

Preschool adds traditional foods to its menu — pg. 10





MAY 15, 2024 SMOKE SIGNALS UMPQUA - MOLALLA - ROGUE RIVER - KALAPUYA - CHASTA

AN INDEPENDENT PUBLICATION OF THE CONFEDERATED TRIBES OF GRAND RONDE - SMOKESIGNALS.ORG

Warm Springs files petition to repeal Grand Ronde's MOA

By Danielle Harrison Smoke Signals editor

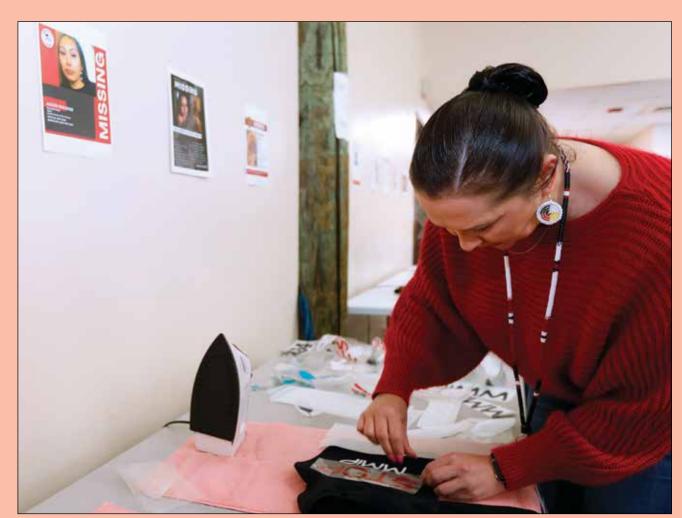
The Confederated Tribes of Warm Springs has filed a petition with the Oregon Department of Fish and Wildlife, requesting that the agency repeal or amend the historic memorandum of agreement between it and the Confederated Tribes of Grand Ronde, which expanded the Tribe's cultural hunting, fishing and gathering rights to off-Reservation areas.

The MOA signed between the Tribe and ODFW on Aug. 4, 2023, expanded the cultural hunting, fishing and gathering area from the 1,300-square-mile Trask Unit to more than 11,000 square miles.

In the petition filed on Tuesday, May 7, Warm Springs states the reasons for its request are because the MOA "creates conflict" with the terms of the Warm Springs Tribe's 1855 treaty and also due to what it asserts is a "legal error" in the decision making process, as two of the commissioners who voted in favor of the MOA were allegedly acting during expired terms of office.

According to ODFW, voting after a term has ended isn't unusual.

"Members of the public who volunteer and are appointed to serve on Oregon's various boards and commissions regularly continue to serve in these positions after their terms expire," ODFW Spokesperson Michelle Dennehy said.



Tribal member Angela Schlappie applies a decal to a T-shirt during the Warriors of Hope Domestic & Sexual Violence Program's Missing and Murdered Indigenous People event in the Tribal Community Center on Friday, May 3. May 5 is the National Day of Awareness for Missing and Murdered Indigenous People. The annual event honors and memorializes those who are missing and murdered.

MMIP aware

Warriors of Hope Program Shelter Advocate Alicia Cox adds lettuce as she makes an Indian taco during the Warriors of Hope Domestic & Sexual Violence Program's Missing and Murdered Indigenous People event in the Tribal Community Center. In the background Maggie Villegas, also a shelter advocate, helps make



In a press release, Warm Springs said that Grand Ronde's MOA ignores the cultural connections to

> See MOA continued on page 3

tacos. During the event, an Indian taco fundraiser was held to benefit Heather (Haller) Cameron's family. Cameron is a Tribal member who has been missing since 2012.

> TO SEE MORE PHOTOS VISIT US ON @CTGRsmokesignals



Photos by Michelle Alaimo

Hudson performs at Venice Biennale exhibition

Tribal member Anthony Hudson recently performed as his alter-ego, drag clown Carla Rossi, at the 60th Venice Biennale in Venice, Italy. He was asked to be the drag clown in residence representing the American delegation at the exhibition. The Biennale is an international art exhibition often described as "the Olympics of the art world," and participation in the event is considered a prestigious moment for contemporary artists.



Photo courtesy of Anthony Hudson

By Danielle Harrison Smoke Signals editor

hen Grand Ronde Tribal member Anthony Hudson was a youth growing up in Keizer, he never dreamed that one day he'd be performing as his alter-ego, drag clown Carla Rossi, on a world stage.

But that's exactly what happened after Hudson was asked to be the drag clown in residence representing the American delegation at the 60th Venice Biennale in Venice, Italy. The Biennale is an international art exhibition often described as "the Olympics of the art world," and participation in the event is considered a prestigious moment for contemporary artists.

"It (The U.S. Pavilion) was really a celebration of what it means to be Indigenous and what it means to be queer," Hudson said. "It was just astounding for everybody to get to be a part of all of this in such a historic moment."

Hudson is a multidisciplinary artist

See HUDSON continued on page 8

Tribal Council nominations

11 a.m. Sunday, June 30

Tribal Council Chambers

Tribal members can participate remotely via Zoom and in-person attendance. Call 503-879-2304 for more information.

NOTICE — Monthly Tribal Council Wednesday Meetings DATE <u>TIME</u>

Wednesday, May	15	4 p.m.
Wednesday, May	29	4 p.m.

Letters welcome

Letters should be exclusive to **smok signalz**.

Letters should be 400 words or less and must include the writer's name, address, phone number and Tribal roll number. You will be contacted to confirm authorship.

All letters are subject to editing for space, grammar and, on occasion, factual accuracy. Only two letters per writer are allowed during a three-month period. Letters written in response to other letter writers should address the issue at hand and, rather than mentioning the other writer by name, should refer to the date of the letter published. Discourse should be civil and people should be referred to in a respectful manner.

Letters deemed in poor taste will not be printed. Send letters via e-mail to news@grandronde.org, or submit in person at the Tribal Governance Center in Grand Ronde, Ore., or mail to **smok signalz**, 9615 Grand Ronde Road, Grand Ronde, OR, 97347.

Grand Ronde Station offering gas discount

Grand Ronde Tribal members, as well as Tribal and Spirit Mountain Casino employees, can receive a 30-cent per gallon discount on gasoline at the Tribally owned Grand Ronde Station convenience store.

There are, however, a few rules. Tribal members and employees must go inside and show either their enrollment card or employee identification card to receive the discount. \blacksquare

TRIBAL OFFICE CLOSURES

Tribal offices will be closing at noon Friday, May 24, and closed on Monday, May 27, in observance of Memorial Day.

ATTENTION GRAND RONDE TRIBAL MEMBERS

IMPORTANT INFORMATION FOR THE JUNE 2024 PER CAPITA DISTRIBUTION

Deadline Dates for June 2024 Per Capita

smok signəlz

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DEADLINE DATE	ISSUE DATE
TUESDAY, MAY 23	JUNE 1
Friday, June 7	JUNE 15
WEDNESDAY, JUNE 24	JULY 1
Monday, July 8	JULY 15

EDITORIAL POLICY

smok signalz, a publication of the Confederated Tribes of the Grand Ronde Community of Oregon, is published twice a month. No portion of this publication may be reprinted without permission.

Our editorial policy is intended to encourage input from Tribal members and readers about stories printed in the Tribal newspaper. However, all letters received must be signed by the author, an address must be given and a phone number or email address must be included for verification purposes. Full addresses and phone numbers will not be published unless requested. Letters must be 400 words or less.

smok signalz reserves the right to edit letters and to refuse letters that are determined to contain libelous statements or personal attacks on individuals, staff, Tribal administration or Tribal Council. Not all letters are guaranteed publication upon submission. Letters to the editor are the opinions and views of the writer. Published letters do not necessarily reflect the opinions of **smok signalz**.

MEMBERS OF: INDIGENOUS JOURNALISTS ASSOCIATION OREGON NEWSPAPER PUBLISHERS ASSOCIATION 2022 IJA GENERAL EXCELLENCE

2024 Tribal Council

- Change of Address: Wednesday, June 5, 2024 BY 5 P.M.
- Change of Direct Deposit: Wednesday, June 5, 2024 BY 5 P.M.

PER CAPITA DIRECT DEPOSIT

Forms can be found:

- Online at: www.grandronde.org
- Or by contacting Kalene Contreras at 503-879-2204 or Kalene.contreras@grandronde.org

ADDRESS CHANGES

Changes can be made by:

- Calling the Member Services Department at 503-879-2116
- If you get voicemail your address will still be changed if you clearly state your:
 - Name
 - Roll #
 - Date of Birth
 - Last 4 digits of SS#
 - New Address



Ad by Samuel Briggs III

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qwinəm-mun (May)

- Wednesday, May 15 Tribal Veterans Service Office yoga, 2-3 p.m., Tribal Community Programs Building. Snacks provided. 503-879-1484.
- Wednesday, May 15 Tribal Council meeting, 4 p.m., in-person attendance in Tribal Council Chambers and via Zoom. 503-879-2304.
- Wednesday, May 15 chinuk wawa skul informational session, 5:30 p.m. via Zoom. Contact Justine.Flynn@grandronde.org or call 503-879-1857 for the link.
- Tuesday, May 21 Tribal Veterans Service Office "Romance Scams" presentation, 10-11 a.m., Tribal Community Programs Building. Lunch provided. 503-879-1484.
- Monday, May 27 Tribal offices closed in observance of Memorial Day.
- Monday, May 27 Memorial Day Ceremony, 1 p.m., West Valley Veterans Memorial, 9615 Grand Ronde Road. Meal served at noon in the Tribal Community Center.
- Wednesday, May 29 Tribal Veterans Service Office yoga, 2-3 p.m., Community Programs Building. Snacks provided. 503-879-1484.
- Wednesday, May 29 Tribal Council meeting, 4 p.m., in-person attendance in Tribal Council Chambers and via Zoom. 503-879-2304.

taxam-mun (June)

- Wednesday, June 12 Tribal Council meeting, 4 p.m., in-person attendance in Tribal Council Chambers and via Zoom. 503-879-2304.
- Wednesday, June 19 Tribal offices closed in observance of the Juneteenth commemoration.
- Wednesday, June 26 Tribal Council meeting, 4 p.m., in-person attendance in Tribal Council Chambers and via Zoom. 503-879-2304.
- Sunday, June 30 Tribal Council nominations, 11 a.m., in-person attendance in Tribal Council Chambers and via Zoom. 503-879-2304.

To stay informed of future Tribal events, visit www.smokesignals.org/calendar.

NOW ACCEPTING NEW AND EXPIRING TERM APPLICATIONS!!

TRIBAL COMMITTEE/BOARD AND COMMISSION

'I hope that the Warm Springs Tribe would have bigger priorities than continually attacking the Grand Ronde Tribe'

MOA continued from front page

Willamette Falls and other areas in western Oregon that the Warm Springs Tribe has "customarily used since time immemorial, and places one Tribe's interests over others in a way that clashes with Tribal sovereignty."

Grand Ronde Tribal Council Chairwoman Cheryle A. Kennedy said that rather than celebrating the expansion of hunting and fishing rights for a fellow federally recognized Tribe, the Confederated Tribes of Warm Springs, "is threatening a restoration and expansion of rights that only concerns the state of Oregon and Grand Ronde."

"In contrast to what the Warm Springs Tribe claims our MOA with the state, which came after an open, public process, does not create a conflict with the treaties of any Tribes, nor does it ignore any other Tribe's cultural connections

to any ancestral lands or create exclusive rights for Grand Ronde," she said. "In fact, our MOA is nearly identical to agreements other western Oregon Tribes have with the state. We were the last Tribe in western Oregon to get an MOA with ODFW. Four others had already gone through the process and had been approved... I hope that the Warm Springs Tribe would have bigger priorities than continually attacking the Grand Ronde Tribe and trying to pull us back from the important gains we have made in restoring and expanding our Tribal rights on our ancestral homelands."

As per the Administrative Procedures Act, the ODFW Commission has 90 days from when it received the petition to either accept or deny it, according to Dennehy. If they accept the petition, it starts a process for commission consideration at a future meeting. She added that acceptance does not mean the petitioner is granted their request.



THURSDAY JUNE 13TH 2024 4:30 PM-8:00 PM

*DO YOU WANT TO BE MORE INVOLVED WITH THE TRIBE? *ARE YOU INTERESTED IN MAKING POSITIVE CHANGES FOR FUTURE GENERATIONS?



APPLY TODAY

OR PICK UP A HARD COPY NEAR GOVERNANCE SECURITY.

PLEASE DIRECT ANY QUESTIONS TO TRIBAL COUNCIL ADMINISTRATIVE ASSISSTANT SHANNON HAM-TEXEIRA@SHANNON.HAM-TEXEIRA@GRANDRONDE.ORG OR CALL (503) 879-2301.



Food Bank news

The Grand Ronde Food Bank-iskam mək^hmək haws-is operated by Marion-Polk Food Share, which has been leading the fight to end hunger since 1987 because no one should be hungry.

Recipients of SNAP, TANF, SSI or LIHEAP assistance automatically qualify for assistance at the Grand Ronde Food Bank, 9675 Grand Ronde Road. No one will be turned away in need of a food box.

"We believe that everyone deserves to have enough to eat," Food Bank Coordinator Francene Ambrose says. "You are welcome to get a food box at each of our regular weekly distributions. No one will be turned away in need of a food box."

The Food Bank will hold May food box distributions from 10 a.m. to 2 p.m. Fridays. In addition, there is a light food box (mostly bread and produce) distribution from 10 a.m. to 2 p.m. Wednesdays.

People must check in 15 minutes before closing to receive a food box on both days. If you need immediate assistance, call 211 or visit 211info.org.

Those who are unable to pick up a food box can fill out an authorized representative form and that designated person can pick up a food box on your behalf. The authorization is good for one year.

The Food Bank continues to seek volunteers to help with repacking food, putting food on the shelves, handing out food boxes, end-ofmonth inventory and picking up food donations at area stores.

Call to ensure someone is available to assist. People also can sign up for a monthly email for the Food Bank calendar and events, as well as follow the Food Bank on Facebook.

The Food Bank is an equal opportunity provider. Contact Ambrose at 503-879-3663 or fambrose@marionpolkfoodshare.org for more information or to volunteer.

Committee & Special Event Board meeting days and times

- · Ceremonial Hunting Board meets as needed. Chair: Marline Groshong.
- Culture Committee meets as needed at the Grand Ronde Food Bank/iskam makhmak haws, 9675 Grand Ronde Road. Chair: Francene Ambrose.
- Editorial Board meets monthly. The next meeting will be held in June via Zoom. Contact Chair Mia Prickett at Editorial.Board@ grandronde.org for the meeting link.
- Education Committee meets at 5:30 p.m. on the last Tuesday of the month in the Adult Education building. Chair: Tammy Cook.
- Elders Committee meets at 10 a.m. the first and third Wednesday of the month in the Elders Activity Center. Chair: Carmen Robertson.
- Enrollment Committee meets quarterly in Room 204 of the Governance Center. Chair: Debi Anderson.
- Fish & Wildlife Committee meets at 5:30 p.m. the second Tuesday of the month at the Natural Resources building off Hebo Road. Chair: Reyn Leno.
- · Health Committee meets at 10 a.m. the second Tuesday of the month in the Molalla Room of the Health & Wellness Center. Chair: Darlene Aaron.
- Housing Grievance Board meets at 3 p.m. the third Thursday of the month in the Housing Department conference room. Chair: Shayla Myrick-Meyer.
- Powwow Special Event Board meets as needed at the Community Center. Dates vary. Contact Dana Ainam at 503-879-2037. Chair: Dana Ainam.



2019 – A First Fish Ceremony was held at Tribal plankhouse achaf-hammi. The Chinook salmon was caught the day before the ceremony by the Tribal fishermen at Willamette Falls who used a dipnet while standing on a 30-foot-high platform above the water. It took two days to catch the first fish.



2014 – A groundbreaking was held for the Chxi Musam Illihi

File photo

apartment complex. The 20-unit apartment complex was the Tribe's sixth housing development. It was built across from the Tribe's existing family housing and was a response to a long waiting list of individuals and couples seeking family housing.

2009 - Tribal member Bryan Mercier was hired as the Tribal Account Executive for Tribal Affairs at the Bonneville Power Administration. He acted as liaison between the BPA and Indian communities and advised the agency on Tribal issues.

2004 – Tribal Engineer Eric Scott gave a report at the May General Council meeting. Included in the report was a look at some of the major projects completed in 2003. These included the Spirit Mountain Water Treatment facility, Grand Ronde Station and convenience store, new RV and valet parking lots, the Yoncalla Creek bridge replacement that opened up two more miles to migrating salmon, the Rogue River bridge replacement, a Natural Resources equipment shed, and the Fort Yamhill access road and bridge design.

1999 – The last General Council meeting before the summer hiatus took place. It was the first meeting held in the new Tribal Governance Center and more than 136 people were in attendance. The agenda was Tribal Council nominations for three positions with 17 people nominated.

1994 – The Tribe was seeking applications for a cultural heritage recovery director. The director would design and implement a comprehensive cultural heritage recovery program for the Tribe. The program would include developing a Tribal museum and cultural center, collections repatriation and management, oral history and ethnohistory research, public education and interpretive programs, exhibits and publications, and developing ties with government, academic and private organizations.

1989 – Willamina Title IV Elementary School students Nick Bailey, Ronaele Loomis, Mickey Jones and Manning Mercier completed 10 weeks of Chinuk Wawa classes. The students completed the classes with presentations to other elementary students and a special presentation to Grand Ronde Elders. The class was taught by Eula Petite.

1984 – The second annual Native American Finance Officers Association Conference was held in San Francisco. Attendees from Grand Ronde included Interim Tribal Council Chairperson Kathryn Harrison, council member Merle Leno, Executive Director Jim St. Martin and Accountant Alan Wilkenson. Harrison was introduced and invited to sit at the head table during the luncheons along with the chairwoman from the Caddo Tribe of Oklahoma.

Yesteryears is a look back at Tribal history in five-year increments through the pages of Smoke Signals.

- TERO Commission meets at 10 a.m. the second Tuesday of the month in the Employment Services building. Chair: Russell Wilkinson.
- Timber Committee meets at 5 p.m. the second Thursday of the month at the Natural Resources building off Hebo Road. Chair: Jon R. George.
- Veterans Special Event Board meets at 5:30 p.m. the first Tuesday of the month in the Quenelle House. Chair: Raymond Petite.

To update information on this list, contact Smoke Signals Editor Danielle Harrison at 503-879-4663 or danielle.harrison@grandronde.org.

Health & Wellness Center offering vaccines

The new COVID-19 vaccine, Spikevax, is available at the Health & Wellness Center for adults 18 and older. It is recommended for those with chronic health conditions such as chronic obstructive pulmonary disease, kidney failure and heart failure, regardless if they have received older vaccines. Spikevax is not a booster.

Another vaccine that is recommended is for RSV, which is available to babies 8 months and younger, for expectant mothers who are 32 to 36 weeks pregnant and in limited amounts for those 60 and older.

For more information, call the Health & Wellness Center at 503-879-2002. ■

Download the MINORS' TRUST FUND booklet today!

Minors' 4

Do you want to know more?

What are my accounts? What are my options? How do I access my account? What about taxes? Where can I go for financial advice?

The answers to all of these questions and more can be found on the Tribal website / member services. https://www.grandronde.org/services/member-services/

Additional signer approved to assist with closing documents

By Danielle Harrison

Smoke Signals editor

Due to the popularity of its new homeownership development, Tribal Council approved adding an additional signer to assist with closing documents at its Wednesday, May 1, meeting.

The Tipsu-ili'i home ownership project at McPherson Road in Grand Ronde is underway with buyers in process for most of the 20 lots, according to Tribal Lands Manager Jan M. Reibach.

Earlier in the process, an inter-departmental team was developed to



help with the sales and leases in coordination with the Tribal Housing Department, Attorney's Office, Lands Department and Engineering, Public Works & Com-

Jan M. Reibach

munity Development Department. "We're here with good news today, Tribal Council," Reibach said during a Tuesday, April 30, Legislative Action Committee meeting. "The project has really taken off with the team the general manager put together and most of the lots are spoken for... We have our first closing coming up this month and because it's so active, the team got together and we recommend that Tribal Council authorize an additional signer for the documents, especially the closing documents. That signer



Tribal Council approved adding Tribal Lands Manager Jan M. Reibach as an additional signer to assist with closing documents for the Tribe's homeownership project Tipsu-ili'i. Twenty new single-family homes have

would be me so I could help and assist with that process."

been built at McPherson Road in Grand Ronde.

Reibach added that he has acted in this capacity in the past as part of his job in the Lands Department and is familiar with the process.

It's been 26 years since Grand Meadows, located on Tribal property at McPherson and Grand Ronde roads, opened a 36-lot manufactured home subdivision to Tribal families. Housing Department officials have repeatedly said a second development is long overdue.

In 2020, Reece and Associates of Albany was selected to conduct a property development plan for the new site. The first phase includes 20 single-family homes on 10,000-square-foot lots.

The Tribe's current housing options typically have occupation rates of 94 percent or higher, and

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lack of available market-rate homes has been a sticking point in Tribal members moving to Grand Ronde and working in the community.

- In other action, Tribal Council:
 Approved a per capita date of Friday, June 14, for the period of March 1 through May 31;
- Approved a \$16 million grant application to the U.S. Environmental Protection Agency's Environmental and Climate Justice Community Change Grant for solar efficiency and weatherization improvements across multiple sites on the Tribal campus;
- Approved a \$1 million grant application to the Oregon Department of Energy Community Renewable Energy Grant Program for solar efficiency and weatherization improvements at multiple sites on the Tribal campus;
- Approved a second \$1 million grant application to the Oregon Department of Energy's Community Renewable Energy Grant Program for construction costs to add solar and microgrid components to the Resident Resilience Center project;
- Approved a \$200,000 application to the First Nations Development Institute Advancing Tribal Nature-Based Solutions Grant program for funding to develop a climate action plan;
- Approved a \$1.2 million grant application to the U.S. Department of Health & Human Services, Indian Health Service, Native Public

proved a plethora of appointments and reappointments to various boards and committees.

These included reappointing Marline Groshong and appointing Wesley Shaw to the Ceremonial Hunting Board with terms ending March 31, 2026; appointing Pam Warren and Amanda Freeman with terms ending March 31, 2025, and appointing Elaine LaBonte-Robertson, Stephanie Craig and Marcus Gibbons with terms ending March 31 2026, to the Culture Committee; appointing Terri Warren with a term ending March 31, 2026, and appointing Tammy Shaw with a term ending March 31, 2025, to the Election Board; reappointing Shelby Maerz and appointing Isabell Bobb to the Education Committee with terms ending March 31, 2026; reappointing Tracie Meyer, Flicka Lucero and Joanna Brisbois to the Enrollment Committee with terms ending March 31, 2026; reappointing Angey Rideout and Jade Unger, and appointing Shayla Myrick-Meyer to the Fish & Wildlife Committee with terms ending March 31 2026, reappointing Darlene Aaron, Bernadine Shriver, Fave Smith. Joanna Brisbois and Lise Alexander to the Health Committee with terms ending March 31, 2026; reappointing Harris Reibach, Denaee Towner, Patti LeClaire and Simone Auger with terms ending March 31, 2027, and appointing Toby McClary with a term ending March 31, 2026, to the Housing Grievance Board; reappointing Stephanie Craig to the Powwow Special Event Board with a term ending March 31, 2026; reappointing Brian Krehbiel to the TERO Commission with a term ending March 31, 2027; reappointing Jonathan George, Khani Schultz, Mel Holmes and Jerry George with terms ending March 31, 2026 and appointing Shayla Myrick-Meyer with a term ending March 31, 2025, to the Timber Committee; and reappointing Albert Miller to the Veterans Special Event Board with a term ending March 31, 2026.

Even with the appointments and reappointments, there are several positions that remain vacant.

Lastly, Tribal Council set the neeting agenda for the Gener-

facebook.com/CTGRRoyalty Grand Ronde Education Programs: facebook.com/CTGREducation Grand Ronde Youth Council: facebook.com/CTGRYouthCouncil Grand Ronde Station: facebook.com/GrandRondeStation

Grand Ronde Social Services Department:

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Grand Ronde Food Bank:

Grand Ronde Royalty:

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Spirit Mountain Community Fund:

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Grand Ronde Cultural Education:

facebook.com/Grand-Ronde-Cultural-Education

Grand Ronde Community Garden:

facebook.com/GrandRondeCommunityGarden

Grand Ronde Tribal Police Department:

facebook.com/Grand-Ronde-Tribal-Police-Department

Grand Ronde Employment Services

Facebook.com/EmploymentServices

Health Resilience Program for staffing, supplies and other needs;

• And approved enrolling two minors into the Tribe because they meet the requirements outlined in the Tribal Constitution and Enrollment Ordinance.

Additionally, Tribal Council ap-

al Council meeting. It was held Sunday, May 5, in Tribal Council Chambers and included a report from the Education Department.

To watch the entire meeting, visit the Tribal government's website at www.grandronde.org and click on the Videos tab. ■

Road 690 gates closed

The Natural Resources Department will be conducting commercial thinning operations through its logging contractor along Road 690 in the Reservation forest. For protection of public safety, Tribal resources and contractor equipment, the gates at the upper and lower ends of the Road 690 crossover route will be temporarily closed and locked for the duration of operations. Vehicular access will be limited to administrative and operational use.

The roads will remain open to non-motorized uses, although visitors are advised to stay safely away from commercial thinning units and equipment. Operations along Road 690 are expected to be complete this summer and the Natural Resources Department will announce when the road is reopened to motorized vehicles. ■

General Council briefed on Education Department

"They were also

By Danielle Harrison

Smoke Signals staff writer

6

Education Department Manager Angela Fasana briefed Tribal members on the department's various programs and accomplishments during a Sunday, May 5, General Council meeting held via Zoom and in Tribal Council Chambers.

During the meeting, Fasana highlighted the department's successes of the past year, organizational changes, construction projects and future goals.

"I have an amazing team and lots of support," she said.

Fasana described 2023 as a busy year after weathering years of various COVID-19 restrictions and closures, followed by program expansion and new building construction.

"We have a monthly newsletter that we publish and it is really informative about everything that's been going on," she said.

Fasana said the Education Department has been working on Community Development Plan implementation.

"We're constantly watching and working on meeting our objectives and goals for the Community Development Plan," she said. "We have guite a few of those built into the development plan for our department."

Literacy, records management, emergency management, community outreach and wellness also have been a focus in the past year, along with grant and facilities management.

"This last year, Bryan Langley (Higher Education Program manager) and his team managed to clean out over 13 file cabinets of records and scan and move them



Angela Fasana

funding, which makes is much easier for people to apply and then of course that information is put into the Laserfiche. It's a much more streamlined process. We are looking for ways to continue to preserve and protect data, and create efficient systems for that."

Fasana also provided an overview of the Early Childhood, Youth and Higher Education programs, as well as an update on hayu-munk skukum Services, Chinuk Wawa Education and the Tribal Library.

Some of the highlights included: • There are 70 students in campus pre-school classrooms and 30 students in the home-based program. The 12-classroom childhood development center is under construction next to the old powwow grounds on the Tribal campus with an expected opening date of fall 2025;

• The Chinuk Wawa Education Program continues to be successful. There are 20 students in the preschool class, 25 in the kindergarten to sixth-grade class and 47 in the high school classes. A new, six-classroom language building opened in the fall of 2023 for preschool through sixth-grade students.

· Youth Education offers academic

CTGR EDUCATION DEPARTMENT

2024Honor and Recognition Event Graduation Celebration

Are you a CTGR Tribal member promoting from 8th grade, High School/GED graduate, or College graduate? We invite you and your family to join us on June 27th at 5:30pm at Spirit Mountain Casino to our Honor and Recognition event to celebrate with us!

advising, coaching, curriculum development, a Shawash Studies high school class, college visits, school supply distributions, and an annual honor and recognition event. There are 386 students who utilize academic coaches and advisers. Sixteen students are enrolled in the Shawash Studies class and 40 in a guided study class. Additionally, a Native literature class has 14 students enrolled and the freshman focus class also has 14 students. On the curriculum development side, more than 100 Tribal history curriculum lessons are available for kindergarten through high school students.

- Youth Enrichment, now hayumunk skukum Services, continues its popular hihi-lakhaset (fun boxes) activity project, which served 1,200 students last year. The afterschool and non-school day programs include 90 students, summer programming includes 100 students and 120 participate in Native Club activities. Staff also participate in Monday morning meet-ups in Tribal housing for middle and high school students, and operate a youth center for evening and Saturday activities. This summer, approximately 45 students will be selected for the Youth Internship program.
- Higher Education currently has 99 students in bachelor degree programs, 44 in graduate degree programs, and 107 in community college and adult vocational training programs. The Tribe also had several students who received a state Tribal Student Grant to cover college tuition and other expenses. Additionally, the college and career fair was brought back to the Tribal campus and included industry partners as well as higher education representatives. Lastly. 2023 brought the total of higher education graduates to more than 1,000 Tribal members.

• The Tribal Library provides author visits, is open to the public and the community, helps support different Tribal programs and includes mobile library services for those who cannot come in person.

Fasana said that goals this coming year include launching the first phase of a Tribally-operated school with a full-day kindergarten Chinuk immersion option in fall 2024.

"This fall, we will have our own school and offer full-day kindergarten," she said. "This is a heavy lift for staff...The biggest two priorities will be curriculum development, and implementation and adoption of essential policies and procedures for operating the school...Those are the primary functions between now and Aug. 26, which I think will be the first day of school."

To learn more about the Education Department, visit grandronde.org/ services/education or visit "CTGR Education Programs" and "Chinuk Wawa Education," on Facebook.

Fasana took 13 questions and comments from the audience. Tribal Council Chairwoman Cheryle A. Kennedy said that education has always been a priority for the Tribe.

"We appreciate the presentation and want to thank you and all of your staff as well," she said. "In Restoration, (one) of the biggest efforts was in education for our members so that they could be self-sufficient."

In other action, it was announced that the next General Council meeting will be in a hybrid format at 11 a.m. Sunday, June 30, in Tribal Council Chambers for the purpose of Tribal Council nominations.

Door prize winners were Kateri Marrufo, Leroy Good, Barbara Steere, Rosemary Jameson and Mike Portwood, \$50 each; and Shawn Haggerty, Judy Williams and Mike Giffen, \$100 each.

To watch the entire meeting, visit the Tribal government's website at www.grandronde.org and click on the Videos tab.





JUNE 27, 2024 • 5:30 P.M.

8TH GRADE PROMOTERS & HIGH SCHOOL GRADUATES

Please email Youth Education for the form. YouthEducation@grandronde.org - 503-879-2101

GED & COLLEGE GRADUATES

Please email Higher Education for the college graduate form. highereducation@grandronde.org - 503-879-2275

Celebrating Native American Heritage and Community Craftsmanship. 10am-6pm • June 14 & 15 • July 24 & 25



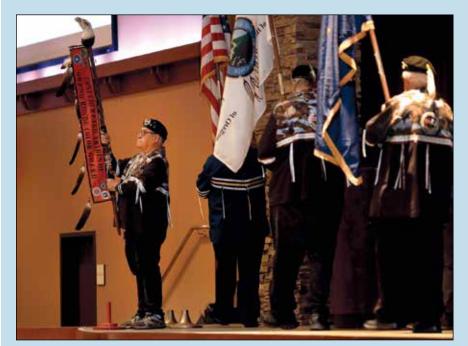
Are you an artisan and interested in being a vendor? Call 503-879-3721 to apply.

Environmental summit



Photos by Michelle Alaimo

Tribal Council member Kathleen George provided the blessing and Tribal opening for the 2024 Environmental Protection Agency Region 10 Tribal Environmental Leaders Summit held at Spirit Mountain Casino's Event Center on Wednesday, May 1. This year's summit was designed to empower and equip Tribal leaders with the tools and knowledge needed to drive meaningful change within their communities, with practical strategies for addressing the environmental challenges facing Tribal nations. The event was hosted by the Region 10 Tribal Operations Committee, which serves Alaska, Idaho, Oregon and Washington state. It also took place Thursday, May 2, and Friday, May 3.



Grand Ronde Honor Guard member and Tribal Elder Raymond Petite carries the Eagle staff as the colors are presented to open the 2024 Region 10 Tribal Environmental Leaders Summit held at Spirit Mountain Casino's Event Center on Wednesday, May 1.

Forest Service publishes co-stewardship story map

The USDA Forest Service Pacific Northwest Region has published an interactive story map highlighting co-stewardship work occurring between Tribes and national forests across Oregon and Washington. This includes the Grand Ronde Tribe for its work on the Camas Prairie Restoration effort in partnership with the Siltez Tribe. Camas Prairie, located on the Sweet Home Ranger District, has been a special focus between the Forest Service, The Tribe and the Siletz for more than 25 years. Both Tribes have participated in ongoing protection and restoration of Camas Prairie through native seed collection, invasive plant management, tree density management and prescribed burning.

"The Pacific Northwest is home to many Indigenous peoples and their cultures, traditions and knowledge continue to define the Pacific Northwest today," Kristine Harper, Tribal Relations Specialist for the Pacific Northwest Region of the Forest Service and enrolled member of the Tlingit and Haida Indians of Alaska, said. "This story map displays how we are working with Tribal governments to incorporate this knowledge into our projects and activities across the region."

The Forest Service is responsible for millions of acres of federal land where Tribes have reserved the right to hunt, fish and pray by ratified treaties and agreements with the United States. The Forest Service is tasked with managing these landscapes to be sustainable for future generations.

Contains information from the Polk County Itemizer Observer



· ↓↓ LISTEN TO SMOKE SIGNALS 107 PODCASTS

'Empowering Women in Tribal Gaming' recap with Camille Mercier



7

2024 Elders Honor Day

Monday, July 8th

Spirit Mountain Casino & Event Center, Grand Ronde, Oregon

We welcome our relatives to join us for our 2024 elders honor day activitie will include: bingo, light lunch, photo booth, games raffles, prizes dinner and entertainment

doors will open at 12:30

please rsvp by June 15th elders 55+ and spouses only hosted by the Confederated Tribes of Grand Ronde Elder Committee

for individual reservations call 1-800-760-7977 use code: 4751 booking 5 or more rooms, please contact Jonny Mooro jenny.moore@spiritmtn.cor



Spirit Mountain Casino CEO Camille Mercier joined other female Indian gaming executives to speak on the "Empowering Women in Tribal Gaming: Shattering Barriers and Building Success" panel at the Indian Gaming Tradeshow and Convention on

Thursday, April 11. Mercier spoke with the Smoke Signals podcast to recap that discussion and convention in Anaheim, California.

For more information, contact Kamiah Koch at 503-879-1461 or kamiah.koch@grandronde.org



VISIT SMOKESIGNALS.ORG AND CLICK ON PODCAST

8

'It was just a night of pure joy'

HUDSON continued from front page

and writer best known as Portland's premier drag clown Carla Rossi and his play "Looking for Tiger Lily," which follows his quest to find validation as a Native artist and be at peace with a confused identity. He was profiled in the Nov. 1, 2019, edition of Smoke Signals.

He was invited to Venice by Indigenous artist Jeffrey Gibson (Choctaw and Cherokee), whom he knew from past artwork performance collaborations together.

According to information on the Biennale website, Gibson has "forged an interdisciplinary practice and hybrid visual language that draws from American, Indigenous and queer histories, with references to popular subcultures, literature and global artistic traditions."

Gibson's U.S. Pavilion included newly produced multimedia sculptures, mixed-media paintings, murals, a multichannel video installation and an exterior installation.

"The next thing I knew I was in all these meetings with Jeffrey's studio, the curators from the art museum and the folks that were organizing the whole gig," Hudson said. "They were telling me, 'You're going to be the drag clown in residence, you're going to come as Carla and you're going to host our opening dinner because we're going to host a big dance party with Honey Dijon.' I just couldn't believe it."

Honey Dijon is an American DJ, producer and electronic musician who has most recently toured with Madonna and performed internationally at clubs, festivals, art fairs,



Photo courtesy of Anthony Hudson Tribal member Anthony Hudson at the 60th Venice Biennale in Venice, Italy.

galleries and fashion events.

Hudson spent the week of April 14-21 immersing himself in all things Italian and attending various parties and other Biennale events as Carla, who had several outfits to complement the theme of whatever she was hosting that night. One outfit was meant to emulate the "Italian starlet look," inspired by Murano glass, which is produced in Venice. Another was an outfit inspired by Lara Croft in the video game "Tomb Raider," which Hudson has loved since he was young. It's also a nod to various museums "scrambling to repatriate items back to our culture," he said.

In addition to Hudson, poet Layli Long Soldier (Oglala Lakota) and musician Laura Ortman (White Mountain Apache) were selected to activate the artwork during the opening reception dance party.

"It was just incredible," Hudson said. "On top of that, Jeffrey and his team brought out 30 jingle dress dancers and drummers to perform in the pavilion, and it was just an entire Indigenous takeover in Italy, the land of Columbus. I was thinking of all of those times in Europe when they shipped Natives there to show us off but this time we were doing it on our grounds and all together. It was all to celebrate who we are. It was a massive celebration of Indigenous culture just for our sakes. It was so cool."

Hudson added that while there were several other pavilions at the Biennale that featured "incredible" Indigenous artwork, many were focused on stories of pain, colonization and trauma.

"Jeffrey referenced those histories in his artwork but his pavilion was just a psychedelic explosion of color, a celebration of what it means to be Indigenous, what it means to be queer," Hudson said. "I didn't know what I was stepping into but I don't think I realized I was going to have what felt was the ultimate moment in my career: To get to show up and get off the water taxi onto a red carpet and then to host this night full of Indigenous people."

He added, "I just decided to be myself. They hired me to be the drag clown in residence and so I was a clown. I was funny but also got to represent my Tribe and get up there and say, 'I'm an Indigiqueer drag clown.' I got to wear a necklace that was gifted to me by Cultural Resources and wear a two-spirit necklace there. It felt good to represent and to get to pay tribute to where I come from and our communities, and to be doing it in this place that I never, ever thought I would be in a million years."

Hudson said the most powerful moment for him came when the drummers and dancers came into the pavilion and "brought it to life," but the most memorable time for him came during the dance party with Honey Dijon.

"It was just a night of pure joy where you had all of those dancers, you had all of my favorite Native artists and they were partying with everyone else and being together," he said. "I literally started crying happy tears because everything I had been through was for that moment."

Hudson served as one of the Grand Ronde Tribe's first Indigenous Place Keeping Artist Fellows in 2022 and was one of 23 Native American artists to receive a \$7,500 cash award through the First Peoples Fund's Artists in Business Leadership and Cultural Capital Fellowship program in 2021.

He and Carla have performed at places including the Portland and Seattle art museums, the Vancouver Queer Film Festival, the 2019 Portland Biennial and the Yirramboi Festival in Melbourne, Australia, before their whirlwind trip to Venice. ■

MARRIAGES IN TRIBAL COURT

Tribal Court is issuing marriage licenses and able to perform marriage ceremonies for a filing fee of \$40. Contact the Tribal Court at 503-879-2303. ■





Fresh Food Distribution

THURSDAY MAY 30TH, 10AM-3PM

One food box per tribal member household (tribal member must be present -or- complete permission slip, 3 boxes max per vehicle).

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Ph: (503) 879-1881

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DATES & TIMES

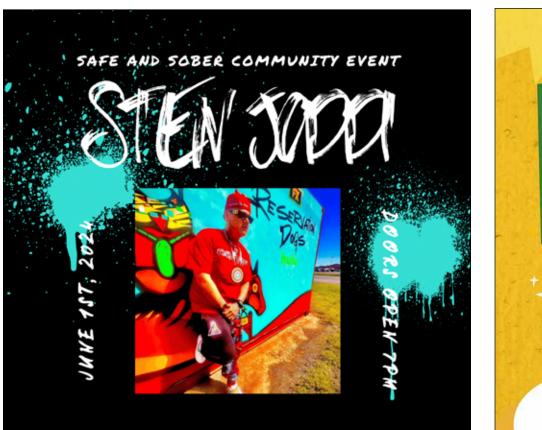
Wednesday 15th, 10am-3pm Thursday 16th, 11am-3pm Friday 17th, 10am-3pm Wednesday 23nd, 10am-3pm wednesday 29th, 10-3pm

Thank you for respecting Grand Ronde Community & Culture by not displaying gang affiliation and by not bringing drugs, alcohol or weapons to this event.

Location: Community Center Supplies & Snacks Provided



YEP@grandronde.org or (503) 879-2034 for more information



GRAND RONDE TRIBAL GYM

THIS IS A SAFE AND SOBER EVENT FOR OUR COMMUNITY GRADUATES. WE INVITE ALL COMMUNITY MEMBERS TO ATTEND IN CELEBRATION OF OUR YOUNG PEOPLE AND THEIR ACCOMPLISHMENTS.

> Thank you for respecting Grand Ronde community and culture by not displaying gang affiliation and by not bringing drugs, alcohol or weapons to the event.



MEMORIAL DAY OBSERVANCE

MONDAY, MAY 27 • PROGRAM BEGINS AT 1 P.M. • MEAL SERVED AT NOON



West Valley Veterans Memorial • 9615 Grand Ronde Road, Grand Ronde, OR 97347

For more information about the Memorial Day event, please contact Molly or Lisa at 503-879-5211 or email: Veterans.SEB@grandronde.org

Preschool adds traditional foods to its menu

By Danielle Harrison

Smoke Signals editor

Students in the Grand Ronde Headstart Preschool Program recently had the opportunity to sample a traditional food staple — elk.

The verdict seemed mixed, with some students noshing away happily and others with hesitation. However, given the age group, that's a fairly normal occurrence for any new food.

Efforts to incorporate traditional foods into the school lunch menu has long been a goal for the program, but there were several bureaucratic hurdles to clear first.

"The preschool has been working to incorporate traditional foods in our school menus," Health & Nutrition Coordinator Shelley Clift said. "A large portion of the food we serve our students is funded by the USDA Food and Nutrition Ser-

vice through the Child and Adult Care Food Program. This program supports high nutrition standards for our students. However, there were several barriers to serving traditional foods."

The primary issue was that many traditional foods were not included on the program's reimbursable list. Additionally, sourcing

traditional foods can be expensive and difficult, and hunter-harvested meats are not allowed in most situations.



Photos by Michelle Alaimo

Maddilynn Phillips-Dill, 2, takes a bite of elk minestrone soup during lunch in the ShwiqHiq classroom at the Tribe's Early Childhood Education building on Wednesday, April 24. ECE staff has been working to incorporate the Tribe's traditional foods into the school's menu. This was the first time elk was included in the lunch menu.



"Fortunately, we were able to move through these challenges," Clift said. "A lot of work has been done in the last year at many levels."

the Tribe's Early Childhood Education kitchen staff.

Elk minestrone was made by



In March 2023, Grand Ronde's preschool nutrition team met with representatives from Oregon's Supplemental Nutrition Assistance Program and USDA, where they discussed barriers to serving traditional foods and requested some flexibilities.

During the summer and fall, the nutrition team coordinated with the Tribe's Native Plant Nursery to begin receiving traditional foods such as berries and planters of narrow leaf onion.

USDA also released a memo during that time, emphasizing a

commitment to, "support Tribal nations self-determination, promote equity, remove barriers to services and programs, and incorporate Native American perspectives into food programs, recognizing their food sovereignty."

In February, Natural Resources identified local custom meat processors used by the Tribe and discussed the possibility of a ceremonial hunt. By April, inspection reports arrived from the Oregon Department of Agriculture for custom meat processors used by Grand Ronde Natural Resources and Tribal Police Department.

Additionally, Clift and Tribal Council Vice Chair Chris Mercier attended a virtual meeting with state and national USDA and Child Nutrition Program representatives to discuss next steps.

Lastly, Nutrition Services Supervisor Jose Montano coordinated with Tribal Police to receive 20 pounds of elk meat for the preschool freezer.

On Wednesday, April 24, elk minestrone soup was served to all preschoolers.

Tribal General Manager Angie Blackwell was the longtime manager of Early Childhood Education and said it had been a longtime goal to serve Indigenous foods in the classrooms.

"There were bureaucratic barriers that had to be addressed," she said. "Shelley Clift invested a great deal of time and energy to see this come to fruition."

Education Department Manager Angela Fasana expressed similar sentiments.

"I am so happy to hear this," she said. "I appreciate each of you and your contribution to making this happen."

Clothes Closet open

The Clothes Closet is open from 9 a.m. to noon Friday on the Tribal campus near the Elder Activity Center at the end of Blacktail Drive.

The Clothes Closet accepts clothing, small appliances and pieces of furniture, electronics and household goods that are clean and in good condition. It does not accept books, large TVs or furniture, but there is a community board where people can post those items.

For more information or emergency clothes, contact Lori Walker-Hernandez at 559-847-7565. ■

Acupuncture in PORTLAND



Confederated Tribes Of the Grand Ronde Native Plant Sale Natural Resources Department//Native Plant Nursery





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Feeling good walking



Photos by Michelle Alaimo

One-year-old Miller Ruiz throws a ball while on a walk with his father, Vince Ruiz and his grandmother, Shawn Bobb, left, during the Łush təmtəm mitxwit-łatwa (Good Feeling Walk) at uyxat Powwow Grounds on Saturday, May 11. The walking route went from the powwow grounds to Fort Yamhill State Heritage Area and back. Approximately 100 people attended the event that was sponsored by the Tribe's Youth **Empowerment & Prevention Program.**



Kaylee Freeman, 7, picks the ring she wants at the Tribe's Youth Education K-12 Program's information table during the *tush* tamtam mitxwit-łatwa (Good Feeling Walk) at uyxat Powwow Grounds on Saturday, May 11. A few of the other Tribal departments with tables were Warriors of Hope Domestic & Sexual Violence Program, Emergency Services, Public Health and the Chinuk Wawa Education Program. Yamhill County Health and Human Services was also there.

Peace and Dignity Journeys to stop in Grand Ronde

The 2024 Peace and Dignity Journeys will visit Grand Ronde on Tuesday, June 18.

Peace and Dignity Journeys have held Native American spiritual runs across North and South America every four years since 1992, with the exception of 2020 due to the COVID-19 pandemic.

The 2024 Peace and Dignity Journeys began on May 1 in Alaska and Argentina, when participants embarked on a seven month prayer run, which will end on Nov. 29 at El Cuaca, Colombia.

When participants reach their destination for the day, they will have a circle ceremony with the local community.

"This journey emphasizes the commitment to prayer, underlining the obligation to strengthen spiritual connections among Indigenous Peoples across Abya Yala (Western Hemisphere)," stated the pdjrun.com website. "The runners' dedication transcends geographical boundaries, underscoring the imperative nature of fostering unity and respect among Indigenous peoples."

The run in Oregon will stop in Portland, Grand Ronde, Corvallis, Eugene, Reedsport, Coos Bay and Gold Beach before moving south to California.

This year's run is dedicated to the concept of Tlahtoa, which encompasses introspection, speaking from the heart, truth and breath of life.

Peace and Dignity Journeys were inspired by an ancient prophecy of the Eagle and the Condor coming together, representing the unification of Indigenous people from North and South America after centuries of colonization.

Grand Ronde Tribal Elder Carol Logan is leading the preparations for the stay locally.

For more information or to participate in the run during the Oregon stops, visit pdjrun.com or contact Mel Huey at 541-255-2741. ■

Tribal Library merges with Regional Library Service

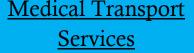
The Tribal Library has merged with the Chemeketa Cooperative Regional Library Service, said Tribal Librarian Kathy Cole.

Tribal members can now get books from libraries in Polk, Yamhill and Marion counties, as well as access to many free programs.

Tribal Library patrons should visit the Tribal Library and update their information and obtain a new Regional Library Service card.

For more information, contact Cole at 503-879-1488.





Medical transportation services are available to Tribal members within the six-county service area when an alternate means of transportation is not available. Advance notice required.

Please call 503-879-2078 to schedule a reservation.



volunteer readers for the SMART Reading program at Grand Ronde Head Start Preschool.

 This is a great volunteer opportunity with a commitment of one hour per week and a brief training prior to the start date. For more information, visit

https://smartreading.org/volunteer/ or call 877-598-4633.



· Weekly reading sessions are scheduled in advance and will be held in the library. Each volunteer will be assigned specific children that they will work with throughout the year.

VISIT HTTPS://SMARTREADING.ORG/VOLUNTEER/



Camas Festival



Photos by Michelle Alaimo

While on a tour of the camas patch in the Cozine Creek Natural Area, Tribal Cultural Resources Department Manager David Harrelson talks about camas and its use as a traditional food during the third annual Camas Festival at Linfield University in McMinnville on Friday, May 10.



Tribal Council Chairwoman Cheryle A. Kennedy welcomes attendees at the start of the third annual Camas Festival at Linfield University in McMinnville on Friday, May 10. Additional Tribal involvement at the event included a Chachalu Tribal Museum & Cultural Center staffed information table, Tribal member and artist Leland Butler discussed his recent photography exhibit "Connected to the Land" and Tribal Librarian Kathy Cole read her book "Camas."

Spring Dessert Showcase slated at Sheridan High School

The Sheridan School District is hosting a Spring Dessert Showcase at Sheridan High School, 435 S. Bridge St., from 2-3 p.m. Friday, May 17.

The event will include a speech from former Oregon Gov. Barbara Roberts and information about Roberts CTEC, including updates on the project and career pathway developments. ■



Mental Health Awareness Month has been a cornerstone of addressing the challenges faced by Native Americans living with mental health conditions. Throughout the month, GRHWC/Behavioral Health will actively participate in the national movement, dedicated to eradicating stigma, extending support, fostering education and advocating for policies that prioritize the well-being of individuals and families affected by mental illness.



GRHWC Behavioral Health 503-879-2026 Suicide and Crisis Lifeline 988

TERO small business startup grant

TERO grant eligibility:

• Must be an established Oregon business with state registry.



HOUSING NEEDS ASSESSMENT SURVEY



Help us explore how to improve the housing situation in Grand Ronde. Please take a moment to fill out our tribal housing needs assessment survey.

Thank you for your interest and participation. If you have any questions, please reach out to Kristen Svicarovich, P.E. Community Development Manager Direct: (503) 879-2070 Email: Kristen.Svicarovich@grandronde.org

- Business must be less than 3 years old.
- Must be a Grand Ronde Tribal member.
- Must prepare a detailed allocation of how you plan to utilize the funding and how it will benefit your business.
- Applications must be submitted by 5 p.m. Friday, June 7.
- All applicants that have been deemed eligible for the program will be given an interview for the grant funding.
- Concluding the interview process, the chosen applicant will be awarded the \$8,000 grant.

For grant applications or questions please contact TERO.

503-879-2146 • 503-879-2188 • TERO@grandronde.org 9615 Grand Ronde Rd., Grand Ronde, OR 97347

Tie-dye party



Photo by Michelle Alaimo

Wyatt Zimbrick, 5, adds green dye to his T-shirt during the Tribe's Children & Family Services Program's "Make Your Own Tie-Dye" party at the day-use park on Saturday, May 11. Tribal member Joel Selwyn provided tie-dye instruction.



Acupuncture in GRAND RONDE



Pacific Power hosting wildfire mitigation meetings

Pacific Power is hosting a series of meetings for communities in its Washington and Oregon service areas for residents to learn more about the company's efforts to increase safety and reliability during wildfire season.

The meeting closest to Grand Ronde will be held in Lincoln City at Chinook Winds Casino, 1501 N.W. 40th Place, from 5:30-7:30 p.m. Tuesday, June 11, and will include a free dinner.

"Pacific Power is going to be traveling to communities in our service areas in May and June for a series of customer forums on Pacific Power's wildfire mitigation plan," Pacific Power Tribal Liason Representative and Grand Ronde Tribal member Tracy Moreland said. "Emergency Management staff will be available and a meal will be provided to attendees. There is also a live stream option."

To register for the in-person or livestream option, visit pacificpower. net/community/workshops-events.html. The website also contains a list of other meeting locations for Tribal members who live outside the Grand Ronde area. ■





Contact Pamala Warren-Chase @ warren31@yahoo.com

@ Grand Ronde Health and Wellness Center

TUESDAYS & WEDNESDAYS





Mallory Harman, I.Ac

Alison Healy, LAc



Manuela Terlinden, LAc

Questions or to schedule: CALL OR TEXT: 503-482-9370 EMAIL: info@yourdearbody.com

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ERANS

MAY 2024 EVENTS

Veterans yoga class

2 p.m. – 3 p.m. Wednesday, May 15.

Tribal nonemergency text line

The Grand Ronde Tribal Police Department has a nonemergency text line at 541-921-2927.

"If you have a nonemergency situation or question, feel free to contact my officer via text through this line," said Grand Ronde Tribal Police Chief Jake McKnight. "When one of my officers receives the text, they will call you back when they have time."

McKnight said that emergency situations still require calling 911. For more information, contact McKnight at 503-879-1474. ■



The Confederated Tribes of Grand Ronde is collaborating

Financial Foundations explores the following topics:



Budget & cash flow planning, Money goal setting, Tackling debt, Channeling savings for big goals, Financial planning for retirement, Protecting your assets, Strengthening credit.





Contact the TVSO Office if you have any questions or for more event information.

CTGRTribalVSO@ GrandRonde.Org

503-879-1484

2 p.m. – 3 p.m. Wednesday, May 29.

Community Programs Building. Snacks Provided.

Veterans "Romance Scams" presentation

10 a.m. – 11 a.m. Tuesday, May 21.

Community Programs Building. Lunch Provided.

Financial Foundations May classes:

May Zoom:

Zoom, 5:30-7:30pm, Tuesdays, May 21, 28 Zoom, 9am-5pm, Saturday, May 18



Questions? Email caitlin.zimbrick@grandronde.org To learn more about IDA's visit https://oregonidainitiative.org/

Financial Foundations is required to sign up for an IDA (Individual Development Account) matched savings. Limited space available, must meet eligibility requirements.

Ad by Samuel Briggs III



GRAND RONDE HOUSING DEPARTMENT 28450 Tyee Road – Grand Ronde, Oregon 97347 – 503-879-2401 – Fax 503-879-5973

ATTENTION ALL HOUSING TENANTS AND GUEST PLEASE SLOW DOWN IN ELDER HOUSING

Also, please make sure and maintain low levels of music in the Elder community







- FLU/COVID PRECAUTIONS
 Please do not attend if you are experiencing symptoms or are positive for FLU/COVID
 Keep your social distance, 6 Feet apart.
- Clean your hands
 frequently.
- Face mask use is optional and for your own safety.
 Thanks!!!



The Hebo Ranger District invites You for the Family Fishing Day in the Forest

When: June 17, 2024, from 09:00 am to 02:00 pm.

Where: Hebo Lake in Hebo, OR.

Fishing Contest and Prizes for Children (4-15 years old)

We will have fishing poles and reels, bait, and free fishing lessons available. Parking is free, and kids under 12 years old won't need a Fishing License. For people 12 years and up, a Fishing License is required for this event.

CLEAR Clinic

*There is an

Oregon State

police charge o \$33 for finger

printing for all

criminal expungements



Watchlist: 'Native Americans have long history of military service'

(Editor's note: It is estimated that there are approximately 149 billion videos on YouTube, and the number continues to grow. Grand Ronde Tribal member and Social Media/Digital Journalist Kamiah Koch sifts through those videos twice a month to recommend a worthwhile Indigenous video to watch. Follow her bimonthly recommendations and enjoy!)

By Kamiah Koch

Social media/digital journalist

With Memorial Day approaching on Monday, May 27, this edition's Watchlist looks back.

According to a news clip from ABC 7 in Chicago, there's a long tradition of Native Americans joining and serving the United States military.

"This was a theme I found repeated throughout Indian Country," Director for Northwestern Center for Native American & Indigenous Research Patty Loew said. "The United States is at war, our homelands are threatened, so we're going to protect our people."

ABC 7 Chicago notes that even though America's history with Indigenous populations has seen its own battles, many Native people have chosen to serve. The video pans over a wall covered in photos of Native Americans who fought in World War II, the Vietnam War and Desert Storm.

"We engaged in every war the United States has took part in," Trickster Cultural Center CEO Joseph Podlasek said.

The center has displays sharing the history of Native American military service. ABC 7 Chicago says some even served out of tradition.

"Some men and women were born into war clans so they were obligated to be protectors," Loew said.

Native American Veteran Jennifer DeBouver is a descendent of a Navajo Codetalker. The Codetalkers were a group of Navajo men who used the unwritten Navajo language and created a code to be able to securely communicate during World War II. According to the Los Alamos National Lab, there are only three Navajo Codetalkers still alive today.

The Trickster Cultural Center has a display that shows 34 Native languages have been used by the U.S. military as code.

DeBouver says another reason many have served and continue to serve today is because of the location of reservations.

"A lot of them turned to the military to give themselves more opportunities," DeBouver said.

You can watch the entire ABC 7 Chicago clip for yourself at www. youtube.com/watch?v=CW1UWHqCMvQ. ■

Services Provided:

- Criminal record
- expungements
- Eviction expungements and tenant advocacy letters
- Court fines and fee waiver
 petitions
- Legal name and gender marker changes
- Referrals for other legal services

Thursday June 20th @ 2~6pm

Friday June 21st @ 12~4pm

> In the gym at CTGR campus Grand Ronde

Mental Health Texts!

On Fridays you will receive a message about mental health, a social emotional tip or a simple quote or message of encouragement. Text JOIN to (971) 318-3459 16

Casino seeking vendors for Spirit Mountain Marketplace

Spirit Mountain Casino is seeking vendors for the upcoming Spirit Mountain Marketplace, which will celebrate Native American heritage, craftsmanship and community.

The event times are all set for 10 a.m. to 6 p.m. Dates are Friday and Saturday, June 14-15, Wednesday and Thursday, July 24-25; Friday and Saturday, Sept. 13-14; and Friday and Saturday, Oct. 11-12.

The Marketplace is seeking Native American and community members who create handmade products that are at least 80 percent crafted by hand or produced locally.

To secure a spot, vendors should contact Rob Henly at 503-879-3721 to obtain details and confirm a spot as a vendor.

Fees, rules and guidelines will be available to sign, along with a table assignment, at 9 a.m. Friday before every event. Marketplace spots will be allocated on a first-come, first-served basis.

The vendor fee will be \$30 and provides access to one table, one Flex linen, two chairs and a black linen to cover the table overnight.

The Marketplace will be located in the Events Center hallway with space for 35 vendor tables. Table placement will be determined through a lottery process at 9 a.m. Friday before the event. Additional space up to 5 feet beside and in front of tables will be available for clothing racks.

In addition, vendors can temporarily park vehicles in the roundabout behind the hotel for unloading and loading between 9 and 10 a.m. and from 6 to 7 p.m., respectively.

"We aim to create an inclusive and vibrant Marketplace that honors the craftsmanship of Native American and local artisans," a press release said. "We hope these guidelines provide clarity and excitement as we prepare to host the Marketplace."

Vendors are asked to contact Henly with any Marketplace-related questions instead of approaching casino staff during the event. \blacksquare



Confederated Tribes of Grand Ronde



Drop box installed

The Grand Ronde Tribal Police Department, 9655 Grand Ronde Road, has a medication drop box located in the front lobby.

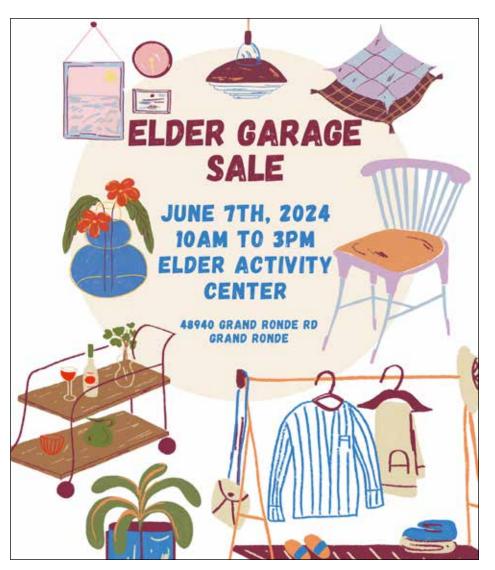
Lobby hours are 8 a.m. to 5 p.m. Monday through Friday.

The drop box is for any prescribed or over-the-counter medication. If the containers are too large to fit in the drop box, please repackage them in a zip-lock plastic bag. Tribal Police employees cannot handle the medications so the person dropping them off must repackage them.

Needles and liquids are not allowed in the drop box.

Tribal Police suggest mixing liquid medications with cat litter or coffee grounds and then throwing them away with the household trash.

For more information, call 503-879-1821. ■





Now Hiring Lodge Caregivers

- Full Time and On Call Positions available.
- No Experience Required, 8 week training provided.
- CNA/CMA certifications eligible for \$1 bonus/hour.
- Starting pay with no/minimal experience \$22.36.
- Benefits for eligible teammates.

www.grandronde.org/employment/ EmploymentTeam@grandronde.org 503–879–2109



Ad by Samuel Briggs III

5PM-10PM

WINGSPAN EVENT & CONFERENCE CENTER 801 NE 34th Ave - Hillsboro OR 97124

Honoring High School Graduates

5pm	Com
6pm	Gran
	Stud
10pm	Reti

Hillsboro

Community Meal Grand Entry Student Honoring Retiring the Colors

Event MC: Carlos Calica

A Drug- & Alcohol-Free Event

Northwest Regiona

Vendor Contact: Jenny Sanchez jenny sanchez@beaverton.k12.or.us

Beaverton





Open to the Public

anteed Par

Paid ad

Walking On...

Judith Darlene Olsen

Oct. 2, 1943 – April 17, 2024

It is with sad and heavy hearts that we announce the passing of Tribal Elder Judith Darlene "McKnight" Olsen.

She was a wonderful and caring mother, sister and grandmother. She shined with love and cared more about the people around her than she did about herself.

Judy was born on Oct. 2, 1943, at McMinnville Hospital, to Elvira Langley and Thomas McKnight. She was one of 10 children. She grew up in Wil-

lamina in a small one-bedroom home with Dorothy, Maxine, Ramona, Beverly, Barbara, Wayne, Robert, Melvin and Rick. Judy graduated from Willamina Union High School and was married to Larry K. Olsen on Aug. 23, 1965, in Vancouver, Washington.

They moved to California and lived there until 1969 and then moved to Champaign, Illinois, and had two children, Larry and Laura. In 1976 they moved to Tempe, Arizona, where Judy made many friends and became a mother to many of Larry and Laura's friends.

Judy took in anybody that needed help and was the "hand of authority" to most. She was afraid of nothing and no one.

Judy stayed in Arizona until 1990, when she moved back to Oregon to be with her siblings. She lived there until 2007 and then moved back to Arizona to be with her kids and grandson, Brody.

She loved daisies and pigs, cooking and baking, sitting on her porch and watching the sun come up, going out to see her son's band play, solitaire, watching old TV shows, going out to the local club and listening to acoustic guitar and country music, or just having family over and serving them all food. She became "mom" to everyone she knew.

Judy passed away in her sleep peacefully and unexpectedly on Wednesday, April 17, 2024.

Judy always had time for others and strong words of advice for anyone. If you know or knew Judy at all please raise your glass and wish her farewell and godspeed.

For such a small lady, she will leave a huge hole in this world. We will miss you mom. We love you very much.

She is survived by Rick and Vivian McKnight, Larry K. Olsen, Larry M. Olsen, Jynchelle Olsen, Laura Olsen, Brody Hoeper, Nadia Flack, Lisa Robinson, Barbara Feehan and Beverly Cooney.

A celebration of life service will be held in Oregon. A time and place will be posted at a later date. For updates, please check the Facebook group "Grand Ronde Friends, Family & Neighbors."

Poem by unknown:

God saw she was getting tired and more time was not meant to be. So he put his arms around her and said "Judy, come with me." With tearful eyes she left us and quickly slipped away. Although we loved her dearly, she wasn't meant to stay. A golden heart stopped beating, hardworking hands to rest. God broke our hearts to prove to us, He only takes the best.

Poem by Larry M. Olsen 1985

"A Golden Tear" To see a tear is more precious than life A drop of gold from the heart It bleeds the sorrow of thoughts and feelings It shadows the pain inside your body But only for a second in time.



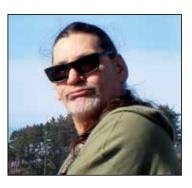
John Duane Yarbrough

July 6, 1959 – April 22, 2024

Tribal Elder John Duane Yarbrough passed away on Monday, April 22, 2024, at the age of 64.

Funeral services will be held at 11 a.m. Friday, May 17, in the Tribal gym, followed by a gravesite service at the Tribal Cemetery and a meal at the Elder Activity Center.

Bollman's Tribute Center in Dallas, Oregon, is assisting the family.



Ty Daniel Holm

July 23, 1968 – April 29, 2024

Tribal Elder Ty Daniel Holm passed away Monday, April 29, 2024, at the age of 55.

Crown Cremation Services in Tualatin is assisting the family. Funeral service details were not available at presstime.

John Allen Darcy

March 18, 1945 – May 6, 2024

Tribal Elder John Allen Darcy passed away on Monday, May 6, 2024, at the age of 79.

Sunset Hills Funeral Home, Crematorium and Cemetery in Eugene is assisting the family.

Funeral service details were not available at presstime.

Sheila Diane Langley

March 4, 1951 – April 30, 2024

Tribal Elder Sheila Diane Langley passed away on Tuesday, April 30, 2024, at the age of 73.

Barton Family Funeral Service in Kirkland, Wash., is assisting the family.

Funeral service details were not available at presstime.



A tear of sorrow from the soul Holds more meaning than all that is imagined But never cures all the hurt in your mind Just gives an excuse to accept it And then fades away ---Only to come back again.

To hold a tear is to know how to feel True warmth and strength come from a tear A tear is an everlasting memory To remind us of what we really are.

If you never experience a tear, life is not complete If you never have pain, you will not understand If sorrow never follows you, you have no regrets If you never have a tear ---I will bleed one for you.

We want to hear from you!

The Grand Ronde Health & Wellness Center Comment Box is located at the entrance of the Health & Wellness Center, next to the drinking fountain. Share your experience, good or bad with us. ■

ELDER RESOURCE FAIR JUNE 15TH, 2024 ELDER ACTIVITY CENTER 10AM TO 2PM

LOTS OF INFORMATION, PRIZES, RESOURCES, AND SUPPORTING OUR ELDERLY POPULATION BY BRINGING AWARENESS TO THIS SUBJECT.

LETS SHOW UP!

DIABETES

Are you frustrated with your diabetes control? Do you have questions about diabetes?

Do you need help managing your diabetes?

If so... Call the Medical Clinic today at 503-879-2002

To schedule an individual diabetes education appointment

OBANNOUNCEMENT

Job#	Position Title	Grade	Min. Start Wage	Max Start Wage	Closing Date
1946	Child & Adolescent Mental Health Therapist – Behavioral Health	12	\$74,901.04/yr.	\$96,316.53/yr.	Until Filled
1991	Mental Health Counselor – Great Circle Recovery – Salem - UPDATED	12	\$74,901.04/yr.	\$96,316.53/yr.	Until Filled
1999	Tribal Planner	15	\$97,858.44/yr.	\$127,796.59/yr.	Until Filled
2014	Mental Health Therapist – Behavioral Health	12	\$74,901.04/yr.	\$96,316.53/yr.	Until Filled
2030	Police Officer	11	\$32.74/hr.	\$42.16/hr.	Until Filled
2056	Licensed Practical Nurse – Adult Foster Care	12	\$36.01/hr.	\$46.31/hr.	Until Filled
2058	Driver – Nutrition	5	\$18.86/hr.	\$24.07/hr.	Until Filled
2070	Forestry Technician (Entry Level – Fire Suppress/Prevention) Seasonal	4	\$17.15/hr.	\$21.95/hr.	Until Filled
2071	Forestry Technician (Intermediate Level – Fire Suppression/Prevention) Seasonal	5	\$18.86/hr.	\$24.07/hr.	Until Filled
2072	Forestry Technician (Engine Boss, Crew Boss, EMT – Fire Suppression/Prevention) Seasonal	6	\$20.75/hr.	\$26.42/hr.	Until Filled
2077	Staff Writer - Smoke Signals **UPDATED**	9	\$27.05/hr.	\$34.95/hr.	Until Filled
2078	Counselor In Training - Great Circle Recovery - Portland	8	\$24.60/hr.	\$31.84/hr.	Until Filled
2089	Substance Use Disorder Therapist – Great Circle Recovery - Portland	10	\$61,901.69/yr.	\$79,848.88/yr.	Until Filled
2099	High School Intern – Library	1	\$16.00/hr.	\$16.00/hr.	Until Filled
2106	Social Emotional Learning Coach	12	\$74,901.04/yr.	\$96,316.53/yr.	Until Filled
2116	Milieu Safety Technician – Great Circle Recovery - Portland	6	\$20.75/hr.	\$26.42/hr.	Until Filled
2118	Youth Crew Leader Limited Duration – Natural Resources		\$20.00/hr.	\$20.00/hr.	Until Filled
2119	Youth Crew Member Limited Duration – Natural Resources		\$16.00/hr.	\$16.00/hr.	Until Filled
2120	Infant/Toddler Teacher	10	\$29.76/hr.	\$38.39/hr.	Until Filled
2123	Enrichment Coordinator Aide (Seasonal- Summer)	5	\$18.86/hr.	\$24.07/hr.	Until Filled
2124	Academic Coach (Grades K-5)	10	\$29.76/hr.	\$38.39/hr.	Until Filled
2125	Academic Advisor	11	\$32.74/hr.	\$42.16/hr.	Until Filled

Job#	Position Title	Grade	Min. Start Wage	Max Start Wage	Closing Date
2126	Payment Processing Specialist	8	\$24.60/hr.	\$31.84/hr.	Until Filled
2127	Lodge Caregiver – Full Time & On-Call * \$500 Hire-On Bonus after 120-days	7	\$22.36/hr.	\$29.00/hr.	Until Filled
2128	Senior Auditor	14	\$90,630.26/yr.	\$116,255.21/yr.	Until Filled
2129	Groundskeeper	6	\$20.75/hr.	\$26.42/hr.	Until Filled
2130	Driver/Wellness Assistant	6	\$20.75/hr.	\$26.42/hr.	Until Filled
2131	CFS Investigator	12	\$74,901.04/yr.	\$96,316.53/yr.	Until Filled
2133	Employment Coordinator - CTGR	8	\$24.60/hr.	\$31.84/hr.	05/13/24
2134	Tribal Security Officer – Grand Ronde	5	\$18.86/hr.	\$24.07/hr.	05/13/24
2135	Client Registration Specialist – Portland – Great Circle Recovery	8	\$24.60/hr.	\$31.84/hr.	05/20/24
2136	Help Desk Technician	10	\$29.76/hr.	\$38.39/hr.	05/20/24
2137	Lead Barista - TERO	7	\$22.36/hr.	\$29.00/hr.	05/20/24
2138	Academic Coach (6-12)	10	\$29.76/hr.	\$38.39/hr.	05/20/24
2033	Temporary Pool	2	\$16.00/hr.	\$16.00/hr.	Open



POSTING TITLE	CLOSE DATE	WAGE/SALARY
Guest Safety Specialist I	5/16/2024	\$18.29/hr. DOE
Guest Safety Specialist II	5/16/2024	\$18.55/hr. DOE
Host/Hostess Cashier (Full-Time & *Part-Time)	5/16/2024	\$18.02/hr. DOE
Hotel Room Attendant (Full-Time & *Part-Time)	5/16/2024	\$18.02/hr. DOE
Amore Waitstaff (*Part-Time)	Until Filled	\$14.58/hr. DOE + Tips
Assistant Banquet Manager	Until Filled	\$48,329.22/yr. DOE
Baker	Until Filled	\$18.29/hr. DOE
Bar Porter (*Part-Time)	Until Filled	\$18.29/hr. DOE
Bartender	Until Filled	\$16.50/hr. DOE + Tips
Casino Beverage Waitstaff (Full-Time & *Part-Time)	Until Filled	\$14.58/hr. DOE + Tips
Cook	Until Filled	\$18.29/hr. DOE
Executive Casino Host I	Until Filled	\$48,329.22/yr. DOE
Slot Technician II	Until Filled	\$21.22/hr. DOE
Table Games Dealer (Full-Time & *Part-Time)	Until Filled	\$14.58/hr. DOE + Tips

Health & Wellness Center entrance

Reminder: The drive-through entrance at the Health & Wellness Center is for loading and unloading only. The entrance was built with our Elders and those with mobility issues and their ease of access in mind. If you are coming to the center to pick up prescriptions, please park in one of our regular parking spaces.

Grand Ronde Head Start Preschool

Apply starting : April 01, 2024

Applications due by : June 7, 2024

Head Start nurtures the growth of you and your child. Join our supportive community and give your child a strong head start.



isik

For Kids:

- Safe, quality early education
- Qualified teachers

For Parents:

- Connection to housing resources
- Employment assistance
- Parent training & support
- Enrollment opportunities for pregnant women
- Enrollment opportunities for all income levels

Eligibility: Grand Ronde Tribal Member/Descendant; Federally Recognized Tribal Member/Descendant; community member living in he Grand Ronde Community

WAYS TO APPLY:

ONLINE at: https://www.grandronde.org/services/education/early-childhood-education/

Email dawn.doar@grandronde.org for an application Or Scan QR Code:

Enrolling Prenatal to 4 years old



To Learn More: dawn.doar @grandronde.org 503-879-1434



\$1.000 Hire-On Bonus All Positions **\$500** Referral Bonus SMC & CTGR Employees

*Part-time employees are eligible for a **20% differential** pay to their base wage if they are scheduled to work up to 29.99 hours per week.

SPIRIT MOUNTAIN CASINO EMPLOYMENT INFORMATION

- SMGI adheres to a Tribal hiring preference policy for enrolled members of the Confederated Tribes of the Grand Ronde Community of Oregon.
- Please reference the Job Description for job duties, gualifications, and required knowledge/skills
- Job postings are updated every Friday with remaining and new positions; applications must be received by 5:00pm on the following Thursday to be considered.
- ~ Incomplete applications will not be considered
- All positions are eligible for an incremental Hire-on Bonus

⊠employmentteam@spiritmtn.com

https://www.spiritmountain.com/careers Call (503) 879-3737 for application assistance

PRESCHOOL

NOW HIRING PRESCHOOL **SUBSTITUTES**

Are You Great With Kids? Looking For Part-Time Work? Looking To Gain Some Skills? Looking To Work With Some Great People, For A Great Organization And An Inspiring Program?

> Apply Today! Teacher Aide/Bus Monitor PT-ECE Visit: https://grandronde.acquiretm.com/home.aspx

> > We look forward to meeting and working with you! (503) 879-1430



Massage at Health & Wellness

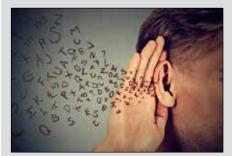
Hi, my name is Shawna Ray. I have been a licensed massage therapist in the Yamhill and Polk county area for eight years. I will be at the Health & Wellness Center on Mondays providing massage therapy as an on-site contractor and I am contracted with Shasta.

Contact 971-241-4323 by text or voice message to schedule appointments. Co-pay still may apply. I'm looking forward to working with those in the community to deliver a holistic approach to pain management, relaxation and overall wellness.

Skookum help?

Do you have questions about your Skookum Health Assistance Program or do you need to send in information to the team in Grand Ronde? We have you covered! Send an email to skookum@ grandronde.org and one of our helpful team members will be happy to assist you.

Better hearing & speech



May is Better Hearing and Speech Month. It is a time to raise awareness about communication disorders and available treatment options that can improve the quality of life for those who experience problems speaking or hearing.

Did you know the average person is born with about 16,000 hair cells within their inner ear? These cells

allow your brain to detect sounds. By the time hearing loss is noticeable, many of those hair cells have already been damaged or destroyed. You can lose anywhere from 30-50% of those hair cells before changes in your hearing can be measured with a hearing test. Those inner ear cells do not grow back.

Hearing protection

While there is no treatment to restore normal hearing, you can prevent hearing loss from loud sounds. If you're already having hearing loss or are experiencing pain, discomfort or ringing in the ears, take steps to keep it from getting worse and have your hearing checked. The steps you can take to protect your hearing include:

- · Protection when shooting a firearm: Those using firearms for recreational purpose would benefit from learning about their safe use, which includes the use of hearing protection.
- · Determine if the noise level is too loud: If you need to shout to make yourself heard, then you need hearing protection such as earplugs or noise-cancelling earmuffs.
- Do not listen to headphones for a long time: Turn the volume down and take periodic breaks from the noise.

Older Americans Month

Every May, the Administration for Community Living leads the nation's observance of Older Americans Month. The theme this year is "Powered by Connection," which recognizes the huge impact that meaningful relationships and social connections have on our health and well-being.

Connections and health?

People are by nature social creatures. Social connections are important and necessary for our survival. Our relationships with family, friends, coworkers and community members can have a major impact on our health and well-being. When people are socially connected and have stable and supportive relationships, they are more likely to make healthy choices as well as have better mental and physical health outcomes. They are also better able to cope with hard times, stress, anxiety and depression.



Health Benefits of social connectedness:

People with strong social bonds have a 50% increased likelihood of survival than those who have fewer social connections. Social connection can help prevent serious illness and outcomes like:

- Heart disease
- Stroke
- Dementia
- Depression and anxiety

Social connection with others can help:

- · Improve your ability to recover from stress, anxiety and depression
- · Promote healthy eating, physical activity and weight
- · Improve sleep, well-being and quality of life
- · Reduce your risk of violent and suicidal behaviors
- Prevent death from chronic disease
- Elders and social isolation:

Social isolation and loneliness are public health issues that affect more than one-third of adults, with seniors most at risk for depression, substance abuse and suicide triggered by feelings of isolation. Health risks associated with loneliness and social isolation are comparable to the dangers of smoking and obesity, increasing mortality risk by up to 30%.

- **Improve social connections:**
- · Spend more quality time with family and friends
- · Join a group, club or class related to an interest or hobby
- · Spend time with others in nature
- Express gratitude to others
- Volunteer with an organization
- Get involved in the community
- Expand and diversify your social network by making a new acquaintance or friend
- Provide social support to others, such as listening to a friend
- Get to know your neighbors
- · Visit with adult foster care/residential living facility residents

ELDERS LIVING WITH

Facts and statistics

- Noise is now being acknowledged as an important public health issue and a top environmental risk faced by the world today.
- More than 50% of people ages 12 to 35 listen to music via personal audio devices at volumes that pose a risk to their hearing.
- A rule of thumb for staying safe is to keep the volume below 60%.
- If you frequently use personal audio devices around loud sounds, instead of turning the volume up consider using noise cancelling earphones or headphones.
- · Listening through personal audio devices should not exceed 80 decibels for adults (noise level of a vacuum cleaner) or 75 decibels for children or those with sensitive ears (noise level of a phone ringing) for more than 40 hours per week.
- Listeners who regularly use portable audio devices can expose themselves to the same level of sound in 16 minutes of music at 100 decibels that an industrial worker would receive in an eight-hour day at 85 decibels.

Signs you may need a hearing test:

- You have a ringing sensation in the ears.
- People complain that you talk too loudly.
- You have to ask people to repeat what they say.
- You find it hard to hear conversations, especially if there is background noise.
- Others complain that you watch TV with volume turned too high.

LONELINESS

ADULT FOSTER CARE IN

WHEN ELDERS MOVE INTO ADULT FOSTER CARE, WE ASSUME THAT THEY WILL CONTINUE TO HAVE THE SOCIAL LIFE THEY HAD WHEN THEY WERE LIVING INDEPEDENTLY. THAT THEY WILL CONTINUE TO SEE THEIR FAMILY & FRIENDS, PARTICIPATE IN EVENTS, VISIT

NEARLY 40% OF ELDERS LIVING IN ADULT FOSTER CARE SUFFER FROM DEPRESSION AND LONELINESS.

> THERE IS NO REPLACEMENT FOR FAMILY & FRIENDS!

smok signəlz offering fast e-mail subscription

Want to be one of the first Tribal members to receive *smok signəlz*? Want to receive the Tribal publication on your computer instead of waiting for it to arrive in the mail?

Want to get up-to-date and in-the-know about the Grand Ronde Tribe before anyone else? In an effort to be more efficient and reduce printing and postage costs, *smok signəlz* electronic subscribers receive a PDF (portable document format) version sent to them instead of a newsprint version sent via the mail. All you need on your computer is Adobe Acrobat or another program that can read a PDF and you're set.

Why would you want to do that? The PDF version is available before the newspaper is sent to our printing contractor in Salem. You can read the paper on your computer or print out a copy of individual pages yourself. And you will receive Tribal news much faster than the current standard mailing utilized by the Tribe.

If you would like to receive an e-mailed PDF version of *smok sign* $\exists z$ and stop receiving a mailed newsprint version, send your e-mail to esubscription@grandronde.org. Stopping mailed delivery of the newspaper will not affect other Tribal mail.



Have a courageous spirit. Reach out now, for you and your children.



K-5 Summer Program Details

We are excited to announce our 2024 K-5 Summer Program! Enrolled students will participate in a wide variety of fun and rewarding experiences that are educational, cultural and recreational, including swim lessons and off-campus field trips!



The Youth Center for 6-12 students will be open Monday - Thursdays this summer with off-campus field trips and on campus Youth Center days focusing on rewarding experiences that are educational, cultural and recreational.

Program Dates and Days

June 10th - August 8th Mondays through Thursdays 8:00am-5:00pm Program Location K-2 Grade Classroom: Youth Education Building 3-5 Grade Classroom: Adult Education Building Off-Campus Field Trips

Who can sign up?

Native students currently in kindergarten through fifth grade (2023-2024 school year) in the local service area and out of the area. There are limited spots available, early registration is recommended! Please note that our Tribal preference policy will be in place.

When and How Can I Sign Up My Child?

Sign-up on <u>April 22nd-April 26th</u> using the 1ink below. Students currently in 5th grade (2023-2024) are eligible and able to choose to participate in the K5 program (swim lessons) or the 6-12 program.

Register Here: https://bit.1y/2024K-5Summer_



Questions? Please reach out to us at youthenrichment@grandronde.org or 503-879-2101 Program Dates and Days June 10th - August 8th Mondays through Thursdays 8:00am-5:00pm Program Location Youth Education Building Off-Campus Field Trips

Program Details

Monday/Wednesdays: Off -Campus Field Trips, students WILL be required to register for these trips, registration will be emailed a week in advance. Prease note these field trips have limited space and our tribal preference policy will be in place for these events. Tuesday/Thursdays: On-Campus Drop In (no registration required).

Special Events and Camps

Separate registration is required for events and camps and an have limited openings. Major activities scheduled are Top Golf, Native Warriors Camp, Bike/Float Camp, Disc Golf, the popular Youth Marketplace and more! Details and information to come!

Get on our 6-12 event email list: https://bit.ly/6-12YouthCenter2024



Questions? Piease reach out to us at youthenrichment@grandronde.org or 503-879-2101