-league and all-state player every year since he was a freshmen, most valuable player at Willamina High School for the past 3 years and an array of senior year accomplishments.

He scored a quarter of all of Willamina’s points during the regular 2023-24 season, was selected to first team all-league, second team

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Six names being added to Veterans Memorial



Smoke Signals file photo

By Danielle Harrison

Smoke Signals editor

Six names, including that of Tribal member Robert E. Patterson, will be added to the West Valley Veterans Memorial during the Monday, May 27, ceremony being held on the Grand Ronde Tribal campus.

Patterson’s name will go up on the Navy pillar along with the names of Scott B. Leclair and

Timothy R. Linn.

The six pillars at the West Valley Veterans Memorial feature the names of Tribal and community members from Grand Ronde, Willamina and Sheridan who served in the four major branches of the U.S. military – Army, Navy, Air Force and Marine Corps.

The addition of six names this year will increase the number of those honored on all pillars to 2,388.

Tribal member JC Rogers sings the national anthem during the Memorial Day observance held at the West Valley Veterans Memorial last May. This year’s Memorial Day observance will begin with a meal served in the Tribal Community Center starting at noon and the ceremony occurring outside at the Veterans Memorial starting at 1 p.m.

The memorial had four pillars until 2023, when the Tribe received a \$33,000 grant from Oregon State Parks to install two new black granite slab pillars at the memorial because the ones containing names of Army and Navy veterans were reaching capacity.

Other names being added include Curtis J. Hubbell on the Army pillar and Joseph E. Gaines and Megan A. Davis on the Air Force pillar.

The Memorial Day ceremony will begin with a meal being served in the Tribal Community Center starting at noon and the ceremony occurring

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General Council meeting

11 a.m. Sunday, May 5

Governance Center Chambers

Tribal members can participate remotely via Zoom and in-person attendance. Call 503-879-2304 for more information.

NOTICE — Monthly Tribal Council Wednesday Meetings

DATE	TIME
Wednesday, May 1.....	4 p.m.
Wednesday, May 15.....	4 p.m.

Please note that these times and dates are subject to change if needed. In-person attendance in Tribal Council Chambers and via Zoom.

LETTERS

Dear Smoke Signals,

Not having children or grandchildren of my own, I don't have a personal dog in this lineal descent fight except that I recognize that our Tribe's children, all of them, deserve the same benefits that we are receiving.

We want them to be properly clothed, fed and well-educated. That will give them opportunities that some of us never had because our families were poor and the Tribe didn't yet have the kind of income that we have now.

I want so much for our young people to have every opportunity to thrive and do well in their lives.

We can help them get there by welcoming them into Tribal membership.

Judy G. Williams

Roll No. 2888

Gas discount in Grand Ronde

Grand Ronde Tribal members, as well as Tribal and Spirit Mountain Casino employees, can receive a 30-cent per gallon discount on gasoline at the Tribally owned Grand Ronde Station convenience store.

There are, however, a few rules. Tribal members and employees must go inside and show either their enrollment card or employee identification card to receive the discount. ■

TRIBAL OFFICE CLOSURES

Tribal offices will be closing at noon Friday, May 24, and closed on Monday, May 27, in observance of Memorial Day.

NOW ACCEPTING NEW AND EXPIRING TERM APPLICATIONS!!

TRIBAL COMMITTEE/BOARD AND COMMISSION

*DO YOU WANT TO BE MORE INVOLVED WITH THE TRIBE?

*ARE YOU INTERESTED IN MAKING POSITIVE CHANGES FOR FUTURE GENERATIONS?



APPLY TODAY

OR PICK UP A HARD COPY NEAR GOVERNANCE SECURITY.

PLEASE DIRECT ANY QUESTIONS TO TRIBAL COUNCIL ADMINISTRATIVE ASSISTANT SHANNON HAM-TEXEIRA@SHANNON.HAM-TEXEIRA@GRANDRONDE.ORG OR CALL (503) 879-2301.

smok signalz

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DEADLINE DATE	ISSUE DATE
THURSDAY, MAY 9.....	MAY 15
TUESDAY, MAY 23.....	JUNE 1
FRIDAY, JUNE 7.....	JUNE 15
WEDNESDAY, JUNE 24.....	JULY 1

EDITORIAL POLICY

smok signalz, a publication of the Confederated Tribes of the Grand Ronde Community of Oregon, is published twice a month. No portion of this publication may be reprinted without permission.

Our editorial policy is intended to encourage input from Tribal members and readers about stories printed in the Tribal newspaper. However, all letters received must be signed by the author, an address must be given and a phone number or email address must be included for verification purposes. Full addresses and phone numbers will not be published unless requested. Letters must be 400 words or less.

smok signalz reserves the right to edit letters and to refuse letters that are determined to contain libelous statements or personal attacks on individuals, staff, Tribal administration or Tribal Council. Not all letters are guaranteed publication upon submission. Letters to the editor are the opinions and views of the writer. Published letters do not necessarily reflect the opinions of smok signalz.

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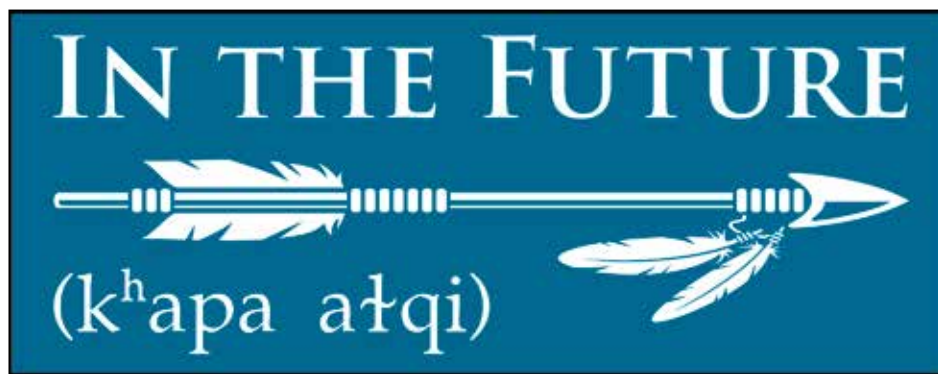
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qwinem-mun (May)

- Wednesday, May 1 – Tribal Council meeting, 4 p.m., in-person attendance in Tribal Council Chambers and via Zoom. 503-879-2304.
- Thursday, May 2 – Tribal Veterans Service Office beginner guitar class, 2-3:30 p.m., Tribal Community Programs Building. Lunch is provided. 503-879-1484.
- Sunday, May 5 – General Council meeting, 11 a.m., Tribal Council Chambers and via Zoom. 503-879-2304.
- Tuesday, May 7 – Tribal Veterans Service Office research room tour, 11-2 p.m., Chachalu Tribal Museum & Cultural Center. 503-879-1484.
- Thursday, May 9 – Tribal Veterans Service Office beginner guitar class, 2-3:30 p.m., Tribal Community Programs Building. Lunch is provided. 503-879-1484.
- Wednesday, May 15 – Tribal Veterans Service Office yoga, 2-3 p.m., Tribal Community Programs Building. Snacks provided. 503-879-1484.
- Wednesday, May 15 – Tribal Council meeting, 4 p.m., in-person attendance in Tribal Council Chambers and via Zoom. 503-879-2304.
- Tuesday, May 21 – Tribal Veterans Service Office “Romance Scams” presentation, 10-11 a.m., Tribal Community Programs Building. Lunch provided. 503-879-1484.
- Monday, May 27 – Tribal offices closed in observance of Memorial Day.
- Monday, May 27 – Memorial Day Ceremony, 1 p.m., West Valley Veterans Memorial, 9615 Grand Ronde Road. Meal served at noon in the Tribal Community Center.
- Wednesday, May 29 – Tribal Veterans Service Office yoga, 2-3 p.m., Community Programs Building. Snacks provided. 503-879-1484.
- Wednesday, May 29 – Tribal Council meeting, 4 p.m., in-person attendance in Tribal Council Chambers and via Zoom. 503-879-2304.

taxam-mun (June)

- Wednesday, June 12 – Tribal Council meeting, 4 p.m., in-person attendance in Tribal Council Chambers and via Zoom. 503-879-2304.
- Wednesday, June 19 – Tribal offices closed in observance of the Juneteenth commemoration.
- Sunday, June 23 – Tribal Council nominations, 11 a.m., in-person attendance in Tribal Council Chambers and via Zoom. 503-879-2304.
- Wednesday, June 26 – Tribal Council meeting, 4 p.m., in-person attendance in Tribal Council Chambers and via Zoom. 503-879-2304.

To stay informed of future Tribal events, visit www.smokesignals.org/calendar.

Tribe purchased 51% of Shasta in November 2012

SHASTA continued from front page

will continue to provide updates as they become available.”

On the business side, the Tribe still owns 51% of Shasta, purchased in November 2012 with Hawaii-Western Management Group, which owns 49%. The purchased price was not disclosed.

Then-Tribal Economic Development Director Titu Asghar said the purchase made sense in the Tribe’s pursuit of diversifying its non-gaming businesses because the company was already processing claims for the Tribe’s self-funded health plans.

The Tribe has made several loans to Shasta through Upqwena LLC since 2022 to help the company with ongoing operational expenses and alleviating backlogged claims. To date, it has provided nearly \$2 million. Upqwena is owned by the Tribe for the purpose of funding small business enterprises.

Shasta has sent notice to all clients that they will be closing operations. If the company is liquidated, the Tribe’s 51% ownership will end.

Liquidation is the process of bringing a business to an end and distributing its assets, an event that usually happens when a company cannot pay all of its creditors. As operations cease, any remaining

assets are used to pay creditors and shareholders, depending on the priority of a claim.

“It is unlikely that the Tribe will get all its money back,” the email said. “The Tribe has made contributions to Upqwena LLC to be loaned to Shasta in an effort to keep operations going and claims processing while the Tribe transitions its plans. We want our plan participants’ claims processed and paid. Any and all contributions have been made in an effort to minimize processing delays and plan disruption.”

Tribal Communications Director Sara Thompson added that it is unknown at this point how much will be available to repay the debt to Upqwena.

“The Tribe’s focus right now is minimizing the impacts of Shasta’s closure on those covered by our plans and making the transition to the new (third-party administrator) as smooth as possible,” she said.

Employees are asked to contact Benefits & Risk Manager Tammy Gould at 503-879-2031 for more information.

Tribal members with questions about Skookum coverage should call Health Benefits Specialist Barbara Steere at 503-879-2487 or Business Office Manager Melody Baker at 503-879-2011. ■

MARRIAGES IN TRIBAL COURT

Tribal Court is issuing marriage licenses and able to perform marriage ceremonies for a filing fee of \$40. Contact the Tribal Court at 503-879-2303. ■

Confederated Tribes of Grand Ronde



Now Hiring Lodge Caregivers

- Full Time and On Call Positions available.
- No Experience Required, 8 week training provided.
- CNA/CMA certifications eligible for \$1 bonus/hour.
- Starting pay with no/minimal experience \$22.36.
- Benefits for eligible teammates.

www.grandronde.org/employment/
EmploymentTeam@grandronde.org
 503-879-2109



Calling All Shoppers! ELDER CENTER TRIBAL MARKET

COME CHECK OUT SOME LOCAL VENDORS! DON'T FORGET MOTHER'S DAY IS COMING.

Event Details:

May 10th, 2024
 Elder Activity Center
 Blacktail Drive, Grand Ronde
 10am to 2pm

- Tribal Members will be selling their hard work



Food Bank news

The Grand Ronde Food Bank – *iskam məkʰmək haws* – is operated by Marion-Polk Food Share, which has been leading the fight to end hunger since 1987 because no one should be hungry.

Recipients of SNAP, TANF, SSI or LIHEAP assistance automatically qualify for assistance at the Grand Ronde Food Bank, 9675 Grand Ronde Road. No one will be turned away in need of a food box.

“We believe that everyone deserves to have enough to eat,” Food Bank Coordinator Francene Ambrose says. “You are welcome to get a food box at each of our regular weekly distributions. No one will be turned away in need of a food box.”

The Food Bank will hold May food box distributions from 10 a.m. to 2 p.m. Fridays. In addition, there is a light food box (mostly bread and produce) distribution from 10 a.m. to 2 p.m. Wednesdays.

People must check in 15 minutes before closing to receive a food box on both days. If you need immediate assistance, call 211 or visit 211info.org.

Those who are unable to pick up a food box can fill out an authorized representative form and that designated person can pick up a food box on your behalf. The authorization is good for one year.

The Food Bank continues to seek volunteers to help with repacking food, putting food on the shelves, handing out food boxes, end-of-month inventory and picking up food donations at area stores.

Call to ensure someone is available to assist. People also can sign up for a monthly email for the Food Bank calendar and events, as well as follow the Food Bank on Facebook.

The Food Bank is an equal opportunity provider. Contact Ambrose at 503-879-3663 or fambrose@marionpolkfoodshare.org for more information or to volunteer. ■

Committee & Special Event Board meeting days and times

- **Ceremonial Hunting Board** meets as needed. Chair: Marline Groshong.
- **Culture Committee** meets as needed at the Grand Ronde Food Bank/*iskam məkʰmək haws*, 9675 Grand Ronde Road. Chair: Francene Ambrose.
- **Editorial Board** meets monthly. The next meeting will be held at 10:30 a.m. Wednesday, May 15, via Zoom. Contact Chair Mia Prickett at Editorial.Board@grandronde.org for the meeting link.
- **Education Committee** meets at 5:30 p.m. on the last Tuesday of the month in the Adult Education building. Chair: Tammy Cook.
- **Elders Committee** meets at 10 a.m. the first and third Wednesday of the month in the Elders Activity Center. Chair: Carmen Robertson.
- **Enrollment Committee** meets quarterly in Room 204 of the Governance Center. Chair: Debi Anderson.
- **Fish & Wildlife Committee** meets at 5:30 p.m. the second Tuesday of the month at the Natural Resources building off Hebo Road. Chair: Reyn Leno.
- **Health Committee** meets at 10 a.m. the second Tuesday of the month in the Molalla Room of the Health & Wellness Center. Chair: Darlene Aaron.
- **Housing Grievance Board** meets at 3 p.m. the third Thursday of the month in the Housing Department conference room. Chair: Shayla Myrick-Meyer.
- **Powwow Special Event Board** meets as needed at the Community Center. Dates vary. Contact Dana Ainam at 503-879-2037. Chair: Dana Ainam.
- **TERO Commission** meets at 10 a.m. the second Tuesday of the month in the Employment Services building. Chair: Russell Wilkinson.
- **Timber Committee** meets at 5 p.m. the second Thursday of the month at the Natural Resources building off Hebo Road. Chair: Jon R. George.
- **Veterans Special Event Board** meets at 5:30 p.m. the first Tuesday of the month in the Quenelle House. Chair: Raymond Petite.

To update information on this list, contact Smoke Signals Editor Danielle Harrison at 503-879-4663 or danielle.harrison@grandronde.org.

Health & Wellness Center offering vaccines

The new COVID-19 vaccine, Spikevax, is available at the Health & Wellness Center for adults 18 and older. It is recommended for those with chronic health conditions such as chronic obstructive pulmonary disease, kidney failure and heart failure, regardless if they have received older vaccines. Spikevax is not a booster.

Another vaccine that is recommended is for RSV, which is available to babies 8 months and younger, for expectant mothers who are 32 to 36 weeks pregnant and in limited amounts for those 60 and older.

For more information, call the Health & Wellness Center at 503-879-2002. ■



2019 – Tribal Council member and Tribal Elder Steve Bobb Sr. was inducted into the first Willamina High School Hall of Fame at an induction dinner and auction. The event was a benefit for the school’s athletic program. “Steve has made outstanding contributions to the athletic program at Willamina High School as a Bulldog supporter,” Athletic Director Jerry Buczynski said. Bobb attended Willamina High School in the 1960s.

2014 – The Tribe’s Cultural Education and Outreach Program was working on a Chinuk Wawa language application. Tribal members had an opportunity to volunteer to have their photo taken to accompany words in the app. The free app was being made for the iPhone and iPad, and one for the Android operating system was to follow in 2015.

2009 – Tribal member and Youth Education High School Lead/Tutor Chris Bailey was accepted into the Sapsik’wala Teaching Program at the University of Oregon. Sapsik’wala is a teaching degree program that supports education, training and mentoring of Native American teachers. Classes began in June 2009 and ended in August 2010.



2009

File photo

2004 – The Tribe’s Youth Education Department held its annual College & Career Fair in the Tribal gym. More than 200 students attended the fair, which had 34 booths and included representatives from Northwest Indian College, community colleges, state colleges, private universities, military recruiters, lending agencies and job corporations. The purpose of the day was to promote colleges and careers for students after high school graduation.

1999 – For the first time ever, Grand Ronde’s basketball team made the national Indian tournament where they made a valiant effort against some tough competition. Melvin Brisbois, Richard Brisbois, Haa-nah Mike, Issack Kentta, Lenny Logan and Duane Manyhides played some tough games in the National Indian Athletic Association’s 26th annual basketball championship in Salem, but did not bring home any victories.

1994 – Tribal Council and the Spirit Mountain Development Corp. developed an employment policy for staffing the new gaming center. Bruce Thomas, the corporation’s executive director, said that if a Tribal member and non-Tribal worker applied for the same job, the Tribal member would be given preference – if the two were judged to be equal in all requirements.

1989 – The Tribe’s annual Memorial Day gathering was set for Saturday, May 27. It was held at the Grand Ronde Elementary School.

Yesteryears is a look back at Tribal history in five-year increments through the pages of Smoke Signals.

FOOD DRIVE

Please help us collect non-perishable foods for a food program to help youth in the Sheridan area for weekends and non school days. Now through May 15th

DROP-OFF LOCATION:

Elder Activity Center
48940 Blacktail Drive
Grand Ronde, OR

ITEMS NEEDED:

Non Perishable, Individual items would be preferred.
Mac and Cheese, Noodles, Fruit Cups, Granola Bars, Cheese and Crackers, Soup, etc. All items are appreciated!



Tribal librarian wins nationwide contest

By Danielle Harrison

Smoke Signals editor

When Tribal Librarian Kathy Cole first received a congratulatory email for being one of eight librarians throughout the country who had won an all-expenses paid trip to Boston, her first thought was, "Is this spam?"

"I just couldn't believe it," she said.

After showing the email to a colleague, Cole phoned the sender, Anna Cesary.

Cesary is the executive assistant to Jeff Kinney, author of the mega-bestselling "Diary of a Wimpy Kid" series. Kinney launched a nationwide search last fall to coincide with the release of his 18th book in the series, "No Brainer," with the goal of finding extraordinary librarians and treating them to a fun-filled weekend trip in Boston.

"Kathy's reaction was one of my favorites," Cesary said. "She was just so shocked that she had won."

Cole was nominated for the honor by Tribal Family & Community Partnership Coordinator Rebecca Ambrose.

Selecting the winners was a collaborative process between Kinney's team at Wimpy Kid Inc. and his publisher, Abrams Books,



Photo by Michelle Alaimo

Tribal Librarian Kathy Cole was recognized as a first-class librarian as part of the nationwide campaign for author Jeff Kinney's latest book "Diary of a Wimpy Kid: No Brainer." Cole's prize package includes a paid trip to Boston, Mass., to meet Kinney and tour the Wimpy Kid studio.

according to Cesary.

"This was a nationwide contest and as such, we received hundreds of submissions," Cesary said. "Kathy's nominator detailed an impressive library program spearheaded by Kathy, an extremely thoughtful array of quality offer-

ings for her community. Just one example is that Kathy coordinates Blind-Date-With-A-Book events, which caught our eye."

Cole will spend the weekend of June 7-9 in Boston, which will include sightseeing, food and library excursions. It concludes with a

field trip to Kinney's bookstore, An Unlikely Story, in Plainville, Massachusetts and a tour of the Wimpy Kid studio.

"It will be my first time in Boston and I'm excited for everything, especially the Boston Public Library," Cole said.

Additionally, Kinney will donate 50 books to the Tribal library.

"The trip to Boston in June will be a fun-filled and truly memorable weekend, we hope," Cesary said. "Our winners are exceptional librarians and really, the spirit of the weekend is celebration. We want to recognize and honor these librarians for doing what they do and we think it will feel special to get them in the same room as one another."

She added, "This is the first time Jeff has sponsored anything quite like this. In fact, news of winning this contest was so unbelievable to some of our librarians that we had to legitimize by following up with articles."

Cole has served as the Tribal librarian for 4 years and credits Library Aide Crystal Bigelow for helping her run a diverse program.

"It's just the two of us here and she's always in the middle of everything with me," she said. ■

'I try to always be really humble'

BALLER continued
from front page

all-tournament for his work at the state tournament in Pendleton, was one of five players in his league to be named to the all-defensive team and was named the News-Register Athlete of the Year.

Additionally, Cohen's 26-point game in post-season play was the highest in the tournament and his free-throw percentage was second highest after Willamina's game against Regis High School on Friday, March 1.

It was a fitting conclusion to his high school basketball career after years of daily practice, gym workouts and time spent studying his craft via YouTube technique videos and games.

When asked about these accomplishments, Cohen is decidedly modest.

"I try to always be really humble,"

he said. "It's a nice feeling to be recognized like that but I always feel you should stay really calm and stable with your emotions and not get too excited."

For Cohen, emerging as a strong basketball player came between fourth- and fifth-grade, when he would sit for hours on the kitchen floor and dribble a basketball to the video game NBA Baller Beats, which he said is similar to Guitar Hero but the objective is to bounce the ball to the beat.

"For the next two full years I think, he drove me nuts with the sound because it was right near our living room wooden floor where the T.V. was, but you could see him getting better every day," Rich said with a smile. "He came back the next year and the coach was like, 'What happened to Cohen?' At that point, he was just shining and that carried over into AAU ball as well."

When he was in middle school, Co-

hen was called up to the high school level for summer league ball, where he was competing against kids who were much bigger and older.

"He's always been a pass-first player," Rich said. "So kids love to play with him because he's not one of those kids who scores 30 points a game. He could, but he's unselfish with how he plays."

This season, Cohen and his fellow Willamina Bulldogs were determined to secure a spot to compete in the state tournament in Pendleton.

"We were really focused on winning, not any high-point games, just get in every game and get a win," he said.

Even on days when Cohen isn't playing basketball, it's still top of mind.

"Whenever I come home and want to watch something, it's YouTube basketball, two hours a day," he said. "Playing basketball can range from an hour to five hours, however long I can stay in the gym. I'm always trying to learn and get better."

Added Rich, "It's always been a really big focus and he would spend a large majority of his sophomore and junior years getting to school at 6 a.m., and he would work out until 8 a.m., and then he wouldn't get home until almost 9 p.m. after evening practice...That's an idea of how hard he works."

Cohen's mom, Sunni Ulestad, is proud of her son's work ethic in basketball and in how he lives his life.

"I think I would just like to say besides his basketball achievements, he is such a humble human being," she said. "He is kind, young kids look up to him and he's one of the hardest

working kids I know. He has never let a single thing get in the way of the success he's had on the court. He really is the best son I could have ever imagined...made it really easy being his mom. I can't wait to see what he does in the future, on and off the basketball court."

When he's not practicing basketball, Cohen enjoys playing the guitar. He's also an honor roll student and was inducted into the National Honor Society last year.

Now that his final high school season has concluded, Haller is focused on the next phase of life: College ball. He's been invited to open gyms with players from Linn-Benton Community College and George Fox University. He also plays for a men's basketball league in Salem.

"I've just been all around, trying to get in front of coaches, trying to practice and get better," he said.

Future basketball endeavors include an all-state tournament with other Oregon 2A league players in June and Native American basketball invitational tournament in Phoenix in July.

No matter what the next phase of life brings, Cohen sees basketball as always being a part of it.

"I think I really just like being able to play with friends, you know?" he said. "Also, just the competitiveness when you can get the right people around you. It's nice when you can go to a gym and have people around you who are also your friends compete at a really high level. You can tell who works hard and who doesn't. I really feel basketball is a community no matter where you go." ■

Tribal Elder named CLUSI Elders Honor Day queen

Grand Ronde Tribal Elder Phyllis Brown was named queen of the Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians Elders Honor Day.

The event was held Friday and Saturday, March 15-16, at the Three Rivers Casino Resort in Florence and was open to Tribal Elders from across the state to gather, visit and celebrate.

Brown was selected as queen on Friday after her name was drawn in a raffle. She was crowned with a cedar bark headpiece, wrapped in a Pendleton blanket and given a gift basket. ■

~ Contains information from the *The Voice of CLUSI*



Tribal member Angella Schultz paints a landscape scene during the Full Moon Family Paint Night held at the Tribal Community Center on Tuesday, April 23. The event was hosted by the Tribe's Children & Family Services Program to provide an evening of painting to celebrate healthy activities for families. Tribal member Diana Robertson guided participants as they painted.



Paint night

Andy Peterson outlines a flower he's painting during the Full Moon Family Paint Night at the Tribal Community Center on Tuesday, April 23.



Tribal member Janel Lara paints a flower during Full Moon Family Paint Night.

Photos by Michelle Alaimo

GENERAL COUNCIL ORDINANCE OPEN FOR COMMENT

The Tribal Council is considering amendments to the General Council Ordinance. The proposed amendments were given a first reading at the Wednesday, April 3, 2024, Tribal Council meeting.

The proposed amendments would change the date on which Spirit Mountain Gaming Inc. presents an overview of its operations from the September to the March General Council meeting and may include minor technical (i.e., formatting and typographical) modifications.

Tribal Council invites comment on the proposed amendments to the General Council Ordinance. For a copy of the proposed amendments, contact the Tribal Attorney's Office at 503-879-4664 or legal@grandronde.org. Send your comments to the Tribal Attorney's Office, 9615 Grand Ronde Road, Grand Ronde, OR, 97347 or by email to legal@grandronde.org.

Comments must be received by Wednesday, May 15, 2024. ■

GOVERNMENTAL CORPORATIONS ORDINANCE OPEN FOR COMMENT

The Tribal Council is considering amendments to the Governmental Corporations Ordinance. The proposed amendments were given a first reading at the Wednesday, April 3, 2024, Tribal Council meeting.

The proposed amendments would change the date for corporate boards to submit their proposed budgets to the Tribe's Finance Officer from Oct. 31 to Oct. 1 of each year and may include minor technical (i.e., formatting and typographical) modifications.

Tribal Council invites comment on the proposed amendments to the Governmental Corporations Ordinance. For a copy of the proposed amendments, contact the Tribal Attorney's Office at 503-879-4664 or legal@grandronde.org.

Send comments to the Tribal Attorney's Office, 9615 Grand Ronde Road, Grand Ronde, OR, 97347 or by email to legal@grandronde.org.

Comments must be received by Wednesday, May 15, 2024. ■

CHINUK WAWA EDUCATION PROGRAM

Are you considering the K-6 chinuk wawa immersion skul for your child?

WE WILL BE HOSTING MANDATORY K-6TH GRADE CHINUK WAWA IMMERSION SKUL MEET AND GREET FOR THE 2024/2025 SCHOOL YEAR



This will include information about full day Kindergarten!

- WEDNESDAY, MAY 8TH @ NOON AT THE CHINUK WAWA SKUL
- THURSDAY, MAY 9TH @ 5:30PM AT THE CHINUK WAWA SKUL
- WEDNESDAY, MAY 15TH @ 5:30PM BY ZOOM

COME SEE OUR SCHOOL, LEARN ABOUT CURRICULUM, AND GET A BETTER UNDERSTANDING OF WHAT WE DO!



ATTENDANCE TO ONE OF THE MEET AND GREET TIMES OFFERED ABOVE IS REQUIRED IF YOUR CHILD IS NOT CURRENTLY IN THE CHINUK WAWA EDUCATION PROGRAM. IF YOU DO NOT ATTEND, YOUR CHILD'S APPLICATION WILL NOT BE CONSIDERED.

There will be no make-up options so please plan accordingly!

QUESTIONS? PLEASE EMAIL JUSTINE.FLYNN@GRANDRONDE.ORG

Memorial dedicated in 2003

MEMORIAL continued from front page

outside at the West Valley Veterans Memorial starting at 1 p.m.

The memorial was designed by late Tribal Elder Steve Bobb Sr., a Vietnam War-era Marine Corps veteran who walked on in August 2022. It features a man and woman dressed in traditional Native clothing standing side by side while reaching for the sky.

This will be the 21st Memorial Day celebration at the West Valley Veterans Memorial, which was dedicated in May 2003, because the 2020 event was canceled due to the COVID-19 pandemic.

Additional details about the ceremony were not available before press time.

For more information, contact Veterans.SE@grandronde.org or Molly Leno at 503-879-5211. ■



WARRIORS OF HOPE
MMIP ANNUAL EVENT
MAY 3RD, 10AM-2PM IN GR
COMMUNITY CENTER

INDIAN TACO FUNDRAISER FOR HEATHER CAMERON'S FAMILY
11:30AM-1:30PM

INDIAN TACO - \$5
FRYBREAD - \$3
SODA - \$1
(VENMO & CASH ACCEPTED)

- T-SHIRT MAKING
- FACE PAINTING
- AWARENESS DISPLAYS



Wood-burn exhibit

The Fire to Wood exhibit opening was held on Wednesday, April 17, at Chachalu Tribal Museum & Cultural Center. The exhibit features carved, laser engraved and wood-burned artwork by Tribal Cultural Advisor and Tribal member Bobby Mercier, who has been carving for approximately 20 years. Mercier purchased a laser engraver with the 2023 Native Creative Development Grant he was awarded from The Evergreen State College in Washington state. In the grant application, he stated that he would have a show for his community. The exhibit runs through Saturday, Sept. 14. Chachalu is located at 8720 Grand Ronde Road, and is open 10 a.m.-4 p.m., Tuesday through Saturday.



Photos by Michelle Alaimo

Tribal member Francene Ambrose and her father Corky Ambrose (Yakama) tour the Fire to Wood exhibit at Chachalu Tribal Museum & Cultural Center during the opening on Wednesday, April 17.



Tribal Cultural Advisor and Tribal member Bobby Mercier talks about his exhibit during the opening of the Fire to Wood exhibit at Chachalu Tribal Museum & Cultural Center.

łush təmtəm mitxwit-łatwa
"good feeling walk"



**SATURDAY
MAY 11TH**
UYXAT POWWOW GROUNDS
9600 HEB0 RD (HWY 22), GRAND RONDE
WALK WILL START @ POWWOW GROUNDS AND GO UP TO FORT YAMHILL
11-1PM

Please join us as we come together for a day full of łush təmtəm! Bring a positive message poster with you on a walk that promotes our overall wellbeing!

Booths, Food, and Prizes



If you have any questions, please contact YEP at yep@grandronde.org

Thank you for respecting Grand Ronde Community & Culture by not displaying gang affiliation & by not bringing drugs, alcohol or weapons to this event.

May 17th, 2024 Save the Date

PUBLIC HEALTH BUILDING

GRAND OPENING

and chicha's 1st

DOORS OPEN AT 4PM
MEAL AT 5PM
GIVEAWAY+ACTIVITIES TO FOLLOW

May 17th, 2024 Save the Date

OREGON PROJECT INDEPENDENCE (OPI)

Join us to learn about OPI. We will have staff from NWSDS here to talk about the program & answer any of your questions. Some of the things OPI can help with include; personal care, housekeeping, transportation, caregiver respite, making meals & more.

THURSDAY, MAY 9TH
10:30AM - 1:30PM
CTGR ELDER ACTIVITY CENTER

Earth Day Jam



Photo by Michelle Alaimo

Copper Chargualaf, 4, plants hummingbird and butterfly wildflower mix seeds to take home during the Earth Day Jam at achaf-hammi (Tribal plankhouse) on Monday, April 22. Families were invited to celebrate Earth Day at the łush lamatsin (good medicine) event hosted by the Tribe's Health & Wellness Department. There were traditional songs and dancing, raffle prizes, a T-shirt giveaway and a meal.

We want to hear from you!

The Grand Ronde Health & Wellness Center Comment Box is located at the entrance of the Health & Wellness Center, next to the drinking fountain.

Share your experience, good or bad with us. ■

MEMORIAL DAY OBSERVANCE

MONDAY, MAY 27 • PROGRAM BEGINS AT 1 P.M. • MEAL SERVED AT NOON



West Valley Veterans Memorial • 9615 Grand Ronde Road, Grand Ronde, OR 97347

For more information about the Memorial Day event, please contact Molly or Lisa at 503-879-5211 or email: Veterans.SEB@grandronde.org



Ulali Quenelle, 8, attempts to remove string from a tree branch during the Earth Day Cleanup on Saturday, April 20. A group of youth picked up garbage around achaf-hammi (Tribal plankhouse) and uyxat Powwow Grounds. The event was hosted by the Tribe's Youth Council and the Tribe's Youth Empowerment & Prevention Program. After the cleanup the group shared a meal, sang and danced in the plankhouse.

Celebrating Earth Day



Kiah Runningbird-Redhawk, 17, left, and Annabelle Guardiola, 17, pick up garbage around the plankhouse and uyxat Powwow Grounds parking area during the Earth Day Cleanup on Saturday, April 20. Guardiola is a Youth Council member.



Ekias Sabin, 14, stacks fir logs in the wood shed at achaf-hammi (Tribal plankhouse) during the Earth Day Cleanup. Sabin is a Youth Council member.



Azariah Sherwood, 9, sweeps the seating area in achaf-hammi (Tribal plankhouse) during the Earth Day Cleanup on Saturday, April 20.

Photos by Michelle Alaimo

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VISIT US ON
@CTGRsmokesignals



Tribe helps provide guidance in forest land management report

By Danielle Harrison

Smoke Signals editor

Grand Ronde was among several Tribal nations to give feedback and guidance on a recent U.S. Forest Service land management report.

Tribal Timber Resource Program Manager Michael Karnosh reviewed a draft of the report “Braiding Indigenous and Western Knowledge for Climate-Adapted



Michael Karnosh

Forests: An Ecocultural State of Science Report,” which urges that Tribal stewardship practices be considered in future land management choices by the Forest Service.

The report was co-authored by Oregon State University faculty Cristina Eisenberg and Michael Paul Nelson. Grand Ronde’s Natural Resources Department has been working with Eisenberg, who serves as the college’s Maybelle Clark Macdonald Director of Tribal Initiatives, for the past few years regarding incorporation of Tribal ecological knowledge into mainstream forestry practices.

The authors say their recommendations include “practical and cultural management interventions that could help avert the loss of thousands of acres of old-growth forest.”

“The process was really pretty open and inclusive,” Karnosh said. “Our point of contact was Dr. Eisenberg and pretty soon after she was hired, she reached out to Grand Ronde and other Tribes seeking input and review. Everybody has been open and transparent during



Smoke Signals file photo

The Tribe’s Natural Resources Department’s Forestry, Fire and Silviculture Program perform a prescribed burn on private land near Rickreall in 2013. Grand Ronde was among several Tribal nations to give feedback and guidance on a recent U.S. Forest Service land management report and use of prescribed burns was one of the recommendations.

the process, which was helpful.”

Natural Resources Department Manager Colby Drake said that one concept he always tries to correct is the myth of a pristine, untouched landscape.

“That concept has never existed within Indigenous people,” Drake said. “Humans are part of the ecosystem and the landscape, so to remove them from large areas of land (National Forests typically or reserves) is doing more harm than good. People have always had a hand on the land from harvesting and tending food sources (meadows and wetland) to utilizing the large trees for shelter and transportation (canoes). Fire was put to the ground annually to help reduce underbrush and invasive plants, create hunting

opportunities and made traveling easier. When you remove humans from managing these lands over the last 100-plus years, we’re starting to see the results and they aren’t all positive.”

Traditional Indigenous knowledge was not always sought out or even respected by the government when it came to forestry practices and conservation.

Karnosh, who has worked for the Tribe for 27 years, said that began to shift in the 2010s.

“I think things started to move in the direction of Tribal management, especially fire management tools,” he said. “After the 2020 wildfire season, it got people talking even more about it.”

Karnosh added that the Forest Service report is easy to read and focuses on different regions of the country, with the main message that fire exclusion has real consequences.

“Before 2020, I don’t know how many people believed that,” he said. “There was this kind of idea that the right way to manage was to leave things alone. This report counters that really well.”

According to an OSU press release, the document recommends different forest management approaches depending on the region.

“We are very interested in understanding how Indigenous knowledge can be used in combination with western science to improve our management of all forest conditions including old growth,” Forest Service Deputy Chief Chris French said. “This report is a big step in

improving our understanding of how to do that.”

French added that the Forest Service, “values knowledge, input and learning from the Tribal community.”

The Forest Service sought out OSU’s help with hosting a series of roundtable discussion to begin the information-gathering process from Tribal experts, which eventually led to the following recommendations in the report:

- Adopt proactive stewardship by investing intentionally in cultural and prescribed burning, forest thinning and other active forest management tools needed to overtake the influence of wildfires.
- Recognize and respect Tribal sovereignty and Indigenous knowledge by establishing government-to-government co-stewardship partnerships.
- Provide flexibility to manage landscapes and navigate uncertainties under rapidly changing conditions. Managing for static landscape conditions has been ineffective in regard to changing disturbances.
- Agency planning, land and resource stewardship policies should be grounded in the ideas of reciprocity and the responsibility to future generations.
- Fund adaptive, long-term forest stewardship and long-term monitoring by learning what works best as conditions change across landscapes.

“Our report is deeper than changes in policy and management – it proposes a fundamental change in the worldview guiding our current practices,” Nelson said. “Our writing team’s cultural, geographic and disciplinary diversity allows for guidance on a shift in paradigms around how we approach forest stewardship in the face of climate change.”

Forest threats include wildfire, heat stress, drought, pathogen and insect outbreaks, rapid development and invasive species, the authors said, which combine to degrade habitat as well as lower the forests’ economic and cultural value.

“Our forests are in grave danger in the face of climate change,” Eisenberg said. “By braiding together Indigenous knowledge with western science, we can view the problems with what is known as ‘Two-Eyed Seeing,’ to develop a path forward that makes our forests more resilient to the threats they are facing. That is what this report is working to accomplish.” ■

TRIBAL VETERANS SERVICE OFFICE



Contact the TVSO Office if you have any questions or for more event information.

CTGR Tribal VSO@GrandRonde.Org

503-879-1484

MAY 2024 EVENTS

Veterans beginner guitar class

2 p.m. – 3:30 p.m. Thursday, May 2.

2 p.m. – 3:30 p.m. Thursday, May 9.

Community Programs Building.

Lunch provided.

Veterans cultural activity: Research room tour & research

11 a.m. – 2 p.m. Tuesday, May 7.

Chachalu Tribal Museum.

Veterans yoga class

2 p.m. – 3 p.m. Wednesday, May 15.

2 p.m. – 3 p.m. Wednesday, May 29.

Community Programs Building.

Snacks Provided.

Veterans “Romance Scams” presentation

10 a.m. – 11 a.m. Tuesday, May 21.

Community Programs Building.

Lunch Provided.

Ad by Samuel Briggs III

TEACH our children our stories

BECOME A TEACHER.
APPLY TO AITP
www.pdx.edu/aitp

Clothes Closet open

The Clothes Closet is open from 9 a.m. to noon Friday on the Tribal campus near the Elder Activity Center at the end of Blacktail Drive.

The Clothes Closet accepts clothing, small appliances and pieces of furniture, electronics and household goods that are clean and in good condition. It does not accept books, large TVs or furniture, but there is a community board where people can post those items.

For more information or emergency clothes, contact Lori Walker-Hernandez at 559-847-7565. ■

Tribal member art exhibit featured

Tribal member Leland Butler's art exhibit, "Connected to the Land," will be featured at The Linfield Art Gallery in McMinnville through Friday, May 3.

The gallery is located at Linfield University, 900 S.E. Baker St., McMinnville. Hours are 9 a.m. to 5 p.m. Monday through Friday, and noon to 5 p.m. Saturday. The gallery is free and open to the public.

For more information, visit linfield.edu/art/gallery.html. ■

Pacific University hosting Reconciliation Powwow

Pacific University's Indigenous Student Alliance is hosting a Reconciliation Powwow. It will be held to honor Forest Grove Indian Training School students who attended and lost their lives at the school, Indigenous Student Alliance Advisor Nikol Roubidoux said.


"The May 4 event will not be a competition powwow given the meaning behind it," she said. "We welcome dancers, drummers and artisan vendors to come and celebrate our culture and our future."

She added that the intent is to celebrate the Kalapuya people and to establish a meaningful relationship with the Grand Ronde community.



"The students and I thank you and hope you will join us on May 4," Roubidoux said.

Grand Entry will be held at 1 and 7 p.m. and admission is free. Pacific University is located at 2043 College Way, Forest Grove.

For more information, contact kata@pacificu.edu or vene3117@pacificu.edu. ■



CONFEDERATED TRIBES OF GRAND RONDE FAMILY FISHING DAY

The Hebo Ranger District invites You for the Family Fishing Day in the Forest

When: June 17, 2024, from 09:00 am to 02:00 pm.

Where: Hebo Lake in Hebo, OR.

Fishing Contest and Prizes for Children (4-15 years old)

We will have fishing poles and reels, bait, and free fishing lessons available. Parking is free, and kids under 12 years old won't need a Fishing License. For people 12 years and up, a Fishing License is required for this event.

FLU/COVID PRECAUTIONS

- Please do not attend if you are experiencing symptoms or are positive for FLU/COVID
- Keep your social distance, 6 Feet apart.
- Clean your hands frequently.
- Face mask use is optional and for your own safety.

Thanks!!!



EULA PETITE SCHOLARSHIP PROGRAM

The Eula Petite competitive scholarship was established and dedicated to long time Tribal Member educator Eula Petite. This is a "one-time" scholarship award where one undergraduate and one graduate student will receive a laptop computer.

Deadline to Apply: June 30, 2024

ELIGIBILITY REQUIREMENTS:

- Enrolled CTGR Tribal Member
- Minimum 3.0GPA
- Enrolled as a Full-time student
- See application for other requirements

Email Higher Education for the application!

highereducation@grandronde.org

CLEAR Clinic

All services are free*



Thursday June 20th @ 2~6pm

Friday June 21st @ 12~4pm

Services Provided:

- Criminal record expungements
- Eviction expungements and tenant advocacy letters
- Court fines and fee waiver petitions
- Legal name and gender marker changes
- Referrals for other legal services

In the gym at CTGR campus Grand Ronde

*There is an Oregon State police charge of \$33 for finger printing for all criminal expungements




Teacher Appreciation Week

A week spent honoring those who have dedicated their lives to education.

Help us celebrate our teaching staff at Grand Ronde Head Start by highlighting your child's teachers.

May 6-10th, 2024

hayu masi



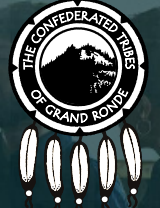
May OLDER AMERICAN MONTH

Front Desk 503-879-2233
Kitchen 503-879-4625

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Grocery shopping leave at 9 a.m. Siletz Honor Day 10 a.m.	2 Older American Month Kick Off Luncheon start at 11 a.m. Massages @ EAC	3
6 Healthy Lifestyle luncheon noon	7 Craft day at the Elder center 11 a.m. to 1 p.m.	8 Horse barn trip leave @ 9 a.m.	9 Crafts for Elder Honor Day noon to 2 p.m.	10 Mother's Day Luncheon Tribal vendors 10 a.m. to 2 p.m.
13 Healthy Lifestyle luncheon noon	14 Art Therapy 1 p.m.	15 Grocery Shopping leave at 9 a.m.	16 Bingo 1 p.m.	17 Farm trip leave at 9 a.m.
20 Healthy Lifestyle luncheon noon	21 Craft Day at the elder center 11 a.m. to 1 p.m.	22 Horse Barn Trip leave @ 9 a.m.	23 Crafts for Elder Honor Day noon to 2 p.m.	24 Tribal offices close at noon. Breakfast from 9 to 11 a.m.
27 Closed - Memorial Day	28 Craft day at the Elder center 11 a.m. to 1 p.m.	29 Grocery shopping	30 Elder Trip Iris Fields Leave at 9 a.m. Massages @ EAC	31 Older American Month Celebration Luncheon

• Need to sign up for events or concerts. Call 503-879-2233 to put your name on lists.

TERO small business startup grant



TERO grant eligibility:

- Must be an established Oregon business with state registry.
- Business must be less than 3 years old.
- Must be a Grand Ronde Tribal member.
- Must prepare a detailed allocation of how you plan to utilize the funding and how it will benefit your business.
- Applications must be submitted by 5 p.m. Friday, June 7.
- All applicants that have been deemed eligible for the program will be given an interview for the grant funding.
- Concluding the interview process, the chosen applicant will be awarded the \$8,000 grant.

For grant applications or questions please contact TERO.

503-879-2146 • 503-879-2188 • TERO@grandronde.org
9615 Grand Ronde Rd., Grand Ronde, OR 97347

Ad by Samuel Briggs III

2024 Marcellus Norwest
Memorial Veterans
Powwow
Save The Date!
July 12th~13th~14th

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For A Great Organization And An Inspiring Program?

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Visit: <https://grandronde.acquiretm.com/home.aspx>

We look forward to meeting
and working with you!
(503) 879-1430

CTGR Portland Office

WOMEN'S HEALING CIRCLE

MAY 13TH, 10AM-12PM

A safe space to come
together and support one
another through community
healing.

*Please let us know if
you plan to attend so
we can plan
accordingly.

4445 SW Barbur Blvd
Suite #101
Portland, OR 97239
Ph: (503)879-1881

Forest Service publishes co-stewardship story map

The USDA Forest Service Pacific Northwest Region has published an interactive story map highlighting co-stewardship work occurring between Tribes and national forests across Oregon and Washington. This includes the Grand Ronde Tribe for its work on the Camas Prairie Restoration effort in partnership with the Siletz Tribe. Camas Prairie, located on the Sweet Home Ranger District, has been a special focus between the Forest Service, The Tribe and the Siletz for more than 25 years. Both Tribes have participated in ongoing protection and restoration of Camas Prairie through native seed collection, invasive plant management, tree density management and prescribed burning.

“The Pacific Northwest is home to many Indigenous peoples and their cultures, traditions and knowledge continue to define the Pacific Northwest today,” Kristine Harper, Tribal Relations Specialist for the Pacific Northwest Region of the Forest Service and enrolled member of the Tlingit and Haida Indians of Alaska, said. “This story map displays how we are working with Tribal governments to incorporate this knowledge into our projects and activities across the region.”

The Forest Service is responsible for millions of acres of federal land where Tribes have reserved the right to hunt, fish and pray by ratified treaties and agreements with the United States. The Forest Service is tasked with managing these landscapes to be sustainable for future generations. ■

~ Contains information from the Polk County Itemizer Observer

Public Notice

Effective Sat 04/27/2024 at 9:00 am through Sun 05/19/2024 at 11:59 pm, Salem Housing Authority will accept applications for:

- **Hope Plaza Project-Based Voucher:** 0, 1, and 2-bdr units, rent based on income, preference for survivors of domestic violence
- **Englewood East:** 1 and 2-bdr units – Elderly Housing - Head, Spouse, or Cohead age 62+, rent based on income
- **Englewood West:** 1-bdr units - Elderly Housing - Head, Spouse, or Cohead age 62+, affordable flat rent
- **Parkway West:** 3-bdr units, affordable flat rent
- **Brush College and Meadowlark Village:** 2-bdr units, rent based on income. Includes units with features for mobility accessibility.

To apply, visit www.salemhousingor.com and click “Apply Now.” Paper applications are accepted as a reasonable accommodation and may be requested by contacting housing@salemhousingor.com or 503-588-6368. Applications will not be accepted after the waiting lists close.



Equal Housing Opportunity

Paid ad

Volunteer Opportunity:

Help Foster a Child’s Love for Reading!

We’re looking for volunteer readers for the SMART Reading program at Grand Ronde Head Start Preschool.

- This is a great volunteer opportunity with a commitment of one hour per week and a brief training prior to the start date. For more information, visit <https://smartreading.org/volunteer/> or call 877-598-4633.
- Weekly reading sessions are scheduled in advance and will be held in the library. Each volunteer will be assigned specific children that they will work with throughout the year.



VISIT [HTTPS://SMARTREADING.ORG/VOLUNTEER/](https://SMARTREADING.ORG/VOLUNTEER/)

More Information : +877- 598 - 4633

IN THE TRIBAL COURT FOR THE CONFEDERATED TRIBES
OF THE GRAND RONDE COMMUNITY OF OREGON

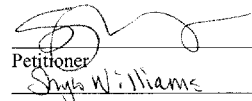
In The Matter of:) Case No.: 24C0005
Kaiteighann Nicole Taylor)
a Minor,) **NOTICE OF NAME CHANGE**
) **[MINOR NAME CHANGE BY**
) **GUARDIAN]**
by Shylo Sherree Williams)
Guardian/Petitioner.

TO PARENT AND/OR LEGAL GUARDIAN OF THE ABOVE NAMED MINOR:

PLEASE TAKE NOTICE, that the above Petitioner has filed a Petition with this Court on the 18th day of April, 2024, requesting that the above named Minor's name be changed from Kaiteighann Nicole Taylor to Kaiteighann Nicole Williams.

The purpose of this Notice is to give all interested persons an opportunity to show cause why the name change should or should not be granted. Any person objecting to the proposed name change may file a written objection with the Court as to why the Court should not enter an order granting the proposed change of name. Such objection shall be received prior to an entry of Order Granting Petition for Name Change.

DATED this 16th day of April, 2024.


Petitioner
Shylo Williams [Print Name]

Tribal Library merges with Regional Library Service

The Tribal Library has merged with the Chemeketa Cooperative Regional Library Service, said Tribal Librarian Kathy Cole.

Tribal members can now get books from libraries in Polk, Yamhill and Marion counties, as well as access to many free programs.

Tribal Library patrons should visit the Tribal Library and update their information and obtain a new Regional Library Service card.

For more information, contact Cole at 503-879-1488. ■

Fundraiser On-line Raffle

Model. 1860 Army Authentic Colt Black Powder .44 Cal. Revolver

\$5.00 per ticket

Support the Oregon Child ID Program

Visit: www.salemlodge4.org

Oregon Freemasons Child Identification Program is a charitable initiative by Salem Lodge #4 to aid in the identification and recovery of missing children. Masonic Child ID programs are supported monetarily, and are staffed by volunteers from Salem Lodge #4 and their family, youth groups and other volunteers.

Contact Pamala Warren-Chase @ warren31@yahoo.com
 Contact Anthony Chase @ salemlodge4@gmail.com

Paid ad

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Get Wireless Internet in Grand Ronde for as low as **\$43⁹⁵** per month!*

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Watchlist: 'The tragic story of this famous meteorite'

(Editor's note: It is estimated that there are approximately 149 billion videos on YouTube, and the number continues to grow. Grand Ronde Tribal member and Social Media/Digital Journalist Kamiah Koch sifts through those videos twice a month to recommend a worthwhile Indigenous video to watch. Follow her bimonthly recommendations and enjoy!)

By Kamiah Koch

Social media/digital journalist

The culturally significant Tomanowos meteorite from the Willamette Valley is currently held on display in the American Museum of Natural History in New York City. Every year, a few Grand Ronde Tribal members coordinate with the museum to pay a visit to Tomanowos to smudge it, clean it with cedar branches and spend time with it.

In 2023, a welcome brunch was hosted for the delegates from Grand Ronde in the Gems and Minerals Hall of the museum. Connected to the Gems and Mineral Hall is the Meteorites Hall, where a different meteorite is held.

Like Tomanowos, the Ahnighito meteorite landed in Greenland and was culturally important to the Indigenous Inughuit people.

Vox published a video in January 2024, sharing the history of this meteorite, how it came to rest in the American Museum of Natural History and the Inughuit people brought with it.

The video explains an American explorer named Robert Peary came to Greenland in the 1800s.

"Peary was part of an era of European and American exploration in the late 19th century obsessed with the parts of the map not yet reached by white people," the video narrator said.

By the time Peary contacted the Inughuit, a trade system had been established and the Inughuit showed Peary how to survive in the artic.

According to Vox, Peary knew he had to come home with something to keep his backers interested, and he had heard the Inughuit had access to a rare iron meteorite.

"In exchange for a gun to an Inughuit man who said he knew the location of the 'iron mountain,' Peary was led right to it," the narrator said. "A lot of this history has been lost to time, but what historians do know that Peary did not ask for permission for what he did next."

He sailed Ahnighito to New York, along with six Inughuit people whom he promised would return to Greenland once the meteorite was delivered.

Unbeknownst to them, Peary had promised to bring an Inughuit person back to the American Museum of Natural History to be studied.

When they arrived in New York, 20,000 people paid to come aboard the ship to see the meteorite and the indigenous Inughuit people.

And to no one's surprise, the promises made by Peary were quickly broken. The six Inughuit included a hunter named Nuktaq, his wife, Atangana and their 12-year-old daughter Aviaq; a hunter name Uisaakassak; another hunter named Qisak and his 7-year-old son named Minik.

All but Minik and Uisaakassak died shortly after arriving in New York.

"The museum told Minik they had buried Qisak, but that wasn't true," the narrator said. "Qisak's body was dissected and his remains were stored inside the museum for further study."

As Minik got older he discovered the truth and publicly pleaded for the museum to return his father's remains for a burial, but was ignored. They kept the bodies of all four Inughuit until 1993, and today still have the Ahnighito meteorite on display.

The Ahnighito display has no mention of Minik or the five other Inughuit who were given empty promises.

You can watch the rest of the video for yourself at www.youtube.com/watch?v=yvdtWfHpCR4. ■

Tribal nonemergency text line

The Grand Ronde Tribal Police Department has a nonemergency text line at 541-921-2927.

"If you have a nonemergency situation or question, feel free to contact my officer via text through this line," said Grand Ronde Tribal Police Chief Jake McKnight. "When one of my officers receives the text, they will call you back when they have time."

McKnight said that emergency situations still require calling 911. For more information, contact McKnight at 503-879-1474. ■

Grand Ronde Tribal Library

Join us at our upcoming Tribal Library events

APRIL EVENTS!	JULY EVENTS!
APRIL 3RD-30TH LIBRARY Native Innovations Exhibit presents a celebration and recognition of many science and engineering innovations developed and used by Oregon's Indigenous peoples.	JULY 9TH 11AM GYM Paradise of Samoa Original Samoan, Tongan, Fijian, Maori, Hawaiian, and Tahitian dance
APRIL 22ND 5:30PM GYM Steph Littlebird Discuss her soon to be released book Coyote & Meadowlark Make Willamette Falls	JULY 11TH (TIME TBD) GYM Pueblo Aspen Song Kids Cultural sharing, come learn about Taos Pueblo language, culture, heritage and tradition
JUNE EVENTS!	AUGUST EVENTS!
JUNE 13TH 11AM GYM Oregon Coast Aquarium Come learn about tidepools!	JULY 16TH 11AM GYM Jeff Evans Magic Show Magic, comedy, and fun for all ages!
JUNE 16TH-AUGUST 9TH Summer Reading Program Track your reading minutes, complete reading logs, earn prizes, and weekly take home packet	AUGUST 6TH 11AM GYM Red Yarn Music & puppetry!

FREE FINANCIAL FOUNDATIONS WORKSHOPS

The Confederated Tribes of Grand Ronde is collaborating with DevNW to offer free Financial Foundations workshops.

Financial Foundations explores the following topics:

DevNW

Budget & cash flow planning, Money goal setting, Tackling debt, Channeling savings for big goals, Financial planning for retirement, Protecting your assets, Strengthening credit.

Financial Foundations May classes:

May Zoom:

Zoom, 5:30-7:30pm, Tuesdays, May 7, 14, 21, 28

Zoom, 9am-5pm, Saturday, May 18

Register online:

www.devnw.org/go/ctgr/

Questions? Email caitlin.zimbrick@grandronde.org

To learn more about IDA's visit <https://oregonidainitiative.org/>

Financial Foundations is required to sign up for an IDA (Individual Development Account) matched savings. Limited space available, must meet eligibility requirements.



smok signalz offering fast e-mail subscription

Want to be one of the first Tribal members to receive *smok signalz*? Want to receive the Tribal publication on your computer instead of waiting for it to arrive in the mail?

Want to get up-to-date and in-the-know about the Grand Ronde Tribe before anyone else? In an effort to be more efficient and reduce printing and postage costs, *smok signalz* electronic subscribers receive a PDF (portable document format) version sent to them instead of a newsprint version sent via the mail. All you need on your computer is Adobe Acrobat or another program that can read a PDF and you're set.

Why would you want to do that? The PDF version is available before the newspaper is sent to our printing contractor in Salem. You can read the paper on your computer or print out a copy of individual pages yourself. And you will receive Tribal news much faster than the current standard mailing utilized by the Tribe.

If you would like to receive an e-mailed PDF version of *smok signalz* and stop receiving a mailed newsprint version, send your e-mail to esubscription@grandronde.org. Stopping mailed delivery of the newspaper will not affect other Tribal mail. ■

Walking On...

Judith Darlene Olsen

Oct. 2, 1943 – April 16, 2024

Tribal Elder Judith Darlene Olsen passed away on April 16, 2024, at the age of 80.

Meldrum Mortuary & Crematory in Mesa, Arizona, is assisting the family.

Funeral service details were not available at presstime.

John Duane Yarbrough

July 6, 1959 – April 22, 2024

Tribal Elder John Duane Yarbrough passed away on April 22, 2024, at the age of 64

Bollman's Tribute Center in Dallas is assisting the family.

Funeral service details were not available at presstime.

hayu-munk skukum

K-5 SUMMER PROGRAM

June 10th - August 8th 2024



K-5 Summer Program Details

We are excited to announce our 2024 K-5 Summer Program! Enrolled students will participate in a wide variety of fun and rewarding experiences that are educational, cultural and recreational, including swim lessons and off-campus field trips!

Program Dates and Days	Program Location
June 10th - August 8th	K-2 Grade Classroom: Youth Education Building
Mondays through Thursdays	3-5 Grade Classroom: Adult Education Building
8:00am-5:00pm	Off-Campus Field Trips

Who can sign up?
Native students currently in kindergarten through fifth grade (2023-2024 school year) in the local service area and out of the area. There are limited spots available, early registration is recommended! **Please note that our Tribal preference policy will be in place.**

When and How Can I Sign Up My Child?
Sign-up on April 22nd-April 26th using the link below. Students currently in 5th grade (2023-2024) are eligible and able to choose to participate in the K5 program (swim lessons) or the 6-12 program.

Register Here:
<https://bit.ly/2024K-5Summer>



Questions? Please reach out to us at youthenrichment@grandronde.org or 503-879-2101

hayu-munk skukum

6-12 SUMMER YOUTH CENTER



June 10th - August 8th 2024

6-12 Youth Center Details


The Youth Center for 6-12 students will be open Monday - Thursdays this summer with off-campus field trips and on campus Youth Center days focusing on rewarding experiences that are educational, cultural and recreational.

Program Dates and Days	Program Location
June 10th - August 8th	Youth Education Building
Mondays through Thursdays	Off-Campus Field Trips
8:00am-5:00pm	

Program Details
Monday/Wednesdays: Off-Campus Field Trips, students WILL be required to register for these trips, registration will be emailed a week in advance. Please note these field trips have limited space and our tribal preference policy will be in place for these events.
Tuesday/Thursdays: On-Campus Drop In (no registration required).

Special Events and Camps
Separate registration is required for events and camps and all have limited openings. Major activities scheduled are Top Golf, Native Warriors Camp, Bike/Float Camp, Disc Golf, the popular Youth Marketplace and more! Details and information to come!

Get on our 6-12 event email list:
<https://bit.ly/6-12YouthCenter2024>



Questions?
Please reach out to us at youthenrichment@grandronde.org or 503-879-2101

Book talk



Photos by Michelle Alaimo

Timothy Murphy, 13, left, shows Tribal member Steph Littlebird Fogel his artwork after her book talk that was held at the Tribal gym on Monday, April 22. Fogel read and answered questions about her book “Coyote & Meadowlark Make Willamette Falls.” The book is a project that she wrote and illustrated as a 2023 Indigenous Place Keeping Artist Fellowship recipient. The talk was sponsored by the Tribal Library.



Tribal member Steph Littlebird Fogel, an artist, author and illustrator, discusses her book “Coyote & Meadowlark Make Willamette Falls” at the Tribal gym on Monday, April 22. The book does not have a release date yet.



Chinuk wawa program opportunities

Those who are interested in enrolling their children in the Tribe’s Chinuk Wawa Educational Program have three opportunities to attend an informational session.

The dates are noon on Wednesday, May 8 or 5:30 p.m. Thursday, May 9 at the chinuk wawa skul on the Tribal campus. The other option is via Zoom at 5:30 p.m. Wednesday, May 15.

Attending one of these sessions is mandatory if your child is not currently enrolled in the program. New applications will not be considered if the parent/guardian has not attended one of the informational sessions. There will be no make-up options.

Email Justine.Flynn@grandronde.org or call 503-879-1857 for more information or the Zoom link. ■

TERO Worker of the Month April 2024

Name: Joshua Gonzalez
Employer: Cutter Construction
Position: Dump truck driver

Joshua Gonzalez first signed up for the TERO Skills Bank in July 2023. Soon after, he was referred out as a journeyman laborer on one of TERO’s heavy highway construction projects.

During a brief layoff, Joshua obtained his Class A Commercial Driver’s License through the TERO training assistance program and immediately started a new career as a dump truck driver for Eugene William Construction. Joshua then advanced to driving tanker trucks.

Since Joshua joined the TERO team he said he has learned so much in the construction and truck driving industry and is learning more every day.

Joshua added that the Tribe’s TERO program stands behind its native workers 100%. Joshua also said TERO provides an opportunity to succeed and gain the training and knowledge needed to journey into a great career.

Joshua gives kudos to Duke Kimsey, Jacob Boekhoff and the rest of the TERO staff for the training and guidance to start his new career

TERO thanks Josh for the great representation of the program and for his dedication to his employers. Way to go, Josh!



Joshua Gonzalez

*For more information on the TERO Skills Bank and any other TERO opportunities, contact the TERO office or the TERO director.
TERO Office: 503-879-1488 or tero@grandronde.org*

SATURDAY, JUNE 1, 2024

WESTSIDE

**NATIVE YOUTH WELLNESS
WARRIOR POWWOW**

5PM-10PM

WINGSPAN EVENT & CONFERENCE CENTER
801 NE 34th Ave - Hillsboro OR 97124

Honoring High School Graduates

5pm	Community Meal
6pm	Grand Entry
	Student Honoring
10pm	Retiring the Colors

Event MC: Carlos Calica

A Drug- & Alcohol-Free Event

Vendor Contact: Jenny Sanchez jenny_sanchez@beaverton.k12.or.us

Open to the Public

First 5 Registered Drums Guaranteed Pay

ELDER GARAGE SALE

JUNE 7TH, 2024
10AM TO 3PM

ELDER ACTIVITY CENTER

48940 GRAND RONDE RD
GRAND RONDE



ELDER ABUSE AWARENESS WALK

JUNE 15TH, 2024
ELDER ACTIVITY CENTER
1PM
48940 BLACKTAIL DRIVE
GRAND RONDE, OR

ELDER RESOURCE FAIR
JUNE 15TH, 2024
ELDER ACTIVITY CENTER
10AM TO 2PM

LOTS OF INFORMATION,
PRIZES, RESOURCES,
AND SUPPORTING OUR
ELDERLY POPULATION
BY BRINGING
AWARENESS TO THIS
SUBJECT.

LETS SHOW UP!



Saturday May 4
10AM- 2PM
Chachalu
Cultural Center



māk^h māk mania

A celebration of local food, farmers, hunting, and gathering

Free and Open to all community members

Cooking Demonstrations
Educational Workshops
Local booths
Meal

POSTPONED



Nourish Your Body
Nourish Your Soul

Organized by Grand Ronde's Food Access and Community Team
Sponsored by Marion-Polk Food Share & The Confederated Tribes of Grand Ronde

WHAT POWERS YOU?



Wanda
Exec. Director, Turtle Cove
Created a comfortable home and haven for her community, and families in need.

Offering energy **savings** and **solutions** that power your life.

Find cash incentives and resources at energytrust.org





Job#	Position Title	Grade	Min. Start Wage	Max Start Wage	Closing Date
1946	Child & Adolescent Mental Health Therapist – Behavioral Health	12	\$74,901.04/yr.	\$96,316.53/yr.	Until Filled
1991	Mental Health Counselor – Great Circle Recovery – Salem - UPDATED	12	\$74,901.04/yr.	\$96,316.53/yr.	Until Filled
1999	Tribal Planner	15	\$97,858.44/yr.	\$127,796.59/yr.	Until Filled
2014	Mental Health Therapist – Behavioral Health	12	\$74,901.04/yr.	\$96,316.53/yr.	Until Filled
2030	Police Officer	11	\$32.74/hr.	\$42.16/hr.	Until Filled
2056	Licensed Practical Nurse – Adult Foster Care	12	\$36.01/hr.	\$46.31/hr.	Until Filled
2070	Forestry Technician (Entry Level – Fire Suppression/Prevention) Seasonal	4	\$17.15/hr.	\$21.95/hr.	Until Filled
2071	Forestry Technician (Intermediate Level – Fire Suppression/Prevention) Seasonal	5	\$18.86/hr.	\$24.07/hr.	Until Filled
2072	Forestry Technician (Engine Boss, Crew Boss, EMT – Fire Suppression/Prevention) Seasonal	6	\$20.75/hr.	\$26.42/hr.	Until Filled
2077	Staff Writer - Smoke Signals **UPDATED**	9	\$27.05/hr.	\$34.95/hr.	Until Filled
2078	Counselor In Training - Great Circle Recovery - Portland	8	\$24.60/hr.	\$31.84/hr.	Until Filled
2082	Enrichment Coordinator Cook/Aide – Part Time	5	\$18.86/hr.	\$24.07/hr.	Until Filled
2083	Tribal Court Operations Coordinator	9	\$27.05/hr.	\$34.95/hr.	Until Filled
2085	Teacher Aide/Bus Monitor – PT	5	\$18.86/hr.	\$24.07/hr.	Until Filled
2089	Substance Use Disorder Therapist – Great Circle Recovery - Portland	10	\$61,901.69/yr.	\$79,848.88/yr.	Until Filled
2099	High School Intern – Library	1	\$16.00/hr.	\$16.00/hr.	Until Filled
2106	Social Emotional Learning Coach	12	\$74,901.04/yr.	\$96,316.53/yr.	Until Filled
2109	CFS Foster Care Coordinator	12	\$74,901.04/yr.	\$96,316.53/yr.	Until Filled
2111	Honors Attorney – Tribal Members Only	16	\$107,644.28/yr.	\$140,433.67/yr.	Until Filled
2113	Single Role Paramedic – Part Time	10	\$29.76/hr.	\$38.39/hr.	Until Filled
2115	Economic Development Director	21	\$160,360.03/yr.	\$225,696.79/yr.	Until Filled
2116	Milieu Safety Technician – Great Circle Recovery - Portland	6	\$20.75/hr.	\$26.42/hr.	Until Filled
2118	Youth Crew Leader Limited Duration – Natural Resources		\$20.00/hr.	\$20.00/hr.	Until Filled
2119	Youth Crew Member Limited Duration – Natural Resources		\$16.00/hr.	\$16.00/hr.	Until Filled
2120	Infant/Toddler Teacher	10	\$29.76/hr.	\$38.39/hr.	04/22/24
2121	Secretary – Public Health	6	\$20.75/hr.	\$26.42/hr.	Until Filled
2122	Enrichment Coordinator	8	\$24.60/hr.	\$31.84/hr.	Until Filled
2123	Enrichment Coordinator Aide (Seasonal- Summer)	5	\$18.86/hr.	\$24.07/hr.	Until Filled
2124	Academic Coach (Grades K-5)	10	\$29.76/hr.	\$38.39/hr.	04/29/24
2125	Academic Advisor	11	\$32.74/hr.	\$42.16/hr.	04/29/24

Job#	Position Title	Grade	Min. Start Wage	Max Start Wage	Closing Date
2126	Payment Processing Specialist	8	\$24.60/hr.	\$31.84/hr.	04/29/24
2127	Lodge Caregiver – Full Time & On-Call * \$500 Hire-On Bonus after 120-days	7	\$22.36/hr.	\$29.00/hr.	04/29/24
2128	Senior Auditor	14	\$90,630.26/yr.	\$116,255.21/yr.	04/29/24
2129	Groundskeeper	6	\$20.75/hr.	\$26.42/hr.	05/06/24
2130	Driver/Wellness Assistant	6	\$20.75/hr.	\$26.42/hr.	05/06/24
2131	CFS Investigator	12	\$74,901.04/yr.	\$96,316.53/yr.	05/06/24
2033	Temporary Pool	2	\$16.00/hr.	\$16.00/hr.	Open

The Confederated Tribes of Grand Ronde offers generous benefits and competitive pay. POSTINGS ARE OPEN UNTIL FILLED & WILL BE REMOVED WITHOUT NOTICE

INTERVIEWS WILL BE GIVEN IN THE FOLLOWING RANKING ORDER:
 1. Grand Ronde Tribal members.
 (Qualified Grand Ronde Tribal members who show they meet the minimum qualifications of the position during the course of the interview process will be given first consideration for hire and the recruitment process will end)
 2. Tribal member spouses, parents and/or legal guardians of Grand Ronde Tribal member children and current regular employees.
 3. External candidates.
 Apply online at: www.grandronde.org



POSTING TITLE	CLOSE DATE	WAGE/SALARY
Baker	5/2/2024	\$18.29/hr. DOE
Cage Cashier	5/2/2024	\$18.29/hr. DOE
Hotel Front Desk Lead	5/2/2024	\$18.55/hr. DOE
Inventory Systems Supervisor	5/2/2024	\$52,937.25/yr. DOE
Amore Waitstaff (*Part-Time)	Until Filled	\$14.58/hr. DOE + Tips
Assistant Banquet Manager	Until Filled	\$48,329.22/yr. DOE
Banquet Server (*Part-Time)	Until Filled	\$14.58/hr. DOE + Tips
Bar Porter (*Part-Time)	Until Filled	\$18.29/hr. DOE
Bartender	Until Filled	\$16.50/hr. DOE + Tips
Casino Beverage Waitstaff (Full-Time & *Part-Time)	Until Filled	\$14.58/hr. DOE + Tips
Cook	Until Filled	\$18.29/hr. DOE
Executive Casino Host I	Until Filled	\$23.24/hr. DOE
Guest Safety Specialist I	Until Filled	\$18.29/hr. DOE
Guest Safety Specialist II	Until Filled	\$18.55/hr. DOE
Guest Services Cashier (*Part-Time)	Until Filled	\$18.02/hr. DOE
Hospitality Attendant (*Part-Time)	Until Filled	\$18.02/hr. DOE
Player Services Representative I	Until Filled	\$18.02/hr. DOE
Slot Technician II	Until Filled	\$21.22/hr. DOE
Table Games Dealer (Full-Time & *Part-Time)	Until Filled	\$14.58/hr. DOE + Tips
Uniform Attendant	Until Filled	\$18.02/hr. DOE

\$1,000 Hire-On Bonus All Positions
\$500 Referral Bonus SMC & CTGR Employees

**Part-time employees are eligible for a 20% differential pay to their base wage if they are scheduled to work up to 29.99 hours per week.*

SPIRIT MOUNTAIN CASINO EMPLOYMENT INFORMATION

- ✓ SMGI adheres to a Tribal hiring preference policy for enrolled members of the Confederated Tribes of the Grand Ronde Community of Oregon.
- ✓ Please reference the Job Description for job duties, qualifications, and required knowledge/skills.
- ✓ Job postings are updated every Friday with remaining and new positions; applications must be received by 5:00pm on the following Thursday to be considered.
- ✓ Incomplete applications will not be considered.
- ✓ All positions are eligible for an incremental Hire-on Bonus

✉ employmentteam@spiritmtn.com <https://www.spiritmountain.com/careers>
 Call (503) 879-3737 for application assistance.

Are you frustrated with your diabetes control?
 Do you have questions about diabetes?
 Do you need help managing your diabetes?
 If so...
 Call the Medical Clinic today at 503-879-2002
 To schedule an individual diabetes education appointment

Health & Wellness Center entrance

Reminder: The drive-through entrance at the Health & Wellness Center is for loading and unloading only. The entrance was built with our Elders and those with mobility issues and their ease of access in mind. If you are coming to the center to pick up prescriptions, please park in one of our regular parking spaces. ■

Grand Ronde Head Start Preschool

Apply starting : **April 01, 2024**
 Applications due by : **June 7, 2024**

Head Start nurtures the growth of **you and your child.** Join our supportive community and give your child a strong **head start.**

For Kids:

- Safe, quality early education
- Qualified teachers
- Healthy meals
- Cultural opportunities
- Transportation may be available

For Parents:

- Connection to housing resources
- Employment assistance
- Parent training & support
- Enrollment opportunities for pregnant women
- Enrollment opportunities for all income levels

Eligibility: Grand Ronde Tribal Member/Descendant; Federally Recognized Tribal Member/Descendant; community member living in the Grand Ronde Community.

WAYS TO APPLY:

ONLINE at: <https://www.grandronde.org/services/education/early-childhood-education/>
 Email dawn.doar@grandronde.org for an application

Or Scan QR Code:

Enrolling Prenatal to 4 years old



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For more information contact:
 Katherine at 503-879-1466 or
 Katherine.Warren-Steffensmier
 @grandronde.org

WWW.SMOKESIGNALS.ORG

Ad by Samuel Briggs III



HEALTH & WELLNESS NEWS

Massage at Health & Wellness

Hi, my name is Shawna Ray. I have been a licensed massage therapist in the Yamhill and Polk county area for eight years. I will be at the Health & Wellness Center on Mondays providing massage therapy as an on-site contractor and I am contracted with Shasta.

Contact 971-241-4323 by text or voice message to schedule appointments. Co-pay still may apply. I'm looking forward to working with those in the community to deliver a holistic approach to pain management, relaxation and overall wellness. ■

Skookum help?

Do you have questions about your Skookum Health Assistance Program or do you need to send in information to the team in Grand Ronde? We have you covered! Send an email to skookum@grandronde.org and one of our helpful team members will be happy to assist you. ■

Better hearing & speech



May is Better Hearing and Speech Month. It is a time to raise awareness about communication disorders and available treatment options that can improve the quality of life for those who experience problems speaking or hearing.

Did you know the average person is born with about 16,000 hair cells within their inner ear? These cells allow your brain to detect sounds. By the time hearing loss is noticeable, many of those hair cells have already been damaged or destroyed. You can lose anywhere from 30-50% of those hair cells before changes in your hearing can be measured with a hearing test. Those inner ear cells do not grow back.

Hearing protection

While there is no treatment to restore normal hearing, you can prevent hearing loss from loud sounds. If you're already having hearing loss or are experiencing pain, discomfort or ringing in the ears, take steps to keep it from getting worse and have your hearing checked.

The steps you can take to protect your hearing include:

- Protection when shooting a firearm: Those using firearms for recreational purpose would benefit from learning about their safe use which includes the use of hearing protection.
- Determine if the noise level is too loud: If you need to shout to make yourself heard, then you need hearing protection such as earplugs or noise-cancelling earmuffs.
- Do not listen to headphones for a long time: Turn the volume down and take periodic breaks from the noise.

Facts and statistics

- Noise is now being acknowledged as an important public health issue and a top environmental risk faced by the world today.
- More than 50% of people ages 12 to 35 listen to music via personal audio devices at volumes that pose a risk to their hearing.
- A rule of thumb for staying safe is to keep the volume below 60%.
- If you frequently use personal audio devices around loud sounds, instead of turning the volume up consider using noise cancelling earphones or headphones.
- Listening through personal audio devices should not exceed 80 decibels for adults (noise level of a vacuum cleaner) or 75 decibels for children or those with sensitive ears (noise level of a phone ringing) for more than 40 hours per week.
- Listeners who regularly use portable audio devices can expose themselves to the same level of sound in 16 minutes of music at 100 decibels that an industrial worker would receive in an eight-hour day at 85 decibels.

Signs you may need a hearing test:

- You have a ringing sensation in the ears.
- People complain that you talk too loudly.
- You have to ask people to repeat what they say.
- You find it hard to hear conversations, especially if there is background noise.
- Others complain that you watch TV with volume turned too high.

Older Americans Month

Every May, the Administration for Community Living leads the nation's observance of Older Americans Month. The theme this year is "Powered by Connection," which recognizes the huge impact that meaningful relationships and social connections have on our health and well-being.

Connections and health?

People are by nature social creatures. Social connections are important and necessary for our survival. Our relationships with family, friends, coworkers and community members can have a major impact on our health and well-being. When people are socially connected and have stable and supportive relationships, they are more likely to make healthy choices as well as have better mental and physical health outcomes. They are also better able to cope with hard times, stress, anxiety and depression.



Health Benefits of social connectedness:

People with strong social bonds have a 50% increased likelihood of survival than those who have fewer social connections. Social connection can help prevent serious illness and outcomes like:

- Heart disease
- Stroke
- Dementia
- Depression and anxiety

Social connection with others can help:

- Improve your ability to recover from stress, anxiety and depression
- Promote healthy eating, physical activity and weight
- Improve sleep, well-being and quality of life
- Reduce your risk of violent and suicidal behaviors
- Prevent death from chronic disease

Elders and social isolation:

Social isolation and loneliness are public health issues that affect more than one-third of adults, with seniors most at risk for depression, substance abuse and suicide triggered by feelings of isolation. Health risks associated with loneliness and social isolation are comparable to the dangers of smoking and obesity, increasing mortality risk by up to 30%.

Improve social connections:

- Spend more quality time with family and friends
- Join a group, club or class related to an interest or hobby
- Spend time with others in nature
- Express gratitude to others
- Volunteer with an organization
- Get involved in the community
- Expand and diversify your social network by making a new acquaintance or friend
- Provide social support to others, such as listening to a friend
- Get to know your neighbors
- Visit with adult foster care/residential living facility residents

ELDERS LIVING WITH
LONELINESS
IN ADULT FOSTER CARE

WHEN ELDERS MOVE INTO ADULT FOSTER CARE, WE ASSUME THAT THEY WILL CONTINUE TO HAVE THE SOCIAL LIFE THEY HAD WHEN THEY WERE LIVING INDEPENDENTLY. THAT THEY WILL CONTINUE TO SEE THEIR FAMILY & FRIENDS, PARTICIPATE IN EVENTS, VISIT....

NEARLY 40% OF ELDERS LIVING IN ADULT FOSTER CARE SUFFER FROM DEPRESSION AND LONELINESS.

THERE IS NO REPLACEMENT FOR FAMILY & FRIENDS!



SMOKE SIGNALS

UMPQUA · MOLALLA · ROGUE RIVER · KALAPUYA · CHASTA

AN INDEPENDENT PUBLICATION OF THE CONFEDERATED TRIBES OF GRAND RONDE · SMOKE SIGNALS.ORG

ALL ITEMS NOW RESTOCKED!



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BEANIES • PATCHES • STICKERS • FREE SHIPPING!**

Checks, cash or money orders only please: Make payable to Confederated Tribes of Grand Ronde. Memo: Editorial Board
Please mail to: Smoke Signals Publications Dept., 9615 Grand Ronde Road, Grand Ronde, OR 97347

FREE SHIPPING!	SMALL	MEDIUM	LARGE	X-LARGE	2X-LARGE	3X-LARGE	4X-LARGE
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ZIP-UP HOODIE (BLACK) \$35							Not Available
ZIP-UP HOODIE (GRAY) \$35							Not Available
ZIP-UP HOODIE (TEAL) \$35							Not Available
T-SHIRT (BLACK) <small>BACK GRAPHIC</small> \$15					Discontinued		
T-SHIRT (BLACK) <small>FRONT GRAPHIC</small> \$15							
T-SHIRT (GRAY) <small>FRONT GRAPHIC</small> \$15							
T-SHIRT (TEAL) <small>FRONT GRAPHIC</small> \$15							
T-SHIRT (CYAN) <small>FRONT GRAPHIC</small> \$15		Discontinued	Discontinued	Discontinued			

FLEXFIT CAPS \$15

BEANIES \$15

PATCHES \$5

STICKERS \$1

Name:

E-mail:

Address:

Phone: